

#### A MESSAGE FROM YOUR PROVINCIAL COMMISSIONER



As we approach the end of another Guiding year, I would like us to take a moment to reflect on your favorite moment in Guiding this year and all that we have accomplished together as a community of Guiding members in Quebec. Despite the challenges we faced over the past year, we continued to come together to support each other and pursue our shared mission of empowering girls and young women to be confident, courageous, and resourceful.

I am constantly inspired by the dedication and passion that each of you brings to our organization. Whether it is leading a unit, organizing an event, or mentoring a new member, your contributions make a real difference in the lives of the girls we serve. Your commitment to our values of inclusivity, diversity, and respect is what makes our sisterhood so strong and supportive.

As we look ahead to the new Guiding year, I am excited to see what we will achieve together. I know that we will continue to face challenges and obstacles, but I am confident that with our collective determination and resilience, we will overcome them and emerge even stronger. So let us continue to work together to empower girls and women, to build strong and supportive communities, and to make a positive impact in the world.

As we head into the summer months, I hope that you all have the chance to take a break and enjoy some well-deserved time off. Some of you might be attending our summer camp, while others might be hosting your own, I can only hope you create long lasting friendships and immortalize memories of your exciting adventures! If you're looking for a new personal challenge this summer, the Mud Girl Run will be taking place the 8-9 July, and I encourage anyone who is interested to consider participating. It is a fun and unique opportunity to try something new and bond with other Guiding members; bring your friends, family and neighbors and do not forget to pass by our PR booth!

I look forward to seeing you all in September, ready to come back together reenergized to welcome new and old friends and plan new adventures. I am particularly excited about the opportunity to welcome new members to our Guiding sisterhood, and to help them discover all that Guiding has to offer. So, if you know someone who might be interested in joining us, I encourage you to invite them to get involved and become a part of our growing community.

Or: D

Olivia Durand Commissaire Provinciale | Provincial Commissioner Girl Guides of Canada - Guides du Canada, Conseil du Québec



#### **PROVINCIAL COUNCIL**

Olivia Durand Helena Green Sharon King Samantha Burgess Elaine Keeble Joanne Cardinal Jennifer Desjardins RoseAnna Cirino Lisa Labelle Cassandra Gillen Kelly Vandzura

**Provincial Commissioner Deputy Provincial Commissioner Deputy Provincial Commissioner** DC Representative

DC Representative (August to December) Elected Member - Property Stewardship (January to June) Elected Member - Community Engagement Member Services Coordinator (June to December) Girl Engagement Coordinator (June to December) Youth Forum Coordinator Council Secretary

### **ADULT NUMBERS 2022-2023**

Unit Guiders	247
Honorary Members	12
Members at Large	13
Trefoil Members	34
Units	111
Districts	4







# **GIRL NUMBERS 2022-2023**

Sparks	235
Embers	364
Guides	348
Pathfinders	126
Rangers	68

**Girl Members** 1231

# **DISTRICT COMMISSIONERS (DCs)**

**Birchwoods** (Vacant) Sarah DiMilo Maplewoods Pavolina Owczar Oakwoods

Mayali Cousineau-Paley (Deputy DC), Heidi Whipple (Deputy DC)

**Pinewoods** Kimberley Devey, Jennifer Donaldson (Deputy DC)



#### A MESSAGE FROM YOUR DEPUTY PROVINCIAL COMMISSIONERS

To all Guiders on another challenging year!

This year we were allowed to start back with in-person meetings, it was a struggle for some units waiting on Guiders to get screening done and units trying to find meeting places. However, as always, you made it work and have given the members the ability to meet new friends, build skills and make memories.

We know how hard everyone has worked this year and we deeply appreciate the time and energy you have given to Girl Guides. We would love to say thank you to everyone personally, but as that is challenging, please accept our heartfelt thank you note.

Thank you for making Guiding special for everyone. We hope that you can rest and recharge this summer.

All the best, Helena Green and Sharon King

## **LIAISONS / LEADS**



Awards Liaison
Diversity and Inclusion Facilitator
Editorial Support
Link Lead
Minutes Liaison
Nominating Search Committee
Property Stewartship Committee Chair
Translation Support
Trefoil Guild Lead

Annette Levasseur
Diana Rice
Kimberley Devey
Nathalie Brennan
Annette Levasseur
Joanne Millette and Cecilia Cherry
Joanne Cardinal
Stefanie Nolet
Ellen Gauthier

#### QUEBEC YOUTH FORUM

Prachi Patel
Chiara Bramante
Vanessa Colby
Talia Martin
Hannah Rudge
Sofie Sondermeyer

#### **IN MEMORIAM**

Anita Scott May 25, 2022

Beryl Ball August 20, 2022

Renee Marak November 14, 2022

Thank you for your years of dedication and service to Girl Guides of Canada.



#### **TRAINERS**

Jennifer Cessford RoseAnna Cirino

Sarah DiMilo

Olivia Durand

Pam Godfrey

Kristi Harris

Sinclair Harris

Mary-May Hubert

Pam Ireland

Joan Lax

**Heather Martin** 

Diana Rice

Pamela Rice

Valerie Zaloum

Mayali Cousineau-Paley (Candidate)
Jennifer Donaldson (Candidate)
Sara Ogilvie (Candidate)





# PROPERTY COMMITTEE CAMP WA-THIK-ANE

Lydia Berryman
Joanne Cardinal
Lesley Chapman
Mayali Cousineau-Paley
Pam Godfrey
Amanda Guay
Kristi Harris
Sinclair Harris
Sophie McCafferty

# **SAFE GUIDE ASSESSORS**

Michelle McKenzie

Pam Godfrey Kristi Harris Annette Levasseur Kaitlin Winter Valerie Zaloum

# **PROVINCIAL ADVISERS**

Camping Adviser
Cookie Adviser
International Adviser
Membership Adviser
Safe Guide Adviser
Training Adviser

Mayali Cousineau-Paley
Jennifer Desjardins
Mary-May Hubert
RoseAnna Cirino
Kristi Harris
Pamela Rice



#### A MESSAGE FROM YOUR YOUTH FORUM REPRESENTATIVE



I am a first-year Ranger. When I signed up to be on the Quebec youth forum, I didn't know what I was getting into. I knew that I was going to do something impactful and that I was going to help the Girl Guides of Quebec in some way. However, I can now say that with three years of experience, the work I've done with this forum is exceptional. Being on a youth forum is all about being a youth member of the Girl Guides of Quebec. It is essential that we can voice our opinions and give a different perspective as younger members.

Nonetheless, the work we put in to create a fun experience for every youth member out there is genuine. It has also fuelled me to participate in more activities/opportunities and has helped me strengthen my leadership roles. However, there is more to the Quebec youth forum than what I mentioned.

Firstly, when you work closely with other youth members, you create a unique bond with them. I have made special friendships with each member on the forum. You can work with other youth councils in the country, which means that you can learn what each province/ territory is doing and create national challenges or events with them. I have also met members from India, Switzerland, the United States of America and more. Sometimes you can work with the Quebec provincial council and be offered different opportunities.

I've also developed my ability to speak in public places. I have become more confident when I talk to a group of people. Before being on the youth forum, the only time I was speaking or presenting to others was for school. What's so remarkable about the youth forum is that you have to speak to other people about certain things, and you want to tell them about it! You feel comfortable about what you're saying because of the things you created or worked on. Overall, you can develop speaking skills and improve presenting information or projects.

I would say the best part of being on the Quebec youth forum is making decisions, speaking to new people in guiding, and creating challenges and events that are in the best interest of members in Quebec guiding. Everything you do is to help make Guiding even better than it already is by doing different things that members will enjoy. I know that the youth forum and I have made an impact on the members of this province. I am deeply proud that I was a part of the youth forum. I am grateful for the experience I've gained. I love Girl Guides, and being on the youth forum was a huge part of being more involved and showing how much I care.

Prachi Patel Youth Forum Representative Girl Guides of Canada, Quebec Council

