



Bleached T-shirt/Pillowcase Instructions

1. Each girl will need a solid colour t-shirt or pillowcase.
2. Use big inexpensive stickers or magnetic letters for a message or cut out your own design onto wax paper (if using a wax paper design, you will need to iron it onto the shirt).
3. Place a piece of heavy cardboard inside the shirt to prevent it from bleaching the back.
4. Place the design on the shirt.
5. Fill a spray bottle with bleach and be sure it is on mist.
6. Mist the shirt around the design a few times. Do not soak the shirt.
7. Wait 10 minutes to let the bleach activate.
8. Remove design.
9. Run through the dryer before washing the first time so you don't accidentally activate any residual bleach.