



Coastlines

March 2015



NEWSLETTER OF GIRL GUIDES OF CANADA - NS COUNCIL

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Cookie Update, by Cindy O'Hearn, NS Cookie Adviser

As spring cookie season approaches, all Guiders are encouraged to use the **Cookie All Stars** program. The girls work hard to sell the cookies and should definitely enjoy the benefits. For instructions and how to register, visit the Cookie All Stars page on Member Zone at: <https://memberzone.girlguides.ca> -> Unit Support Resources -> Cookie All Stars.

Things to Note:

- **There are New Top Rewards this Season:**
 - o Tablet
 - o Future Shop gift card valued at \$250 or
 - o Guiding Mosaic Camp credit valued at \$300
- **Change to Unit Group Sales Qualification Rules:**
 - o To accommodate many requests from Units in smaller Districts we have changed the number of cases qualifying Unit for a group sales crest to 10 cases in total for both Mint 14 and Classic 15 campaigns



Important:

It appears there is some confusion regarding units' regular cookie orders. Some Guiders are under the impression that sales of regular unit cookie orders do not count toward the Cookie All Stars rewards.



Guiders should be aware that all cookie sales do count toward the rewards. CAS cookies are not a special order, but they should be taken into account when placing a regular order to accommodate all girls.

Membership Report

We are Growing Guiding!

January 29th was census day for Girl Guides of Canada. These are our final registration numbers (for statistical purposes, anyway!). Nova Scotia Council also has the highest membership growth in the country. Here is a quick snap shot of growth by area:

	Census 2013-14			Census 2014-15			Growth (%)		
	Girls	Adults	Total	Girls	Adults	Total	Girls	Adults	Total
Ceilidh	643	136	779	692	162	854	7.62	19.12	9.63
Dartmouth Shr	948	200	1148	996	207	1203	5.06	3.50	4.79
Harbourside	1499	305	1804	1585	328	1913	5.74	7.54	6.04
Harvest Trail	912	212	1124	996	231	1227	9.21	8.96	9.16
Maplewood	421	89	510	456	99	555	8.31	11.24	8.82
Province	1	126	127	3	127	130			
TOTALS	4424	1068	5492	4728	1154	5882	6.87	8.05	7.10

It is exciting to think that each of our five areas saw an increase in girls and in adult membership. The specific reasons may differ around the province but the central theme is really increased visibility and word of mouth demonstrating the hard work and great programming provided by our Guiders. People want to be a part of Girl Guides of Canada! Special Mention to the following Districts that had substantial growth two years in a row:

District	Area	% Growth 2014/15	% Growth 2013/14
Ocean View	Ceilidh	18	22
Shoreline	Dartmouth Shore	11	15
St Margaret's Bay	Harbourside	29	23

We also increased our membership in each branch this year. We continue to have more Brownies than any other branch! It is also nice to see an increase in Pathfinders and Rangers!

	Sparks	Brownies	Guides	Pathfinders	Rangers
Totals 2014/15	1322	1520	1323	409	141
Totals 2013/14	1268	1360	1308	335	130
% of growth	4	12	1	22	8

Here are some other random facts about Nova Scotia's registration:

- 342 Units, throughout 31 District
- 99 of those units ran at maximum capacity
- Largest Spark Unit – 6th Sydney Sparks in Ceilidh – 28 girls!
- Largest Brownie Unit – 6th North Sydney Brownies in Ceilidh – 32 girls!
- Largest Guide Units – 30 girls in both 2nd Brookhouse (Dartmouth Shore) and 18th Halifax (Harbourside)
- Largest Pathfinder Unit – 2nd Forest Hills Pathfinders in Dartmouth Shore – 21 girls!
- Largest Ranger Unit – 1st Bedford Rangers
- Largest District – Carter in Harvest Trail with over 300 girls
- Average District has 11 units and 152 girls



By Jo Swinemer, Membership

TWINNING2020

TWINNING2020

Learn and Share with Our Sisters in Saint Vincent in the Grenadines!

World Thinking Day 2015 / Twinning2020,

By Lashauna Smith, Twinning2020 Lead

The Twinning2020 initiative is in full swing and we hope units are getting excited to continue learning and sharing with our sisters in Saint Vincent and the Grenadines! (*Don't forget to check out the "Let's Meet Saint Vincent and the Grenadines" culture activities that can be found on www.girlguides.ns.ca under Program -> International -> Twinning2020. These activities are a great way to start learning about guiding in SVG.*).

As part of the initiative, units in Atlantic Canada were invited to try out the activities as part of World Thinking Day 2015 and share experiences through submitting photos and comments that can in turn be shared with Saint Vincent and the Grenadines. See below for a short overview of some unit activities as well as some pictures of Guides in SVG trying out some Atlantic Canada activities.



Above: 2nd Timberlea Brownies play the "Make the Shape" game from the Twinning2020 "#Shareit" activity guide. According to the Brownies, "it was much easier to make the shape as a group because if you were alone, you'd just be dragging the rope around".



Above: Darlene, Harvest Trail AC bakes a mean coconut roll!



Above: SVG Guides make "poke mats" a traditional Newfoundland craft, featured in the twinning culture sharing guide "Let's Meet Atlantic Canada".

On a final note, I would like to officially welcome Ranger Janice Noble (Maplewood) who has accepted the role of Nova Scotia girl co-lead for the Twinning2020 initiative. Janice and I look forward to helping you connect and share with SVG throughout the twinning initiative. Watch for new activities, and ways to connect throughout the coming months. (*Psst! We don't know whether you've tried the activities, unless you let us know! Share your pictures, stories or comments to twinningns@girlguides.ns.ca*)

Did you know? Lady Baden Powell visited SVG two times: once in 1951, and again in 1964.

UNIT NEWS

continued...

The "Recycling Guy", By Christian Brousseau, 6th Bedford Brownies

6th Bedford Brownies invited a special visitor from HRM Solid Waste Resources, Mr. Maessen, to teach us more about recycling and how we can do our part for the environment.

Mr Maessen was entertaining and engaging, and had the girls' full attention for the entire length of our meeting. He told funny stories and jokes, all while teaching the girls how to take better care of our planet. Far from boring (the girls didn't even want his presentation to end!), as well as educational, it made for a perfect evening. It also went towards work for our Key to the Living World.

(After the meeting, I had three different parents contact me to say how much their daughters enjoyed the presentation. As well, the girls are campaigning to bring back "The Recycling Guy" a second time!).



If you'd like to book him to come to your meeting, the following is his information:

Marcel Maessen, *Waste Resource Education Officer*,
HRM Solid Waste Resources
Office: 902.490.3819
Email: maessem@halifax.ca



Belated Christmas Cheer,

By Joan Smith, Shubie District

Maybe a little late, but I wanted to brag about our Shubie District. In Dartmouth Shore Area, girls and leaders have been going annually (for 25 years!) to the Juniper Terrace Seniors complex in Westphal, Dartmouth to sing carols, bring cheer and leave Christmas ornaments for all the residents living there.

Over the years, all branches, from Sparks on up to Trefoil Guild, have taken part. At one time, the girls used to sing through the halls for those who could not go down to the actual Centre in the building where the singing takes place. Now we stay put so Santa can find us, bringing candy canes to all the girls and leaders, and then everyone is treated to treats.

UNIT NEWS

Superstore Visit, By Allison Gilby, 2nd Tricounty Sparks

The 2nd Tricounty Sparks participated in a tour of the Elmsdale Superstore last month. The girls learned about the 'guiding stars' on price tags to help you make healthy food choices. They were shocked to find that most of their favourite cereals had no stars! They got to hold a lobster, smelt and oyster (lots of squealing!) and when we were done our tour, the dietician cut up some different fruits for us to try.

The tours are offered at no charge and can be booked by calling your local Superstore. We really enjoyed this outing as part of our 'Being Healthy' badge work.



UNIT NEWS

Maplewood Area Fun Day, By Caroline Blair, Maplewood Training Adviser

Over 100 Spark, Brownies, Guides, Pathfinders, Ranger and Guiders participated in the annual Maplewood Area Fun Day held in North River on Saturday Feb. 21, which was right around Thinking Day... what a great way to celebrate!

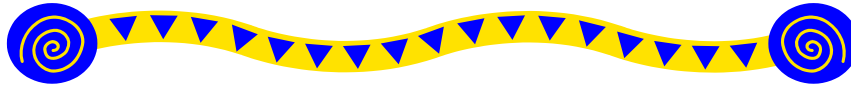
The chosen theme for the day's activities was "Under the Big Top". Teams were made up of girls from all levels of Guiding, and our "Ringleaders" were Pathfinders, Guiders and Trainers from the Area. The girls enjoyed playing games such as: Pin the Nose on the Clown, Plinko, Toilet Paper Toss, Bean Bag Toss, and Tin Can Toss. They also enjoyed activities such as tossing frogs onto lily pads, doing a ball and bucket relay, playing an elephant game (knocking bottles over with a ball in a nylon tied to their head), and running a relay course with a cotton ball balanced on their nose.



They also made a clown hat craft to take home. We closed the day with a sing-along of favourite songs, and as the girls left they were given a drink and popcorn to take home, as well as a chance to win a prize at a sucker pull. All had a great day and met many new friends.



Challenges



Nova Scotia Membership Challenge (featuring 1st Bridgewater Guides)

By Jennifer Phalen-Boyce, Provincial Membership

WOW!!! The Bridgewater Guides really took the Nova Scotia Membership Challenge to heart and hosted some great activities to complete the challenge. As part of the “I Am Growing Guiding”, the unit undertook the following activities:

- 1) They hosted a bring-a-friend night, combined with a movie night. Everyone had a great time, and as a result, the unit has a new member!
- 2) They worked with other units selling cookies around their community. During the cookie blitz, the girls not only handed out PR material, but they choreographed a dance to entertain passers by.
- 3) The unit also participated in community events and service projects, wearing their uniforms proudly for all to see.

For the “I Am Keeping Guiding Strong” piece of the challenge, the unit planned special events for other units, held some bridging activities, and did good turns for their sister Guides and other people. The unit did a great job of completing the challenge and it sounds like the girls had some great fun. Great work Guides!!



If your unit is doing these kinds of activities, you may be well on your way to completing the NS Membership Challenge and earning this beautiful two-part crest!

Check it out on the provincial website at:
www.girlguides.ns.ca -> Programs and Challenges.

International Trip Report

Bridgewater Europe Trip 2014

By Angie Gaudet & Linda Oickle

On July 27, 2014, five girls and two leaders from Bridgewater Pathfinders and Rangers, and our former Pathfinder, Spencer, who now lives in Grand Prairie, embarked on a 15 day tour of Europe. We had signed up on a Girl Guide tour called From London to Lucerne with EF Tours. They connected us with two other Girl Guide groups from Ontario. FIFTEEN days, SEVEN cities, FOUR European countries..... ONE amazing experience!

LONDON, ENGLAND

In London, we took a lovely bus tour and got to see Hyde Park, Piccadilly Circus, Trafalgar Square, and London Bridge. We toured St. Paul's Cathedral and then got to experience the Changing of the Guard at Buckingham Palace. After the ceremony, we fit in a trip to the London Girl Guide Store, before heading to Windsor. We explored Windsor Castle, the grounds and gift shops: everyone was amazed by the size and detail of Queen Mary's doll house. Other highlights of London included a Harry Potter tour, a theatre performance of "Wicked", a river boat cruise along the River Thames, and a trip to Covent Gardens.



Of course, while in London, we also visited Pax Lodge! The girls participated in the Dove Self Esteem program, and we got to experience high tea in the dining hall afterwards.

PARIS, FRANCE

Next, it was off to Paris! First on our agenda was a walking tour of Paris, including a stop along the lock bridge and a quick visit to Notre Dame Cathedral, before heading to the famed Louvre. We did a beautiful Paris-by-night river cruise and got to see the Eiffel Tower sparkling and the monuments along the river lit up. We visited Versailles, which was so beautiful. It was hard to believe someone once lived in such a grand palace. While in Paris we also visited the Catacombs and took the metro (all by ourselves!) to Montmartre for a photo op of the Moulin Rouge.



International Trip Report

continued...

ADELBODEN, SWITZERLAND

After Paris, we were off to Adelboden, Switzerland. We noticed a difference in the air and the temperature as soon as we stopped for lunch in Switzerland: the air was cool and fresh.

Usually the EF tour groups stay at a hotel in Adelboden and visit Our Chalet just for the day, however we thought it would be nice if we could stay at Our Chalet the two nights we were there. We requested this in advance, and Our Chalet was able to accommodate us. Unfortunately when our tour guide called ahead to let Our Chalet know we would soon be arriving, they were unaware that we would need dinner upon arrival and had nothing available for us to eat. *Some advice to future travellers: if you want to have lunch or dinner at Our Chalet on arrival day, you must book this with the Chalet well in advance. They order in all their food and do not keep extra on hand.*

Our first morning there, we met after breakfast for Opening Ceremonies and got to see flags representing all the countries that were currently staying at Our Chalet. We had a pinning ceremony, enjoyed a tour of the main buildings at the Chalet, watched a video of how Our Chalet came to be and even got to see the tea set that Lady BP drank from on opening day! There were even cushions to curl up with that Helen Storrow (one of the founders of Our Chalet) embroidered for the Chalet in 1932! It is wonderful how this World Center preserves its history.

Dinner at Our Chalet that evening was also really nice. One girl from each table was chosen to help serve and another was chosen to help clear the tables. After dinner we had evening activities with another Canadian Girl Guide group that was staying there. We had a jeopardy challenge and our unit won so we were the first to dip into the chocolate fondue treat. After the evening activities we had chance to swap a few traders before bed.



International Trip Report

continued...

LUCERNE, SWITZERLAND

We headed to Lucerne for a day of activities, and started our day with a trip to Mount Pilatus. When we got to the top of the mountain, we split up to explore the mountain paths. At one part, we could look out over to see the town below. It was a little foggy, but we could still tell there was a town there. Suddenly the clouds parted, the sun came out, and we were able to take some great pictures of the town below!



We also had lunch at the beautiful Stadtkeller Restaurant where we had a typical 3-course Swiss meal. We were entertained with a Swiss Folklore show while we ate: the entertainers were dressed in traditional Switzerland clothing, played on a straw broom, played music with a hand saw and danced with a flag. Some of us got chance to go on stage to try the alpenhorn and learn to yodel! It was very enjoyable show.

FLORENCE & VERONA, ITALY



Rather than go directly to Florence, we left early and went a little out of the way to spend an afternoon in Verona. We visited Juliet's house, where the girls saw Juliet's statue and left her a letter in her mailbox. Then we had our very first Gelato. A few hours later we left Verona and continued to beautiful Florence. We enjoyed a walking tour of the area, and explored the markets. Our hotel was very close to town, so one night we stayed in town longer and enjoyed coffee and hot chocolate and listened to a band play. At dusk we walked back to the hotel together and got some great pictures of the monuments lit up.

International Trip Report

continued...

ROME, ITALY



Next up was Rome, where we enjoyed a guided tour of the Colosseum and the Roman Forum. We also had a wonderful guided tour of the Vatican City, the Sistine Chapel and St. Peter's Basilica. As well, we saw the Piazza Novana, the Pantheon, the Spanish steps and the Trevi fountain. It was very hot, so we went in search of shade and gelato. We found the perfect outdoor café.... situated under a canopy with several fans and misters!

That evening at dinner some of our group, some of the Trottingham group and our EF tour guide (Diana) all sat together at a table and had fun chatting. Diana is from Germany so we learned a little about life in Germany, and she learned a little about life in Canada. We also got to compare daily life in NS, Ontario and Alberta. It was a perfect end to our last night together in Rome.

DEPARTURE & CONCLUSION

On departure day we got up early, had breakfast and said goodbye to our Ontario friends... In check-in line-up for our flight, thanks to my White Point Beach Resort backpack (and everyone being in uniform), we met a family who were on vacation in Rome, returning home to Hubbards, NS – only an hour away from us! Their daughters were in Brownies and Guides and were excited to think they may have a similar opportunity someday.

To conclude, we had an amazing time in Europe! For many it was a once in a lifetime experience. I highly recommend EF tours. Everything is taken care of for you- all you have to do is show up. You have a tour director with you 24/7 who knows the language and cities as well as they know their own home towns. The tours are fully customizable, and they do tours just for Girl Guides and Girl Guides and Girl Scouts too.

For more information, visit the EF (Education First) website at www.eftours.ca



TREFOIL GUILD TALES



Found Treasures

By Darlene Duggan, NS Provincial Trefoil Guild PR

It was a rainy, windy day in November when Kathy McKay (NS Provincial Commissioner), Trish MacDonald (NS Provincial Trefoil Guild Adviser), and myself (Darlene Duggan, NS Provincial Trefoil Guild PR) ventured to Amherst to meet with former members of the Amherst Trefoil Guild. We were greeted by our hostess, Catherine MacKay (no relation to our PC) wearing her guiding memorabilia proudly. The other members soon arrived, with their touches of purple, and we settled into getting acquainted. There were immediately questions of, "Where is Kathleen? Is she coming today?", to which the reply was, "She's at her bridge game—she'll be a little late." So as we waited for Kathleen, we sat and enjoyed the stories these longtime friends shared with us, and we drank in that good feeling that only the sisterhood of Guiding can bring.

Then Kathleen (Smith) arrived...aged...102! Yes, 102! She joined us just in time for a cup of tea and delicious sweets served on lovely china cups and saucers (so nice to see that people still use china!). Dressed in her purple suit, her first question as she sat down was, "So, what's new in Girl Guides? How many members are registered this year?" And so it went... lots of chatter and laughter for the rest of the afternoon. The time passed so quickly (as it always does when you are having fun) that it was almost suppertime when we left... with an invitation to come back for another visit in the summer when we could enjoy better weather.



These ladies, these lifelong friends and members of Girl Guides of Canada seemed to have become "lost": many of them no longer drive and live fair distances from each other. They had not been able to hold regular Trefoil Guild meetings and so they had drifted, having lost that face to face connection. They had not lost interest in Guides, however, nor the Guiding Spirit, which is why when Catherine received the email seeking Trefoil Guild information, she was quick to reply. It was her reply that initiated our adventure to Amherst and our wonderful afternoon making new friends.

Found treasures? These ladies were not lost; they had just drifted a little with the tide. The strong hand that is Girl Guides held on and brought them back to us. We are glad to have you back, good friends, as we continue...together...**Keeping the Spirit Alive.**

TREFOIL GUILD TALES

continued...



Trailblazers Trefoil Guild Have Bridging Fun!

By Linda Baltzer, Trailblazers Trefoil Guild



The Aylesford Guiding Unit invited the Trailblazers Trefoil Guild to join in their Thinking Day Celebrations in Aylesford on February 22nd, 2015 at the United Church, Aylesford. Theresa Aldred, Linda Baltzer (Brown) and Linda Baltzer (Blue) represented the Trefoil Guild.

We marched into the church service with the Guiding and Scouting units. After the service, we gathered for tea, coffee & cookies, and the Aylesford Lions Club presented Mary Louise Johnson a cheque for \$500 for their unit. Then the Guides took us downstairs to have a lovely lunch with the girls and leaders. The Brownies and Pathfinders came to do activities using the Twinning 2020 theme (St. Vincent & The Grenadines) They divided the group of girls into two: one half made seashell necklaces and seashell wind chimes, while, the other group went into the kitchen to learn how to make a coconut roll (which was delicious), and a Calypso drink. Then they switched activities. Fun was had by all!

Then on February 5th, 2015, four of the Hardwood Lake Trefoil Guild members were the guests of the Trailblazers for a night of FUN!!! We had Lindeen Graw in to help the ladies make a couple of Valentine Cards each. We also had a table set up, where we made Jellybean Pussywillows... Our special guest for the evening was Terry Nichols, who helped each of the ladies into belly dancing costumes. Then she showed all the ladies how to shake their booties....hahhahahaha. After all the hard work of belly dancing, refreshments were had by all. We enjoyed having the Hardwood Lake ladies, and we sure hope they return very soon, for another round of entertainment!



Did You Know?

Do you know how to protect yourself from being accused of abuse? Did you know Girl Guides of Canada has a module for dealing with such issues? Read below for important information on this topic.

Protecting Yourself, by Elizabeth Buffet, Girl Protection Adviser

"How can I **PROTECT MYSELF** from being accused of ABUSE?"

"How can I have a positive, nurturing relationship with the girls in my unit while not risking being the victim of unfounded allegations of misbehaviour or abuse?"

I hear these questions again and again by Guiders who want to the best for each and every girl with whom they interact. We all have a responsibility to deal positively with the girls in our units. After all, we are volunteering with this organization in order to make a positive difference in the lives of each of 'our' girls.

However, we all know that in the 'real world', allegations of abuse are all too common. Even if the allegations are unfounded, the alleged abuser's reputation will be seriously affected. As such, it is essential that you act and react with your girls in a manner which is positive for them but safe for you.

Girl Guides of Canada has a module dealing with many aspects of abuse, called "**Protecting Yourself from Allegations of Abuse**". It can be found on the national website at www.girlguides.ca -> Volunteers -> Member Volunteer Resources and then under the "Safety" heading.

It would be to your advantage to read this information carefully and discuss the information with your fellow Guiders. If you have any questions or concerns about this material or any other aspect of abuse please contact me at buffettelizabeth@gmail.com



Did You Know?

continued...

*Do you know all of the ways you can help your environment?
Read on for helpful tips on how to go green.*

Go Green! by Jessica Lake, LINK Member, Carter District

This column is designed to raise environmental awareness among Guiders as part of our promise to take action for a better world and respect the Guiding Law- to take action to "protect our common environment". Becoming good environmental citizens is also with the WAGGS Vision 2020 Mission which challenges us to develop our fullest potential as responsible citizens of the world.

Do the following statistics surprise you?

1. On any given day, about 1,000 Canadians are living under a drinking water advisory that means the water in their taps is not safe.
2. 25% of Canadians who live below the poverty line live within a kilometre of a major polluting facility.
3. Many of our foods have been subjected to hundreds of pesticides already banned in other nations because of concerns about their effects on human health including increased risk of cancer, acute toxicity, developmental disorders, reproductive problems, organ damage, and interference with the human hormone system.
4. As many as one in eight of the ingredients used in personal care products are industrial chemicals, including carcinogens, pesticides, reproductive toxins, and hormone disruptors.
5. Canadian law requires that household cleaning products contain symbols to warn us about acute hazards but they do not have to disclose the full list of ingredients or warn about ingredients which are linked to chronic health and environmental hazards.

This state of affairs seems overwhelming, but there are ways you can make a change in your life to protect yourself from some of these hazards:

- Support manufacturers of environmentally friendly, biodegradable and non-toxic products. These may cost a bit more, but the value is worth it.
- Create your own products- there are lots of do-it-yourself recipes for many products that are made from safe and easily available ingredients.
- Buy food locally, where you can investigate and know you are eating a safe product.
- Join the 25 000 people who are working at the community level to demand that Canada recognizes the right to a healthy environment, and more specifically that we have the right to clean water, safe food, and breathable air. Canada can become a country where we all have a say in the health of our communities.

I am working at a municipal level to encourage residents of Hants County to make this change, to support the other cities and municipalities that are working towards this change. But contact me from any part of Nova Scotia if you want to put your name to this cause! If you are interested in knowing more about this, or simply would like to put your name beside that of your neighbors in support of this cause, email me at bluedothants@gmail.com

This & That

NATIONAL TRIP SELECTIONS

There are lots of ways of fulfilling your guiding program. One exciting way is by participating in the Domestic and International travel opportunities offered by National. Many of our members will experience the excitement of travel this summer as they participate in a wide variety of travel opportunities. I am pleased to announce that the following members were successful in being selected for the following National trips:

Australia International Jamboree

Cassidy Joudrey – Harvest Trail Area
Olivia Foran – Dartmouth Shore Area

Sangam World Centre

Danielle Stewart – Harvest Trail Area
Brandi O’Keefe (Guider) – Harbourside Area
Julie Marchand (Alternate Guider) – Ceilidh Area

Our Chalet World Centre

Chelsey Gould – Maplewood Area

North Vancouver Island

Kelsey Hagen – Dartmouth Shore Area

Thank you so much to those that helped support both the Girls & Guiders as they participated in the application process. A big thank you goes out to the Guiders, Area International Advisers, those that provided references & the Selection Team that helped to make these experiences possible.



St. John Ambulance

SAVING LIVES
at work, home and play

In partnership with St. John Ambulance, Girl Guides of Canada, NS Council is pleased to offer many different First Aid Programs to our members, including **Mental Health Training**. Also, for Sparks & Brownies, there is also a free 1-hour program available called **"We Can Help"**.

For information on the many First Aid Programs available to you, visit www.girlguides.ns.ca -> Volunteers -> Guider Resources -> Guider Tool Kit -> Training (and then under the "St. John Ambulance" header)

This & That

continued...

Camp Kana'da Turns 50!

In 1965 Halifax County was all one large Girl Guide Area.....Halifax Area, with a number of Divisions. That was also the year when Halifax Area acquired a property in West Petpeswick and work began to transform it into a wonderful location for generations of girls and adults to enjoy the great outdoors. This continues today with many units enjoying the building and tenting sites for year round activities.

**To Celebrate this event in the life of Camp Kana'da,
a celebration day is being planned for Saturday June 6, 2015.**

Come out to the site enjoy some fun activities, lunch and view the many displays being planned. (More information will be provided in Coastlines in the months ahead, and information will be shared with units by the District Commissioners).

Hope to see you there! ~ *Camp Kana'da Celebration Committee*



WOW (Wandering Our Web) - the GGC Way !

Did you know that **www.girlguides.ns.ca** is our provincial website and has a wealth of information to help you as a member of Guiding ?

Bring the big wide world to your meetings with **INTERNATIONAL** information and resources! Check it out at **www.girlguides.ns.ca -> Program -> International.**

(You can also find info here on Travel Opportunities and how to contact your Area International Representative).

Editor's Note:

Hope you enjoyed this month's issue! I know I especially loved reading the International Trip Report... it made me want to hop on a plane and head to Europe!

A reminder to please send your photos and Guiding news my way- we love hearing from you. Submissions are due by the 1st of the month, and can be emailed to me at **coastlines@girlguides.ns.ca.**

I look forward to hearing from you!

Yours in Guiding,
Christian Brousseau,
6th Bedford Brownies

