

# Meeting-in-a-Box: Capture the Moment

*This meeting is aimed at **Guides, Pathfinders and Rangers** covers parts of the **Picture This** and **Camera Crazy** badges and could contribute towards sections of the Ranger program. There are enough elements for about **4 hours'** worth of activities. You can pick and choose the ones you like or run more than one meeting with this theme.*



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## Learning Objectives

- Girls will gain skills to improve the quality of the pictures they take
- Girls will consider the implications of sharing pictures online
- Girls will explore their surroundings and consider them from different perspectives

## Learning Outcomes

- Girl will be able to use the zoom, flash and various modes (macro, sport, firework, action, etc.) on their cameras to take better pictures.
- Girls will analyse pictures in order to gain an understanding of why they were taken the way they were and become purposeful photographers.

## Supplies

- Enough digital cameras or smartphones for small groups of girls
- Accessories
- Pens or markers
- Photographs (from Appendix 1 or others)
- Old or Current PR material (or Appendix 2)

## Note for Guiders:

It may be difficult for you to get enough digital cameras or smartphones for all the girls in your uni. All of these activities can be done in small groups, sharing cameras.

Sharing the pictures girls have taken can also be a challenge. If your group is too big for everyone to look at everyone's pictures when it's time for show and tell, have them pair up or make small groups to show what they've shot.

Don't forget to send your best pictures to [communications@guidesquebec.ca](mailto:communications@guidesquebec.ca). We're collecting great pictures from both girls and Guiders for the Annual Report until February 22, 2017, but we're always looking for great shots! Please use the [photo submission form](#).

## Activity 1: Get to Know Your Camera



(10 minutes)

Start by asking questions:

- What do you know about using a camera?
- How should you care for a camera (focus on during the meeting)

Have each girl or small group take a camera and figure out how to use it.

- What button do you need to click to take a picture?
- How can you zoom?
- How do you turn the flash off or on?
- Do you know what the different functions are?

## Activity 2: Up Close and Personal



(10 minutes)

Split your girls into pairs and have them play with the zoom function on their camera by taking extremely close up pictures of their partner. Some cameras have macro functions that can be used here too. If you have a small enough group, have the girls show everyone their favourite picture that they took.

## Activity 3: Group Shots



(15 minutes)

Some group shots are boring and posed, other are more fun. As a group, come up with a creative way to take a group shot. Maybe you want to do a jump shot or take a picture of

your shadows. Maybe it will involve fun props or funny expressions. Use your collective imagination!

## Activity 4: Who is she?



(15 minutes)

Split the girls into small teams and give them each a picture that you have taken, from a magazine or from Appendix 1. Have them look at the picture and see what they can figure out about the person. Where are they? How are they feeling? What are they doing? Have each team come up with a 1 minute background story about the person to share with the group.

## Activity 5: #Sharing

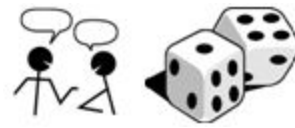


(15 minutes)

Not everyone likes being in pictures and not everyone is comfortable with pictures of them being shared online. Have a discussion with your group about what kind of things you should think about before posting a picture online (Are the people in the picture okay with it? Who will see the picture? Would their parents be okay with the picture? Would they want a future employer to see it?)

Consider ways to involve girls who aren't comfortable with having pictures of them online when you're taking group pictures. Could you take the picture from the back? How about covering people's faces with accessories or editing something in over them like a happy face later. Could they be your group photographer?

## Activity 6: The Worst picture Ever!



(20 minutes)

There are some things everyone knows you shouldn't do when taking a picture, like put your thumb in front of the lens for example. As a group, have the girls try to come up with as many photo taking tips as they can think of. Maybe they know about the rule of thirds (try to centre your picture in the bottom, top, left or right third of the frame), limb chop (avoid cutting off tops of heads, fingers, legs, etc. unless it's intentional), negative space (not cluttering up the picture with distractions).

Give them a few minutes to look around and take the worst picture they can (aka one that breaks the most rules or tips they came up with). Have them share their picture with the group.

## Activity 7: A Snapshot of Guiding



(20 minutes)

Have the girls take a look at some Guiding PR material (or appendix 2). What kind of pictures can they find. How do they think they represent Guiding. Some things to note might be girls in uniform, trefoils, camp clothes, tents, cookies, Guiding activities (camping, campfires, etc.), girls have fun, etc. What kind of pictures can they take that might represent Guiding?

Make sure you send these to [communications@guidesquebec.ca](mailto:communications@guidesquebec.ca). They might end up in the Piccolo, on the website or even in the Canadian Guider! Send them before February 22, 2016 to enter the provincial photo contest. Please use the [photo submission form](#).



## Activity 8: Photo Bingo



(30-45 minutes)

Go for a walk around the neighbourhood and challenge your girls to take pictures of all of the items on the bingo card in Appendix 3.

## Activity 9: Stop! I Need a Photo of That



(20-30 minutes)

Some of the best pictures were taken mid-action. How can you do that without taking blurry pictures? Look at your camera and see what settings there are? Which ones do you think will help you? Some settings that may help you are:

- Sports
- Pets
- Fireworks

What happens when your camera is moving at the same speed as your subject? Take a look at the examples in Appendix 3. What are the differences?

Does the flash help?

Flash can be really useful when taking photos in a low-light environment. What are the differences when using and not using flash in your regular meeting room.

Have a dance party with the lights off (or dimmed) and have the girls take photos of each other with the flash on. These photos are not to be staged, but show how, with the use of flash, light is used to capture motion.

## Activity 10: 100 Steps



(15 minutes)

This activity is best done outside, but could be done in a large meeting space or by varying the number of steps.

Hand out a camera to each girl and have your whole group start in the same place. Tell the girls that they can each take 100 steps in any direction and take a single picture of the most interesting thing they can find. Once everyone has taken their picture, regroup and have the girls share what they chose and why.

## Follow-Up Activity: Collage



(30-45 minutes (or as long as your girls please))

Take a collection of all the photos you've taken during your meetings (centered around photography or not) and have the girls create a collage

## Program work completed

\* Please note that the program doesn't necessarily match up exactly with the numbers indicated, but that the activities accomplish similar goals

	Guides	Pathfinders	Rangers
<b>Get to Know Your Camera</b>	Picture This Try new Things #6		
<b>Up Close and Personal</b>	Picture This #2 Discover Your Creativity	Girls Just Want to Have Fun #4	



	#6 Art Production	Camera Crazy #3	
<b>Groups Shots</b>	Picture This Discover Your Creativity #6 Art Production	Girls Just Want to Have Fun #1, 4, 5 Camera Crazy #3	
<b>Who is She?</b>	Picture This #4 Discover Your Creativity #5	Media and Image	Explore Your Creativity #30
<b>#Sharing</b>	Learn About Safety #6 Computer Skills #1	Relationships, Values and Choices #6 Web Surfin'	Your Future #31
<b>The Worst Picture Ever!</b>	Picture This Discover Your Creativity #6	Girls Just Want to Have Fun #4 Camera Crazy #3, 4	Explore Your Creativity #20
<b>A Snapshot of Guiding</b>	Picture This Learn About Guiding #6 Build Skills in Communication #3 Discover Your Creativity #6 Business Communication Art Production Cookies Rising	Bridging the Gap #2 Cookies Rising Girls Just Want to Have Fun #1, 4 Arts from A to Z #8 Camera Crazy #3	Celebrate Guiding #13

<b>Photo Bingo</b>	<p>Picture This #2</p> <p>Discover Your Creativity #6</p> <p>Discover Your Community #6</p> <p>Outdoor Adventures #6</p> <p>Outdoors in the City #6</p>	Camera Crazy #3	Explore Your Creativity #13
<b>Stop! I need a Photo of That!</b>	<p>Picture This</p> <p>Discover Your Creativity #6</p> <p>Stay Fit and Healthy #6</p>	<p>Girls Just Want to Have Fun #1, 4</p> <p>Active Living #6</p> <p>Camera Crazy #3</p>	Explore Your Creativity #20, 28
<b>100 Steps</b>	<p>Explore the Outdoors and Nature #6</p> <p>Learn About Our Environment #1,4</p> <p>Ecology #2</p> <p>Naturalist</p> <p>Outdoor Adventures #6</p>	Up Close and Personal with Nature #2	
<b>Collage</b>	<p>Picture This #3, 7</p> <p>Discover What's Important to You #2</p> <p>Discover Your Creativity #6</p> <p>Art Production</p> <p>Cookies Rising</p>	<p>Cookies Rising</p> <p>Girls Just Want to Have Fun #1, 4</p> <p>Join the Scrapbooking Craze</p> <p>Camera Crazy #6</p>	<p>Celebrate Guiding #16</p> <p>Explore Your Creativity #13</p>

*Meeting created by Lizzie Knowles and Emily Lillies in November 2016.*

## Appendix 1: Who Is She?







# Appendix 2: A Snapshot of Guiding



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In Guiding, I have discovered a place to go once a week where I can really be myself, talk to my friends, get away from the pressures in life and just have fun.

— Lauren, Ranger

I was a quiet, introverted teen looking for a place to shine. Girl Guides was that place - to be recognized and to develop into my own person. My Guide made me feel like a rock star.

— Patricia

Girl Guides of Canada  
Guides du Canada

**Guiding is...**

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Girl Greatness Starts Here

Sparks Age 5-8  
Brownies Age 7-8  
Guides Age 9-11  
Pathfinders Age 12-14  
Rangers Age 15-17



## Appendix 3: Photo Bingo

B	I	N	G	O
An animal	Something purple	Something that makes you happy	A pair of something	Something more than 50 years old
Something out of place	Something that makes you sad	Something that starts with the same letter as your name	A friend	Someone laughing
Something beautiful	Something really close up		Something orange	A foot
Something very far away	Something tiny	Something really big	A reflection	A word
Something noisy	A selfie with a leader	Something moving	A set of three	Something that smells good



## Appendix 4: I Need a Photo of That Examples

Camera in motion with subject:



Camera **not** in motion with subject:

