

October 2018

# The Piccolo

**Change It Up** 

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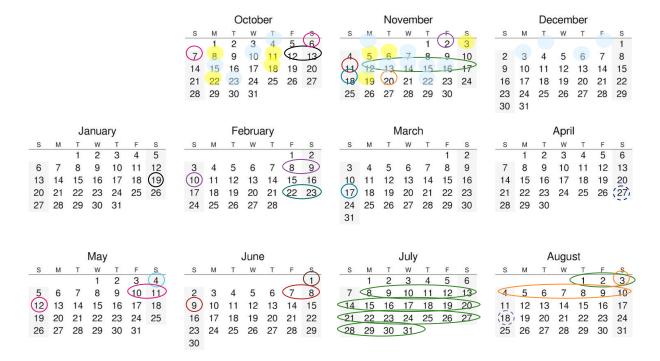
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**Québec Council** 

#### The 2018-2019 Guiding Year



October 13-14 Cookie Days in Canada

October 19-20 Game Changers event for youth

November 9 Ericsson STEM Career Day \*NEW\*

November 18 Girl Recognition Event

November 19-24 PED Week

November 25 Guider Daughter Tea

November 27 Giving Tuesday

January 19 Guider Symposium

February 1-3 Snow Trails \*NEW DATE\*

February 22-23 Thinking Day Sleepover (& day event)

March 17 St. Patrick's Day Parade

April 27 (?) Earth Day Events

April Geordie Play

May 4 Provincial AGM

May 10-12 Camp Opening

June 1 National AGM (trip to Ottawa)

July 8-August 3 WWWTA

August 3-10 Voilà Québec!
August 18 (?) Pride Parade

#### Legend

<u>Training dates</u> are highlighted in yellow. Read

more about them on page 10.

Available <u>Girls First sessions</u> are highlighted in blue. Read more about them on <u>page 5</u>.

Here are the dates for events currently scheduled for the 2018-2019 Guiding year.

Teams have been formed for many of the events. If you'd like to get involved, please reach out to <a href="mailto:dpc.cpa@guidesquebec.ca">dpc.cpa@guidesquebec.ca</a>.

The Piccolo is published by Québec Council on the 2nd Thursday of every month (except the month of July) and contains valuable information for all members.

Deadline for submissions for the November issue: November 1. Editor: Lizzie Knowles | communications@guidesquebec.ca

# Message from the PC Team

RoseAnna Cirino, Provincial Commissioner | pc.cp@guidesquebec.ca Carol Kelly, Deputy Provincial Commissioner | dpc.cpa@guidesquebec.ca



As most of you have your first unit meetings under your belts, we'd like you to think about the Piccolo's October's theme "Changing it Up." The start up of a new Guiding season and the exciting new Girls First make for the perfect time to encourage your girls to plan a bring-a-friend event and introduce them to a safe place where every girl can be everything they want to be. After all, they are the experts on what their friends like to do! Perhaps at your parent meetings you can also encourage moms, grandmas, aunts and even older sisters to volunteer in Guiding and let them know some of the many benefits our amazing sisterhood here in Québec has to offer them - Guiding looks great on a CV or when applying for college scholarships, there are international travel and leadership and event planning opportunities, they can complete volunteer hours needed for school programs, or maybe they just want to empower these special girls!

We had a very successful Girls First Launch Party where over 400 girls came to our enchanting campsite, to spend a day engaging in girl-led activities put on by our superb Next Generation Youth Forum. They planned and executed a great day for all to enjoy. We can't forget all those other dedicated volunteers in the background, without whom the day at camp would not have been possible. Thank you!

We have some very committed volunteers who are working hard on several provincial events for this coming year and there is always room

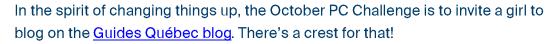
for extra minds in the brainstorming, extra hands in the prep work and extra bodies for the execution! Please contact us if there is an event or events that you'd like to help with.

Our Girls First Champions are here to help you to engage with the new platform and to be the catalyst for a girl-driven philosophy. Let's empower the girls and give them the voice to drive their futures.

We wish you all a fantastic start of the Guiding year. We are looking forward to seeing you throughout the year at one or more of the exciting events that we have planned for the girls, and there are many! Stay tuned!

#### The PC Challenge: October

Every month, the PC team will have a new challenge for you to help grow Guiding, cover parts of the program, or simply have fun!





Any member, girl or adult, can submit a blog post to communications@guidesquebec.ca at any time. It can be a story, a list of tips, instructions on running a fantastic activity, or anything else you can think of. The post will be edited for style and clarity so don't worry if the writing isn't perfect! Please include a few pictures if you have them too.

#### **Senior Volunteer Positions**

In May 2019, many senior volunteers' terms will be up. We'll be looking for members to fill the positions and bring their own skill sets, knowledge and personalities to the table. It's time to start asking yourself whether you could be the right person for one of the roles. Applying early means time for a transition period.

Know someone you think would be perfect? You can nominate them too!

#### **Positions on Provincial Council**

2nd Deputy Provincial Commissioner (available now)

DC Representative(s)

**Member Services Coordinator** 

Girl Engagement Coordinator

Risk and Compliance Adviser

#### **Adviser/Specialist Positions**

Camping Adviser

Membership Adviser

Cookie Adviser (Cheerleader)

Link Specialist

Position descriptions and application forms can be found here. Nominations and applications should be sent to nominations@guidesquebec.ca except for the Link specialist position, in which case interested candidates should email link@guidesquebec.ca.

#### **PR News**

Andrea Munster, PR Adviser | pr.rp@guidesquebec.ca

#### Ideas for getting the word out about Guiding...

Community visibility

• Volunteer with your unit at a local event

(parade, Halloween, community day, etc.). Leave chalk messages on the sidewalk with information about how to register.

Wear Guiding gear while out and about. Find out whether you can have a booth at a

Reach out to your local newspaper with a story about exciting things you're doing.

# For a Bring-a-friend night • Put up posters in your community

- Make invitations to hand out in class to centres and schools.
  - friends.



#### During cookie selling:

- Take public transit with a case of cookies and have some PR material handy.
- Give stickers or bookmarks to families with girls who buy cookies.



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# **Camping News**





Thank you to all the volunteers from the planning team and event crew who came together to make our 2018 Fall Fun Day with a Girls First Twist a success. The weather cooperated and with just over 400 participants, campers and their amazing guiders went home with smiles and memories to share. Thanks to all the Guiders for spending your Saturday at camp to make it happen!







#### **Snow Trails: Save the Date!**

Planning is underway for a Pathfinder camp at the Centre de Plein Air L'Estacade in Île-aux-Noix, Québec on February 1-3, 2019.



We are looking for an enthusiastic team of to plan. Experienced or new to planning, we'll welcome you to the team! Interested? Contact our camping adviser, Joanne Cardinal, at <a href="mailto:camping@guidesquebec.ca">camping@guidesquebec.ca</a>.

#### **Girls First**

Girls First Champions | gfsupport@guidesquebec.ca

**Explore!** In this transition year, take the time to explore and learn through the <u>e-modules</u> and other resources on the platform.

Girls First Champions are here to help! Get in touch with your questions, schedule a session or tag along to one already planned (see the calendar on page 2).

GF Launch Crest Once at least one of your Unit Guiders has met with a GF Champion and your unit earns their first GF badge, send an email to <a href="mailto:gfsupport@guidesquebec.ca">gfsupport@guidesquebec.ca</a> with your unit's name and a copy of your receipt from the Girl Guide store and we'll send your girls a brand new crest! Guiders will get theirs when they attend a GF session (it's coming if you have already).

# **Program News**



Sharon King, Program Adviser; Emily Lillies, Deputy Program Adviser programme@guidesquebec.ca

#### Change up your Halloween Plans!

Change it up this fall and add a little spooky STEM to your Halloween meeting instead of the usual Halloween crafts. Keep things open ended by giving the girls the ingredients and letting them experiment to find what works best on their own.

**Ghost Pumpkins:** Instead of regular orange pumpkins, try a little chemistry with some "ghost" pumpkins. Let girls experiment with vinegar, baking soda and blue food coloring in a carved white pumpkin.

#### **GHOST ROCKETS**



**Ghost Rockets:** Along the ghost theme, this hands-on activity provides lots of experimental fun, if you have the space to clean them up or a warm October evening that can move an activity outdoors.

Static Ghosts: Have the girls cut a few ghost shapes from white tissue paper. Using a balloon and some static electricity...they can have a Halloween dance party thanks to simple science!



GHOST PUMPKIN SCIENCE



Note: All of these activities can be linked to "Unit's Choice: Science Lab" on the Girls First platform.

## Girl & Guider Tea





## **Cookie News**

Bethan Wardrop and Marissa Schembre, Cookie Co-Advisers cookies.biscuits@guidesquebec.ca



#### **Cookie Tracking and Awards**

Remember to keep track of how many cookies your girls sell so that you can enter the cases in Cookie All Stars in the Spring. Cookie Ribbons can be ordered at any time of the year.

#### **Cookie Tools**

Many cookie tools like Cookie Dough, tracking sheets, *Sorry We Missed You* cards, letters for businesses, letters for parents, posters. etc. are available in Member Zone and on the provincial website.

# Young Women's News



Helena Green, Young Women's Representative | yw.rep.jf@guidesquebec.ca Game Changers Event Team | gamechangers@guidesquebec.ca



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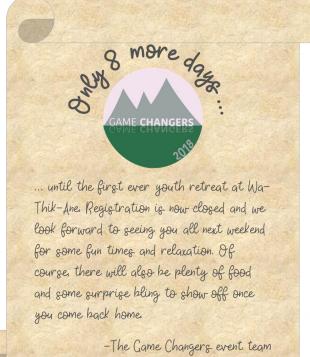
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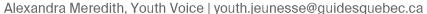
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# **Youth News**







**Zoe** H: I had a blast at the Girls First Launch Party! It was a great experience for me to plan the activities and see it all happen. I enjoyed watching it all come together and seeing everyone engaged and enjoying themselves. It was an amazing learning experience for me since I got to see what happens when planners come together as a team.

**Brianna:** I had a blast planning. It gave us a great opportunity to bond and work together!



Guiders and Rangers, we need your help! Did you know that all Rangers get the Piccolo? Sometimes they get sent to a parent email instead of their own if that's what we have on file. Why not ask a friend whether they'd seen it?



## for Pathfinders and Rangers

Pathfinders and Rangers have been invited to <u>Ericsson</u> in Saint-Laurent for a STEM-themed career day during their PED Day on November 9. Details to be confirmed, but please <u>submit your name here</u> if you're interested and to get more information!

Pathfinder and Ranger Guiders, please encourage your girls!

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# DEAR OLAVE,

**DEAR OLAVE:** A family in my unit is refusing to take cookies to sell. I have ordered two per girl and now I feel like I'm going to be stuck selling hers. Aren't cookie sales a mandatory part of the Guiding experience?

Stuck with Cookies

**DEAR STUCK**: Cookie selling is indeed a part of the Guiding experience but there are many ways a girl can be involved. You can start by explaining the many benefits of cookie selling to the family (interpersonal skills, money management, goal setting, teamwork, confidence, safety awareness, etc.), but if they're still unwilling, why not invite her to participate in a group selling event. Maybe she can help make posters or a giant cookie sales thermometer. There are many reasons a family might not be keen to take cookies (allergies, not knowing people in the city, etc.) and it's important to respect that. If none of this works, you don't have to be stuck with the cookies. Why not tell all your girls about the exciting Cookie All Star prizes and Cookie Ribbons they can earn and invite one of them to take an extra case.

DEAR OLAVE: My unit would like to start a

Facebook page to show off all the neat activities we do. What are the rules/guidelines around doing this?

Facebook Curious

**DEAR FACEBOOK:** There are two directions you can go on Facebook. A closed group can be used to share information with parents, whereas an open page can be used to showcase your unit activities. In your case, it sounds like an open page would be your best bet. In most cases you can use your judgement to determine what's okay to post, but remember that with an open page, anyone can see the content. It's a good idea to refrain from posting too many details about events prior to them unless you're inviting the public. For example, you don't necessarily want a stranger showing up at a unit sleepover. In terms of picture sharing, you'll need IR.1s for all the members. Remember that names shouldn't be used with the pictures. Lizzie (Elizabeth Knowles on Facebook) needs to be added as an administrator on all groups and pages.

Have a question for Olave? Send it to communications@guidesquebec.ca

# **Training News**



Heather Martin, Training Adviser | training.formation@guidesquebec.ca

#### **GUIDER TRAINING**

Note: Girl's First Champions will be hosting sessions focusing on UNIT PROGRAM implementation and management – regular training in 2018 will focus on learning about the girls' and administration needs



# CHANGING BRANCHES? – BECOMING A DC? – RECRUITING A NEW GUIDER? Mark your calendars NOW and register here.

NEW GUIDER TRAINING	What you need to know about running a unit and the abilities and needs of girls in your care; Training will reflect the needs and responsibilities of Guiders working in girl-driven, <b>Girls First</b> units.	<b>Thu., Oct 18 &amp; 25</b> - 6:30-9:30 pm
MANAGING YOUR DISTRICT	Five Modules designed to help the District Commissioner effectively manage her team, promote Guiding and engage her community. Plan to come to one or all in person or on- line.  Foundation of your Position — Postponed District Administration — Oct 15 Human Resources — Oct 29 Building your district — Nov 12 Risk Management — Nov 26	Mon., 6:30-9:30 pm  Location will be arranged based on needs of participants
PED WEEK	Please brainstorm what sessions you would like to HOST or ATTEND for PED WEEK 2018.	November 19-24
MENTAL HEALTH FIRST AID	Just as CPR training helps a layperson with no clinical training assist an individual following a heart attack, Mental Health First Aid training helps a layperson assist someone experiencing a mental health crisis, such as suicidal behaviour.	Nov. 23 (6-10 pm) <u>AND</u> Nov. 24 (8-5 pm) Dawson College Approx \$125 (\$50 non- refundable deposit)

Looking to expand your horizons? Have experience with teaching/training/leading? Transfer some of those skills to GGC. We're looking for new trainers to join the team!

## **Travel News**

Valerie Zaloum, International Adviser | international@guidesquebec.ca





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Québec Council has accepted the invitation from Newfound & Labrador Council to attend their interprovincial camp next summer.

When: July 29 - August 4, 2019

Where: This camp will be held at Kildevil Campsite, Lomond, NL.

Located on the shores of Bonne Bay with stunning ocean views and magnificent mountains, rich in cultural connections

Here's an awesome chance to visit Canada's most easterly province, meet amazing girls and women and share their wonderful hospitality. Preliminary targets are looking at 1000 members in attendance, Newfoundlanders and girls from across the country – and maybe YOU?!

The event will be a true basic camping experience involving tenting and patrol cooking with a program full of challenge and fun. Apply to be part of the adventures in water activities, arts, crafts, sports and exploring the western part of the Island province. The camp is situated on the border of Gros Morne National Park in the community of Lomond.

Québec Council will sponsor a Ranger-aged patrol of 4 girls, and 1 Guider. 80% of the cost of this trip will be covered by Québec Council for girls and 100% for Guiders.

Applications for this wonderful opportunity are open to members who will be Rangers in the 2019-2020 Guiding year and to Guiders.

Girl Application Form
Girl Reference Guidelines
Girl Reference Form

Guider Application Form
Guider Reference Guidelines
Guider Reference Form

The deadline for applications is December 10, 2018.

## Voilà Québec!

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Emily Lillies, Event Lead | voilaquebec@guidesquebec.ca



JOIN GIRLS FROM ACROSS CANADA HERE IN QUEBEC
August 3rd - 10th, 2019

Voilà Québec! is a 7 night camp at Wa-Thik-Ane. Share your experience of Québec culture, language, and heritage in a camp with 120 Guiding sisters.

Apply as a member of the Québec patrol OR attend with your unit.

MORE INFORMATION AT: GIRLGUIDES.CA/VOILAQUEBEC

APPLICATION FORMS AT: BIT.LY/QUEBECREGISTRATION

**UNIT REGISTRATION: BIT.LY/VOILAQUEBECREGISTRATION** 

Open to 3rd Year Guides, Pathfinders, & Rangers



#### **Awards News**

Annette Levasseur, Awards Specialist | awards.reconnaissance@guidesquebec.ca

#### Award of the Month: Distinctive Youth Award

- She must be a registered member of Guiding at the Ranger level.
- She demonstrates exceptional leadership qualities and initiative and has contributed significantly to and had a positive impact in Guiding and her community.
- She lives by the Guiding values in accordance with our Promise and Law.
- She is well respected by her peers, Guiders and other members of the community.
- · She must be a camper at the Ranger Level.



#### Tip of the Hat

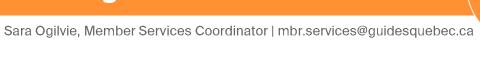
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Consider sending a Tip of the Hat to a Guider. Send her name, District and a detailed description (75 words or less) of why she is special to the Awards Team: awards.reconnaissance@guidesquebec.ca

The Guider will receive a crest at home and the write-up will be published in The Piccolo.

# **Girl Recognition**





Hosted by Northern Lights District

November 18 from 1:30 - 4:00

Rosemère Community

Centre

202 Grande-Côte

Rosemère, J7A 1H4

Girls who earned an award and all Guiders will receive an invitation and can RSVP <u>here</u> by November 2.



## Safe Guide News

Pam Godfrey, Safe Guide Adviser | safeguide@guidesquebec.ca



Please send your forms to <u>sg.gs@guidesquebec.ca</u> in a timely manner. Questions can be directed to safeguide@guidesquebec.ca.

The Safe Guide Forms are updated every year in July and are effective September 1. Please make sure you are using the most current version of your forms as the most common ones were updated this year.

A reminder that all **new Guiders** have **6 months** to complete Safe Guide training. You should have received an e-mail from the Provincial office with the instructions. If you have misplaced them, please contact the office.

In keeping with the Piccolo theme of "change it up," try having another Guider be the Responsible Guider for your activity that requires paperwork:

- For a Green activity, have her prepare the SG.1 and SG.2 for the parents, as well as any changes to your unit Emergency Response Plan (SG.4)
- For a Yellow activity, such as a sleepover, have her be the Responsible Guider, prepare the SG.1, 2, 3 and 4 and submit to <a href="mailto:sg.gs@guidesquebec.ca">sg.gs@guidesquebec.ca</a>. The usual "paperwork queen" can help her with the process.

#### **Trefoil News**

Ellen Gauthier, Trefoil Guild Specialist | trefoil.trefle@guidesquebec.ca

Most Trefoil Guilds are starting up and getting ready for another year of fun and friendship.

In past years, Guilds have been involved in many activities in their communities such as making bookmarks and tray favours for senior homes and hospitals, making blankets, mitts and hats for women's shelters and the like. Guild members help units in their area. These activities are just to name a few. Guilds also enjoy luncheons and suppers at local restaurants and each other's homes.





If you are interested and you like to join a Guild, please email Ellen Gauthier at <a href="mailto:trefle@guidesquebec.ca">trefoil.trefle@guidesquebec.ca</a> or call at 514-453-3734. She will direct you to a Guild in your area.

## **Link News**



link@guidesquebec.ca

## The search for a new Link Specialist is on!

Do you enjoy planning events for young Guiders? Are you looking for a new role in Guiding? You could be our next Link specialist! Email <u>link@guidesquebec.ca</u> if you think you might be interested!

#### **Joining Link**

What is Link? A Link member can be any young woman in Guiding aged 18 to 35. Link is an open forum for young women to have a place to get together in a relaxed and informal setting. It's a place for those who are unable to commit to a unit or for those who are looking to be a part of Guiding outside of being a Unit Guider.

Link members can have the opportunity to work on brainstorming ideas for their unit meetings, can begin or continue work on a service project, or can just be there to socialize and discuss all aspects of Guiding.

Some Link events or activities may include pub nights, travel, skiing, ice skating, rock climbing, hiking, camping, horseback riding, white water rafting... and anything else you can think of!

**What is the time commitment?** Whatever amount of time that you can commit to being a Link member. You don't have to participate in all the events, or be at all the meetings.

How can I join? Email <u>link@guidesquebec.ca</u> with your name and iMIS number. If you choose to be a Link member rather than a Unit Guider during your first year after Rangers, your membership fee will be covered by Québec Council!

## **Treasurers' Trove**

Claire Morier, District Treasurer Support Specialist | finances-support@guidesquebec.ca

#### **Budgeting**

All districts should begin preparing a budget for the 2019 <u>calendar</u> year.

To facilitate the budgeting process, a tab in the GGC QC Financial Package called Report and Budget is available for your use:

- The tab is populated from the current year revenues and expenses, which can be used as a basis for next year's budget.
- In addition to the current year transactions, consider any new events or activities which should be included in budget. For instance, are you planning a new district event, or going to get a bus for camp when you haven't in the past? Have you lost or gained a lot of members?
- Also consider any new fundraising initiatives and whether you plan to order additional cookies etc.

Keep in mind that the budget is just an estimate – it may not be possible to stick to it, but having one is helpful so you can keep it in mind while planning events.

Once prepared and finalized, the budget should be approved through a motion at a district meeting. A copy should be sent attached to the district minutes to <a href="mailto:finances-support@guidesquebec.ca">finances-support@guidesquebec.ca</a> sometime in October or November.

#### **Accounting for Cookies**

With the cookie campaign in full stride, it's important to track them properly. Cookie tracking forms are available in the Cookie Resource section of the Guides-Québec website.

There are several elements to keep in mind:

- Cookies you buy from your supporting council
- · Cookies you sell

Cookies given away or used in the unit

The cookies you buy from your support council are straightforward. This is the amount of cookies you have ordered from Province (if you are a district), and an invoice will be sent to the Treasurer and DCs. The total amount of this invoice should be recorded in the Fall or Spring Cookies columns in the expense section of the spreadsheet if no cookies have been used or given away.

Similarly, proceeds from the cookies you sell are recorded in the Fall or Spring Cookies columns in the revenue section of the spreadsheet.

Cookies given away or used in the unit/district are more complicated because you have bought these cookies, but have no proceeds for them. In order to balance overall, a cost must be associated with them and recorded in the spreadsheet:

- When 1 box of cookies is eaten at camp, these should be recorded in the Camp column in the expense section.
- Since the cases are currently bought for \$48.45, each box used or given away costs \$4.04 (\$48.45/12 boxes)

If a box is given as a "thank you" for a guest, or a gift it should be in the appropriate column.

When paying the supporting council for the cases you bought (see earlier paragraph) you would split out the total between cookies sold and cookies used:

If you have ordered Special Order Cookies, the cost is \$39.00. These are only available if fundraising and other forms have been approved. Should the trip be cancelled, the cookies revert to regular cookies at the prices listed above.

Date	Description		Note		Bank Deposits	Bank Cheques		Outstandi ng	In Book	×	Total Expenses	Total Revenues	Spring Cookies	Fall Cookies	Camp Before Taxes
Dec 31,2015	Balance Forward														
Oct 1,2016	QC Council for cookies	1		ОК		484.50	-484.50	-484.50			484.50			476.43	8.08
10 Cases: 9 cases + 10 boxes sold, 2 boxes eaten at camp				OK			-484.50								

#### **First Aid News**



Au Secours Denise OBriain is carrying on the business of retired Pulse Aide Inc.

They offer courses tailored to the needs of GGC as per Safe Guide July 2018

\*\* Note that GGC does accept first aid certification from other providers too! \*\*

#### Standard First Aid & CPR/AED Level C Course - BLENDED LEARNING format

- Complete the first half of the course online at home, at your own pace, prior to the course date
- Then participate in the ONE DAY hands-on teaching/skills-practice in-class session
- Equivalent to the previous 16-hour in-class teaching and practice format
- Access to the new Canadian Red Cross online portal and useful online resources
- NEW Canadian Red Cross First Aid & CPR Manual 2017 edition
- Digital Certification upon completion valid for 3 years

#### **Upcoming Courses**

All courses include access to online course prior to the date and an in-class session on the date stated.

Cost: \$110 (no tax)

- Standard First Aid & CPR/AED C Sat November 24, 2018, 8:30 am 5:30 pm Kirkland
- Standard First Aid & CPR/AED C Sat December 8, 2018, 8:15 am 5:15 pm Laval (Centre Communautaire Le Sorbier – 140 rue Nadon, H7L 1T5)
- Standard First Aid & CPR/AED C Sun December 9, 2018, 8:30 am 5:30 pm Lachine

<u>Upon completion</u>, GGC – Quebec Council will reimburse 2/3 of the cost for active Guiders

If you or your District would like to hold a course at your own time and location, please let us know.

For more information or to register, please email Tricia Lax at ausecours.firstaid@gmail.com

#### From the Office



#### There's a Crest for That!

Did you find your iMIS number in *The Piccolo*? Email <u>communications@guidesquebec.ca</u> to receive an "I read the The Piccolo" crest! Adult members and Rangers can keep an eye on *The Piccolo* for new chances to win every month!

#### Girl Guides of Canada — Guides du Canada, Québec Council 270-100 boulevard Alexis-Nihon, Saint-Laurent, Québec, H4M 2N7 info@guidesquebec.ca | 514-933-5839

# **Local Stories**



Girls in Lakeshore completed the August PC Challenge, put up posters and went for ice cream

Girls in Monklands District made sit-upons to take to Fall Fun Day. Other girls held a bring-a-friend challenge night that included bobbing for Swedish berries in whipped cream.

224423 102419 1053711 972406





Let us know what your unit/district is up to this fall and earn a NEW crest!

Have an event you'd like to invite others to? Email <a href="mailto:communications@guidesquebec.ca">communications@guidesquebec.ca</a> and we'll help you get the information out!

