



March 2019

The Piccolo

Mental Health

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Girl Guides

Québec Council

The Guiding Year

- March 16 Senior Volunteer Day
- March 17 St. Patrick's Day Parade
- March 29 Deadline for Geordie Theatre play
- April 1 Deadline for National scholarships
- April 1 Deadline for the Design-a-Crest contest
- April 5 Deadline for the Ottawa NAGM trip
- April 6-7 Cookie Days in Canada
- April 12-14 Guider training and sisterhood event
- April 18 Card making workshop
- April 27 Geordie Theatre Play
- May 1 Cookie All Star Deadline
- May 4 Provincial AGM
- May 5 Spark Jamboree
- May (11-12?), 18-19 and 25-26 Camp work weekends
- June 1 Deadline for provincial scholarship
- June 1-2 National AGM (trip to Ottawa) for Pathfinders and Rangers
- June 7-9 OAL Tenting and adventure
- July 7-August 3 WWTA
- August 3-10 Voilà Québec!
- August 18 Pride Parade
- August 23-25 Guider Getaway
- September 6-8 Summit for Senior Volunteers
- November 1-3 Trainer and training candidate weekend

March

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| 29 | 30 | 31 | | | | |

There's a Crest for That!

Did you find your iMIS number in *The Piccolo*? Email qc-communications@guidescanada.ca to receive an "I read *The Piccolo*" crest! Adult members and Rangers can keep an eye on *The Piccolo* for new chances to win every month!

The Piccolo is published by Québec Council on the 2nd Thursday of every month (except the month of July) and contains valuable information for all members.
 Deadline for submissions for the April issue: April 4.
 Editor: Lizzie Knowles | qc-communications@guidescanada.ca

Message from the PC Team

RoseAnna Cirino, Provincial Commissioner | qc-pc-cp@guidescanada.ca
Carol Kelly, Deputy Provincial Commissioner | qc-dpc-cpa1@guidescanada.ca



The PC Challenge: March

Every month, the PC team will have a new challenge for you to help grow Guiding, cover parts of the program, or simply have fun!

This month, we're challenging you to share your best tip for helping homesick campers, or helping girls to prepare so that they don't get homesick in the first place. We'll share a compiled list next month in time for spring camping!

Message from the PC Team

We're almost into the last third of the Guiding year. Maybe you're starting to feel a little burnt out or tired. It's time to rally and to support your fellow Guiders. Need a break? Ask another Guider from your district or elsewhere to step in so you can take a night off. Don't have the energy to plan? Print off an instant meeting from the Girls First platform and give the activities to your girls to run. Feeling in need of some laughter? Schedule a silly night: see who can come up with the best joke, the skit that leads to the most giggles or the most outrageous craft.

Give your co-Guiders a hi-five or a hug, write someone a kind note, say thank you for the little things. We all have the power to change someone's day and make the world just a little brighter.

If you're looking for program ideas about mental health, check out the [Mighty Minds](#) Challenge. It has a great backgrounder for Guiders with lots of helpful tips, links to resources and information.

Have a great month!



Almost everything will work better if you unplug it for a few minutes...including yourself!

Camping News

Joanne Cardinal, Camping Adviser | qc-camping@guidescanada.ca



Are you ready to think about the Wonderful Weeks at Wa-Thik-Ane?



We need you to help get the word out.

Check out our calendar and [brochure](#) for the upcoming season of summer camp and pass the news on to your girl members and their parents. It will also be eblasted to them directly.

You are our Guiding voice!

The campers are coming and we need you!

So, pack your bag and come join us for some fun and adventure at WWTA Summer Camp! We guarantee lots of new friendships and a backpack full of fantastic memories to pack home with you. If you think you can spare some time to help share in the fun and adventure of the outdoors with some young girls and the young at heart, fill out your [volunteer form here](#). Even if you have only a few days to spare we would love to have your company at camp this summer. If you have any questions please do not hesitate to email Super Eagle at qc-campwathikane@guidescanada.ca, I would love to chat about what fits your schedule!



Wonderful Weeks at Wa-Thik-Ane

July/August 2019

| Wonderful Weeks at Wa-Thik-Ane | | | | | | | | |
|-----------------------------------|----------------------------------|--------|---------|-----------|----------|------------|------------|--|
| July/August 2019 | | | | | | | | |
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | | July 1 | 2 | 3 | 4 | 5 | 6 | |
| | | | | | | Wee Camp 1 | | |
| Week 1 Arts and Adventure | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| | Brownie Camp Week 1 | | | | | | | |
| | Guide Camp Week 1 | | | | | | | |
| | Pathfinder Camp Week 1 | | | | | | | |
| | Ranger Camp Week 1 | | | | | | | |
| Week 2 Fun with STEAM | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| | | | | | | | Wee Camp 2 | |
| | Brownie Camp Week 2 | | | | | | | |
| | Guide Camp Week 2 | | | | | | | |
| | Pathfinder Camp Week 2 | | | | | | | |
| Ranger Camp Week 2 | | | | | | | | |
| Week 3 Nature Unleashed | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| | | | | | | Mom and Me | | |
| | 3 day Spark/Brownie camp week 3 | | | | | | | |
| | Pathfinder/Ranger Trail Camp | | | | | | | |
| Guide Camp Week 3 | | | | | | | | |
| Week 4 Adventures under Canvas | 28 | 29 | 30 | 31 | August 1 | 2 | 3 | |
| | 3 day Spark/Brownie camp week 4 | | | | | | | |
| | Guide Expedition Camp | | | | | | | |
| | Pathfinder/Ranger Adventure camp | | | | | | | |

Check out our [brochure](#) for the upcoming season of summer camp and pass the news on to your girl members and their parents. It was also eblasted to them directly.

Property Stewardship Committee



Joanne Cardinal, Property Stewardship Committee Chair
 qc-property@guidescanada.ca

Come camp at Wa-Thik-Ane this season!

| X = Booked | Stavert | Huron | Iroquois | Algonquin | Cree | MicMac | Montagnais | Chippewa |
|---------------|---------|-------|----------|-----------|------|--------|------------|----------|
| May 31-June 2 | | | x | x | x | x | x | |
| June 7-9 | | | x | x | x | x | x | |
| June 14-16 | | | x | x | x | x | | |
| June 21-23 | | | | | | | | |
| June 28-30 | | | x | x | | | | |
| Aug 9-11 | | | | | | | | |
| Aug 16-18 | | | | | | | | |
| Aug 23-25 | x | x | x | x | x | x | x | |
| Aug 30-Sep 1 | | | | | | | | |
| Sep 13-15 | | | | | | | | |
| Sep 20-22 | | | | | | | | |
| Oct 4-6 | | | | x | x | | | |
| Oct 11-13 | | | | | | | | |
| Oct 18-20 | | | | | | | | |

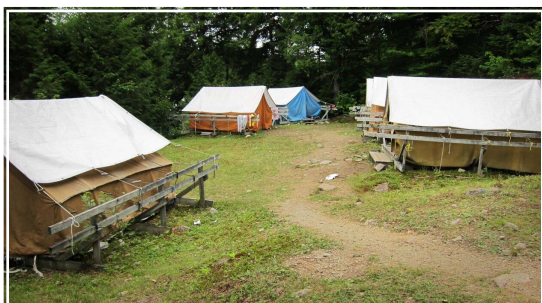
Wa-Thik-Ane Opening

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You have heard the news that we are renovating Stavert to winterize it, but have you heard the news that summer improvements are also happening? We have 19 new canvas tents coming this spring and many helping hands are needed to put them up! No experience necessary.

We'll be working during the weekends of May 18-19, 25-26 and possibly also May 11-12 if Mother Nature allows. If you can help one of these weekends please email Joanne at qc-property@guidescanada.ca to let her now what dates work for you. Bring a friend!



Training News

Heather Martin, Training Adviser | qc-training-formation@guidesquebec.ca



CARD MAKING WORKSHOP with Joanne Millette

SPECIAL EVENT for Guiders and Rangers!!

Many people saw the Trefoil Guild activity at Symposium and wanted to try it! Joanne Millette will put on a special card making workshop for Rangers, Guiders, Link and Trefoil Guild members.

DATE: Thursday, April 18 7-9:30 pm

LOCATION: PBCA, 1510 Herron Rd, Dorval

COST: \$5 per person

[SIGN UP HERE](#)

GUIDER TRAINING & SISTERHOOD EVENT

This April we will be offering a weekend getaway including training sessions for Guiders (18+) of different levels and interests. Please join us for a weekend of learning, laughs and sisterhood. The different options will run simultaneously. Each option needs a minimum of 6 participants to run so get your friends together to join the fun! Check out **TEAM** listed under GGC Trainings on the Training Tab of [Member Zone](#).

ALL OPTIONS start Friday, April 12 at 8 pm and finish Sunday, April 14 at 11:30am.

Participants welcome to arrive anytime after 5pm (bring your own supper)

COST - \$40 per person

LOCATION: Chalet Lanaudière in Rawdon (8082 chemin du lac Morgan, Rawdon (Québec) J0K 1S0)

Option 1 - Outdoor Activity Leadership - Get Outside & Residential Training (Green pin)

Option 2 - Training - Introduction to Adult Learning & Training Skills (Purple pin)

Option 3 - New Guider Training including About the Branch (Red pin)

Option 4 - Unit Guider Enrichment Training (participants will select topics) (Yellow pin)

[SIGN UP HERE](#)

MENTAL HEALTH FIRST AID TRAINING CERTIFICATION

Learn about being the first aider for those who may be in Mental Health Crisis. This certification course is open to those in Guiding and the general public and is focussed on adults working with youth (14-29 yrs).

LOCATION: Dawson College (Room 3F2)

COST: \$125 (\$50 non-refundable deposit required to hold your space)

MAY 24-26 Weekend (specific times to be confirmed)

[SIGN UP HERE](#)

OUTDOOR ACTIVITY LEADERSHIP - TENTING & ADVENTURE (part 1)

Interested in taking your unit and district camping experiences to the next level -- This weekend will include 2 options

OPTION 1 - Tenting - for those newer to camping, the sessions will focus on the tent and tarp use and care, outdoor kitchens and cooking, program activities, packing and more. Pre-requisite: Residential Camping Modules or equivalent

TIME: Program 9 am Saturday - 2 pm Sunday (Friday arrival possible)

OPTION 2 - Adventure - as part 1 of several, the Adventure module focuses on trip design, risk management, adventure camping techniques, equipment, food and route planning Pre-requisite: Tent Camping Modules or equivalent

TIME: Program: 8 pm Friday - 2 pm Sunday (arrival as of 4 pm- BYO Supper)

LOCATION: Camp Wa-Thik-Ane (Montagnais Site)

COST: \$ 25

Dates: June 7-9, 2019

[SIGN UP HERE](#)

TRAINERS & TRAINING CANDIDATES GETAWAY WEEKEND

For all current trainers and training candidates, we will get together to build our skills, share our knowledge and plan our year ahead! We are always looking to expand the training team! Pre-requisite: Introduction to Adult Learning

MARK YOUR CALENDARS -- Nov 1-3, 2019

[SIGN UP HERE](#)

Have a group of 5 Guiders interested in a New Guider or enrichment topic? Please contact us at qc-training-formation@guidescanada.ca we will see what we can do to make it happen!



**Girl Guides of Canada -
Guides du Canada,
Québec Council**

invites you to attend the
**Annual General Meeting
and lunch**

Saturday, May 4, 2019

Courtyard by Marriott
7000 Place Robert Joncas
Saint-Laurent H4M 2Z5

Cost: \$35 for lunch Time: 11:45 am

[RSVP here](#) by April 19

Join us at the Annual General Meeting and
lunch, where we will celebrate Guiding in
2018, recognize inspiring events and Guiders
& share in the sisterhood of Guiding.



Curious about Girls First, getting your feet wet or looking for new tips and tricks?

Girls First E-Modules are available for every branch level. You will receive iMIS credit for completion of these trainings.

Still not comfortable with the platform, content or how to engage girls and their parents or guardians?

Invite us to a meeting! We would love to meet you all, girls, Guiders, parents and guardians! Your Girls First Champions are available to attend meetings and help and support you and your fellow Guiders through this transition year. Please send your requests to qc-gfchampion@guidescanada.ca. We are also available via video conference, phone call and emails.

We would like to remind you of the **GF Launch crest**. It is available to all girls and Guiders. Girls must complete a GF badge, Guiders must submit their order receipts to us and we will send you the number of crests representing your registered girls in your unit.

For those of you looking for ways to engage your girls here are a few platform friendly **tips and tricks**.

- The “All about Guiding” section is available to all girls and Guiders, seasoned and new.
 - “All About Guiding”- Where you will find the Guider handbook and the Girl and Guider Platform 101 E-Module.
 - “How the Program Works” – Here we deep-dive into the Girls First Program and the platform.
 - You will find equivalency resources for every branch level
 - A guide to the girl program
 - The “all about GF” and “Girl-Driven” E-Module

In this section you will also find a link to add your favorite unit meetings and activities. If the girls absolutely love an activity or challenge why not share it with everyone? You can submit it and be featured on the platform!

- “All About Your Branch” – this section is subdivided into branch-specific categories.

Here you will find all your branch specific resources, song, promises, Guiding Law, meeting examples, traditions, awards and more. It is a fun way for new and seasoned Guiders to explore every branch!
- “Adventures in Guiding- This last section is a great tool for exploring everything our Guiding community has to offer. Here you will find information about awards, camping, international trips, scholarships and more!

We look forward to hearing from you, whether you are looking for something on the platform, need resources or have any questions, ideas or suggestions. We are here to support you through to the end of our Guiding year.

Storytelling contest!

Have you seen National’s storytelling contests? Read the winning stories about [Safe Space](#) and [Growth mindset](#). This month, you can submit one about positive identity! How do you help girls challenge stereotypes? How have girls thrived? What have you learned? Send your story to delivery@girlguides.ca.

Program News



Sharon King, Program Adviser; Emily Lillies, Deputy Program Adviser
qc-programme@guidescanada.ca

Mental Health

55354 201673 1214346 120682 55094 1001335

Mental health is equally as important as physical health. Girl Guides has recognized this by creating their [Mighty Minds Challenge](#) for all branches.

Here are few more resources if you are looking for some hands-on ways to engage girls in awareness of their mental health:

Watch together: Inside Out

Great for a sleepover this spring! It explores how to navigate emotions in a fun way and provides lots of opportunity for discussion from Sparks to Rangers.



Create calm down bottles

Works for kids and adults! Instructions can be found [here](#).

Build an anger catcher

Instructions can be found [here](#).



STRESS BALLS
Easy & Fun to Make
www.netart.com

Make some stress balls

Those faces will make anyone laugh! Instructions can be found [here](#).



Keywords for finding mental health supported activities on the [GF platform](#):

Program Area: Be Well
Theme: My Mighty Mind



Geordie Theatre: Reaching for Starlight

Geordie Theatre and Guides Québec are once again collaborating to present a special performance for Guiding members: [Reaching for Starlight](#)

Saturday, April 27, at 2 pm

D.B. Clarke Theatre

(1455 De Maisonneuve Blvd. Montréal, QC, H3G 1M8)

Appropriate for all branches

TICKETS NOW ON SALE via [this link](#)

Join our Facebook event [here](#).

Please note that tickets will go very quickly for this excellent production, so please be sure to get your order in to avoid disappointment.

Deadline: March 29



Reenie wants to dance, like her mother did before her. Along with her classmates, she believes she has what it takes to earn the coveted solo at the year-end recital. But when she discovers that Maestra is not holding everyone to the same standard, Reenie begins a quest to investigate why her friend Maia is being counted out. If competition makes us stronger, then when comes the moment when winning doesn't always mean coming out on top?

Reaching for Starlight is a story about the way we move in the world. An urgent portrait of a young girl's journey of breaking barriers and illustrated through the glorious infusion of theatre and ballet, contemporary, and hip hop dance, *Reaching for Starlight* is a sensorial tour-de-force featuring some of the country's most dynamic young and established artists together on one stage.

Guider Getaway Event



Sara Ogilvie, Event Lead | qc-guidergetaway@guidescanada.ca

It's baaack! We are happy to announce that the **Guider Getaway-Cheftaines en Cavale** is back by popular demand.

If you are interested in attending this rejuvenating adult-only weekend – please save the date!

August 23 - 25 at Wa-Thik-Ane

Registration will be available in next month's Piccolo but you can look forward to another enjoyable weekend with a variety of activities available to choose from.

If you happen to have a suggestion for a great activity or a contact for one; or if you're interested in joining the planning committee, please send an email to: qc-guidergetaway@guidescanada.ca.

1674230
1293336
215195
132774



Spark Jamboree



Event Team | qc-spark30@guidescanda.ca



Celebrating the Spark program's 30th anniversary, the Sparks Jamboree will be a fun-filled afternoon for you and your unit!

When: Sunday, May 5 from 1-4 pm

Where: Courtyard by Marriott (7000 Place Robert Joncas, Montréal, H4M 2Z5)

The cost of this event is \$5 per attendee.

SG forms in French and English are available [here](#).

** Due to limited space, ratio is limited to 1:5 (you must be bringing at least 6 girls for 2 Guiders to attend, 11 for 3 Guiders, etc.). There is no maximum number of girls a Guider can bring.

[Register here!](#)

Design-a-Membership Crest

Carol Kelly, Deputy Provincial Commissioner | qc-dpc-cpa1@guidescanda.ca

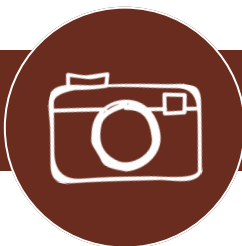


The Design-a-Membership-Crest Contest is on!

- If you plan to do this as a unit activity, you can find a handout here ([French and English](#)) with all the instructions to help you out!
- Designs must include the trefoil, 2019-2020 and either QC or Québec.
- Please send submissions to qc-dpc-cpa1@guidescanada.ca by April 1.

PR News

Andrea Munster, PR Adviser | qc-pr-rp@guidescanda.ca



St. Patrick's Day Parade

The St. Patrick's Day Parade is a great opportunity to show off our Guiding and Irish spirit. Join us on March 17 and walk in the 196th Montreal St. Patrick's Day Parade. If you would like to participate, please register as a unit or individual (adult) by emailing qc-pr-rp@guidescanada.ca. There will be a crest available for purchase. Parents and siblings are welcome but no pets. Those registered will get more information by email about meet-up time and location for parade day.

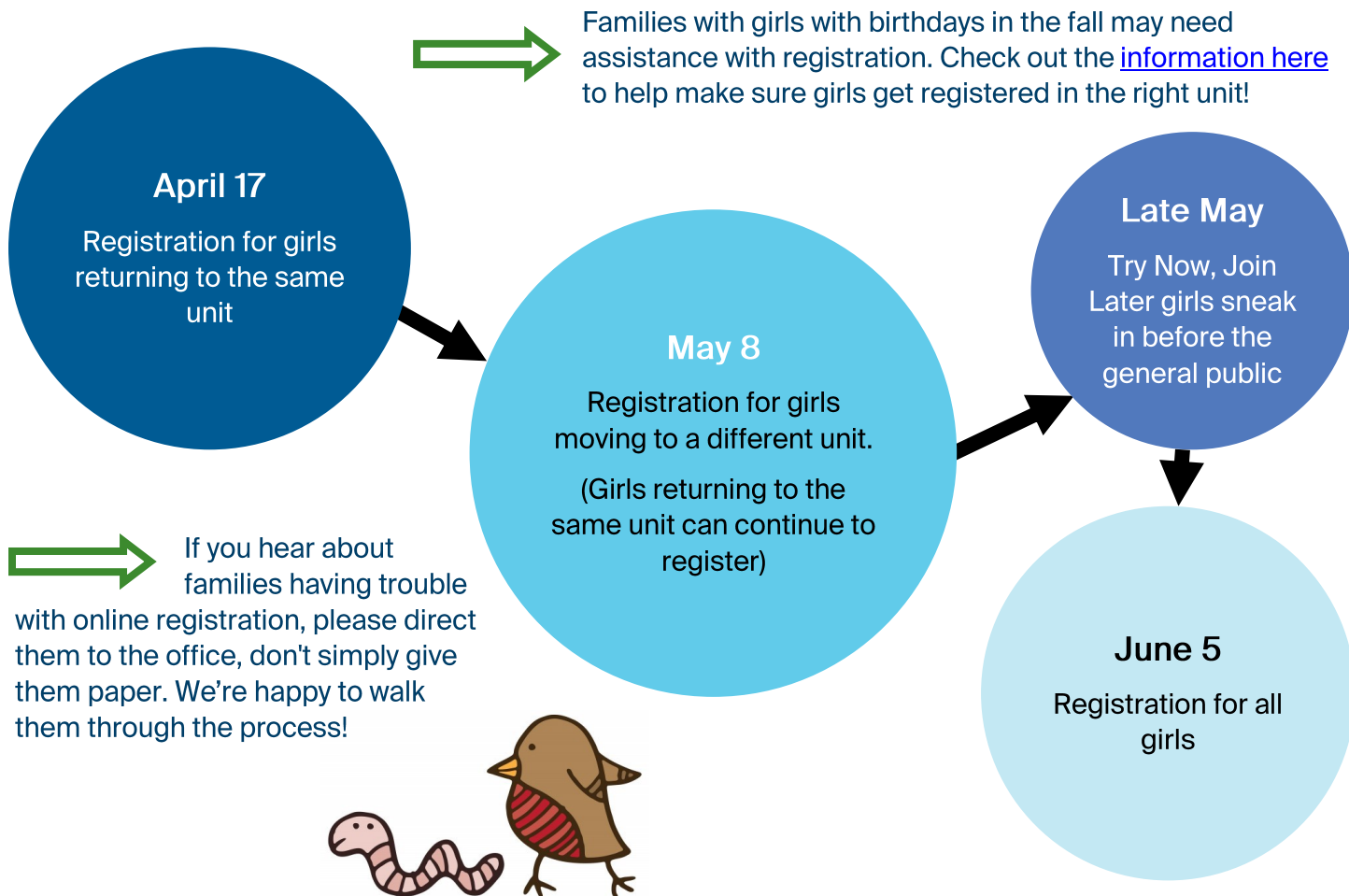
If you have any questions, email qc-pr-rp@guidescanada.ca



Spring Registration



Spring registration happens in 4 stages...



Try Now, Join Later

994145 55491 55461 55393 1684337 55853

What you need to know...We're piloting an exciting project giving new girls the chance to try Guiding for free this spring.

- ⇒ Units with available space can have girls join their group from April 1 to the end of the year.
- ⇒ These girls don't pay anything now and can choose to register online for the fall.
- ⇒ Girls must use paper registration this spring. A package with a cover letter can be found on the website.
 - ⇒ The A5.P and the IR.1 **MUST** make their way to the provincial office
- ⇒ Girls whose age would put them in one branch but who would be starting the following branch in the fall can "try" whichever one they prefer.

Youth News

Alexandra Meredith, Youth Voice | qc-youth@guidescanada.ca



Trip to Ottawa

On June 1, join the Pathfinders, Rangers, and the Next Generation Forum!

Where: Ottawa

When: Saturday, June 1 - Sunday, June 2, 2019

Who: 3rd year Guides, Pathfinders and Rangers. Individual sign up, patrols not needed!

What: Attend the Girls' Open Forum at the National Annual General Meeting and Explore Ottawa!

- Girls' Open Forum
- Shopping
- Parliament Tour
- Murder Mystery
- Exploring the city!

Why: National heard your opinions from last year and have made changes based on your thoughts! Have your voice heard on a national level and explore our nation's capital!

Price: \$45

Register: Through [this form](#) by April 5

Curious to know what the Girls' Open Forum is all about? Check out the [blog](#) that Kyla wrote after attending last year's event!

The first 15 girls to register (with payment and forms received) will get an exclusive swag item!

Trefoil Guild News

Ellen Gauthier, Trefoil Guild Liaison | qc-trefoil-trefle@guidescanada.ca



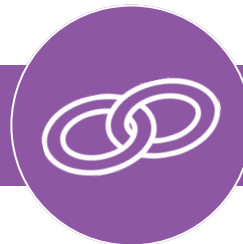
Thank you to Joanne Millette for showing the Trefoil Ladies how to make these beautiful cards at the symposium.

None of us believed that we could do this. More cards were made at the West Island Cabana meeting last week. These cards will go to Valerie Robb-Mckay to use at the West Island Palliative Residence.

Here are a few samples.

Keep the Spirit Alive !

- 202428
- 224855
- 55427
- 288824
- 958880



Merchandise!

National has made available [one sweater and one top](#). They have announced that there will be more Link merchandise available this year.



New to Link?

Members 18-30 are eligible to join Link. Please fill out this [short form](#) for details on how you would like to grow and participate with Link.

For registration please contact the Provincial office at qc-admin@guidescanada.ca.

Join our [Facebook group](#) for updates, events and opportunities!

For any comments and questions please contact us qc-link@guidescanada.ca.

In the Works and on the Books

MOOT planning Committee

Please email us to let us know if you are interested in planning and or participating in a MOOT this summer

2020 Trip

We have had a second call to follow up on plans for next year's trip.

TEAM – Enrichment training

We are looking for your ideas on what you would like to do. I will set up a time and place with training and our resource individuals. (Professional or personal development)

OAL– Outdoor Adventure Leadership

See the training section

55007 257303 1595837 1011114 1396601 1352245

Service Project

Program – March/April we would like to work on a service project. Please submit your Ideas on the Facebook page or via email.

Ranger Bridging

We are currently looking for fresh ideas for a Ranger bridging activity or challenges from our members.

If you are looking for our LINK program book please let me know, we have one saved in our files in the Facebook group, otherwise I can send you a copy personally.

Nominations



Cecilia Cherry, Nominations Liaison | qc-nominations@guidescanada.ca

Many senior volunteers' terms will be up soon and we're looking for members to fill the positions. [Find out more!](#)

Positions on Provincial Council

2nd Deputy Provincial Commissioner (*available now*)
DC Representative(s)
Member Services Coordinator
Girl Engagement Coordinator
Risk and Compliance Adviser

Adviser/Specialist Positions

Camping Adviser
Membership Adviser
Cookie Adviser (Cheerleader)

55007 257303 1595837 1011114 1396601 1352245



International News

Valerie Zaloum, Event Lead | qc-international@guidescanada.ca



LOOK! They've started building it already!

SOAR (Spirit of Adventure Rendez-vous) is an amazing BC provincial camp, typically gathering nearly 2000 members.

SOAR 2020 will take place in Sooke BC, on beautiful Vancouver Island!

Out of province patrols are welcome guests...

Have you even thought of putting together an independent trip?

SOAR is a thoroughly facilitated, supremely well planned event, offering a huge variety of experiences to Guiders and girls alike. Pathfinder-aged girls and up are eligible. Find out more! Your 2020 summer could be amazing!

Contact qc-international@guidescanada.ca with questions or suggestions on how to get started.

A Thinking Day to Remember: Photo Flashback



Awards News

Annette Levasseur, Awards Liaison | qc-awards-prix@guidescanada.ca



Recognizing adult members is an important way to help our volunteers feel valued and thanked. Anyone can submit a nomination.

Award of the Month: Certificate of Appreciation



Certificates of Appreciation are available to recognize service given to Guiding by Members and friends of Guiding.

Tip of the Hat

Lorraine Wheeler has been the treasurer for the Des Montérégiennes district for many years and is always pleasant, efficient and patient in explaining the unit budgets. She is so capable in her job, we really don't know what we'd do without her. Not only is Lorraine an amazing treasurer, she is always willing to step up and help, acting as quartermaster at camps and offering her insight from her many active years in the Guiding Community. Thank you for everything you do Lorraine!!

Leslie Alain is a new District Commissioner for the Des Monétriennes district and while she took on the role with some trepidation, she is doing an amazing job. Who knew how much goes on behind the scenes in guiding?! Leslie could definitely tell you but she never complains and always makes careful decisions with "the greater good" in mind. Leslie is efficient, runs a TIGHT meeting (bonus - we get out on time!), and is so personable and relatable, she puts everyone at ease. Leslie is a very active DC, she also attends unit meetings every week and helps out as a floater guider. We would be lost without Leslie! Thank you for all your hard work.

Sarah Horrocks, 2nd Chambly Guiding Unit, Des Montérégiennes District

Andrea Blouin

My hat's off to Andrea Blouin. She is the powerhouse behind the Richmond Guiding Unit. She also makes sure Guiding is visible in the community. The girls love her spunk and endless energy. You go girl!!

Vickie Blouin, Richmond Guiding Unit

Jasmine Shaar

I would like to send a tip of the hat to Jasmine Shaar. She works part-time, has a stage and still makes sure she has time for Guiding. I would like to thank her for always being there and for being enthusiastic about all our events.

Andrea Munster, 1st Mile End Guiding Unit, Liesse District

Cathy Lafleur, Mayali Cousineau and Linda Almanza

I would like to give a tip of the hat to the three ladies who gave up their Friday night to get the financial books reviewed. Thanks.

Angie Kruller, Girl Engagement Coordinator, Québec Council

Rachel Baker has really stepped up to help me out in my role as District Commissioner by offering to schedule district meetings, take minutes, and take over screening. This is in addition to running her Guide Unit! I really appreciate all of her support!

Christine Downey (who already received a Tip of the Hat just last month). She has been very helpful as the Cookie Liaison in Monklands District over the past few years, and also helped organize our district winter camp. She is also clearly a great Sparks Guider as evidenced by how large her unit has become! Thanks Christine for all you do!

Jessica Ganten, Co-District Commissioner, Monklands District

New Guiders who attended Symposium

I would like to send a (non-traditional) Tip of the Hat to all of the new Guiders who attended Symposium! I met quite a few brand-new-to-Guiding members at my afternoon session and I was not only happy to meet new women, but I was also inspired by them and grateful that they took the time to be there. Bravo!

Sara Ogilvie, Member Services Coordinator, Québec Council

You can also send a Tip of the Hat to a Guider. Submit her name, her district and why she is special to the Awards Team (qc-awards-prix@guidescanada.ca). The Guider will receive a crest at home and it will be published in the *Piccolo*.



Scholarships

Both National and our provincial council offer scholarships to current members in Guiding pursuing post-secondary education. Read all about them and find out how to apply!



National

[Information and application](#)

Questions? scholarship@girlguides.ca

Deadline: April 1

Provincial

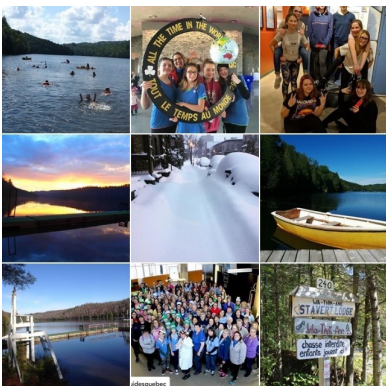
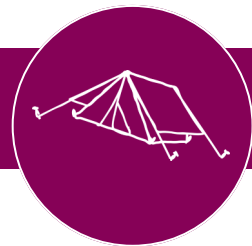
[Information and application](#)

Questions? qc-awards-prix@guidescanada.ca

Deadline: June 1

Voilà Québec!

Emily Lillies, Event Lead | qc-voilaquebec@guidescanada.ca



Voilà Québec! is now on [Instagram!](#)

Keep up-to-date on all camp news, activities, and beautiful pictures of our favourite camp by following us. :)

Is your patrol doing something special (fundraising, bonding, etc.) to prepare for camp? Send us a photo and we'll share it!

Know someone who's attending? Make sure to share this with them.

Don't forget to use [#vq2019!](#)



Cookie News

Bethan Wardrop, Cookie Adviser qc-cookies-biscuits@guidescanada.ca

Cookies are Coming!!!!

March 13-18, cookies will be delivered to districts. Now is the time to start preparing your girls and, if you haven't already done so plan our cookie selling events.

Cookie All Stars opened on February 5 for both Mint 2018 and Classic 2019. It closes on May 1.

Cookie days in Canada will be April 6 and 7. You don't need to sell cookies at a partner location. Door-to-door and blitzes at other places also count for the crest (but only if you sign up). Don't forget to add your event to the Cookie Finder Map

"Cookie Recipes for Girl Greatness" Notecards: Use these [notecards](#) to give to customers so they can download the Cookie Recipes for Girl Greatness. You can also get printed copies of the recipe book from the provincial office.

Cookie Selling Posters: Spread the word that Girl Guide cookies are for sale! Post this flyer anywhere you plan on selling cookies. Classic Cookies Poster and Mint Cookie Poster are in English and French on [Member Zone](#) and at the office.

Door Hangers: Leave the [door hanger](#) on someone's doorknob when you are out selling cookies door-to-door. They can't miss it and will have your contact info for when they're in the mood for cookies.

"Sorry I Missed You" Cards: Leave the [card](#) in someone's mailbox when you are out selling cookies door-to-door. Why not leave them some free meeting passes too?

First Aid News



Au Secours Denise OBriain offers courses tailored to the needs of GGC as per Safe Guide 2018

**** Note that GGC does accept first aid certification from other providers too! ****

Standard First Aid & CPR/AED Level C Course - BLENDED LEARNING format

- Complete the first half of the course online at home, at your own pace, prior to the course date
- Then participate in the **ONE DAY** hands-on teaching/skills-practice in-class session
- Equivalent to the previous 16-hour in-class teaching and practice format
- Access to the new Canadian Red Cross online portal and useful online resources
- NEW Canadian Red Cross First Aid & CPR Manual – 2017 edition
- Digital Certification upon completion valid for 3 years

All courses include access to online course prior to the date and an in-class session on the date stated.

Standard First Aid & CPR/AED C – Sat., March 23, 2019, 8:30 am – 5:30 pm – Pointe-Claire—\$110 (not tax)

Upon completion, GGC – Québec Council will reimburse 2/3 of the cost for active Guiders

If you or your District would like to hold a course at your own time and location, please let us know.

For more information or to register, please email Tricia Lax at ausecours.firstaid@gmail.com



Treasurers' Trove

Claire Morier, District Treasurer Support Liaison
 qc-district-finances-secteur@guidescanada.ca

Book Reviews

Thanks to all district treasurers who have sent in their reviewed books or participated in the book swap in late February. Your help in getting the books reviewed is greatly appreciated!

For those district treasurers who have not done so, note that the books should have been sent to the office by now for review. If your books were reviewed by another party, please forward the signed Annual Financial Report (AFR), the signed Financial Review Checklist (FRC) and a copy of the bank statement showing the Dec 31 balances.

The unit and trefoil guild books should have been reviewed and the AFRs, FRCs and bank statement copies should also have been sent to the office.

Keep in mind that the office does not need copies of the spreadsheets, just the AFRs and the FRCs. However, you must keep all documentation (including receipts or copies of the receipts if the originals were sent in for taxation purposes as well as copies of the spreadsheets etc.) for 7 years in order to comply with the document retention policy.

Other

1038590 55067 962391 224781 1055730 1574838

CWFF money is due soon as well. A cheque should be sent to the office that is at least equivalent to all money collected. Keep in mind that the suggested minimum is \$1 per girl.

Cookies

The classic cookies will also be delivered shortly! Remember there is a blackout on other fundraising for one month after the cookies arrive. This allows our girls to concentrate on the best fundraiser available to us. There are also many resources available in the [cookie section of the provincial website](#) to assist with cookie tracking and inventories.

As a reminder, cookies given away or used in the unit/district are more complicated because you have bought these cookies, but have no proceeds for them. In order to balance overall, a cost must be associated with them and recorded in the spreadsheet:

- When 1 box of cookies is eaten at camp, these should be recorded in the Camp column in the expense section.
- Since the cases are currently bought for \$48.45, each box used or given away costs \$4.04 (\$48.45/12 boxes)

If a box is given as a “thank you” for a guest, or a gift it should be in the appropriate column.

When paying the supporting council for the cases you bought (see earlier paragraph) you would split out the total between cookies sold and cookies used:

| Date | Description | # | Note | Bank Deposits | Bank Cheques | Running Balance | Outstanding | In Book | X | Total Expenses | Total Revenues | Spring Cookies | Fall Cookies | Camp Before Taxes |
|--------------|--|---|------|---------------|--------------|-----------------|-------------|---------|---|----------------|----------------|----------------|--------------|-------------------|
| Dec 31, 2015 | Balance Forward | | | | | | | | | | | | | |
| Oct 1, 2016 | QC Council for cookies | 1 | OK | | 484.50 | -484.50 | -484.50 | | | 484.50 | | | 476.43 | 8.08 |
| | 10 Cases: 9 cases + 10 boxes sold, 2 boxes eaten at camp | | OK | | | -484.50 | | | | | | | | |

Please take a look at the October Piccolo for more details on accounting for cookies.

Other

Signing officers need to be changed or approved (if no change) at the start of every Guiding year and should be done by now. This must be done through an approved motion at a district meeting. Any changes should be brought to the bank's attention to update the signatures in a timely manner.

RoseAnna Cirino is to be the only Provincial designate on all district level accounts until otherwise notified. Check the Unit and District Treasurer handbooks for the details and sample wording for motions [here](#).

If you have any questions, an FR1 for submission, or a training request, please e-mail qc-district-finances-secteur@guidescanada.ca.

DEAR OLAVE,

DEAR OLAVE: I'm so excited! I've got an awesome idea for some swag I'd like to give my advancing girls in the spring and I'm even starting to work on it ahead of time to make sure everything will be perfect. I've found some great water bottles and I'd like to put our unit's name and the trefoil on them so that the girls have a souvenir when they fly up to Guides. Is that something I can do?

Creative Owl

DEAR CREATIVE: That's great that you're so enthusiastic. It isn't necessary to give advancing girls a gift, but if your units has the funds and you have a fun idea, then it is definitely allowed. Any Girl Guide merchandise produced, whether you're planning to sell it or not, needs to be approved at the provincial office. Simply send your design to qc-communications@guidescanada.ca and you should hear back in 1-2 days. You can also check out the [Merchandise Standards](#) on Member Zone to make sure you're using the allowed fonts, colours, etc.

DEAR OLAVE: I've never filled out Safe Guide forms before and it looks like it's going to be my turn for spring camp this year. I did the Safe Guide training but I'm a little worried. Is there any advice you can give me?

Paperwork Troubled

DEAR PAPERWORK: That's exciting! Remember that even if you're the responsible Guider, you can always ask for help. Maybe there's a more

experienced Guider in your district who would be willing to sit down with you while you fill out the forms, or take a look at them before you're done. If you have questions, the Safe Guide document is a great resource. You can always email our provincial Safe Guide Adviser at qc-safeguide@guidescanada.ca with questions. Remember to assign a person to every task in your Emergency Response Plan (a commonly forgotten element) and to email your forms to qc-sg-gs@guidescanada.ca when you're all done. Good luck!

Have a question for Olave? Send it to qc-communications@guidescanada.ca.

There's a crest for that!



Local Stories



Ormstown Sparks visited a fire station.

Northern Lights Pathfinders and Rangers went geocaching.

Riverdale Sparks tried ballet

Pincourt Sparks learned about Our Cabaña.

Chateauguay Sparks learnt about how easily germs spread from person to person. They also covered some basic first aid and hygiene.

St. Lazare girls had a sleepover at the Museum of Nature.

Let us know what your unit/district is up to and earn a NEW crest!

Have an event you'd like to invite others to? Email
qc-communications@guidescanada.ca and we'll help you get the information out!

