

INTRODUCTION TO INDOOR CAMPING





Camp Planning Timeline

Planning a camp takes time. Start your planning in your initial Unit meetings as part of your long-range plan for the year.

4-9 months prior to camp

- Establish your core team of adult supervisors
- Review Safe Guide
- Reserve a campsite

12-16 weeks prior to camp

- Caregiver helpers staying overnight need to complete the Non-Member Volunteer Form (A.7) and get a police records check
- Hold camp planning session with girls and camp staff
- Determine program/theme and activities; assign responsibilities for detailed planning
- Determine transportation
- Prepare a budget
- Find a source of and book any equipment
- Start work on emergency response plan
- Plan a theme

4-12 weeks prior to camp

- Visit campsite for orientation (if possible)
- Create a daily schedule, duty roster and supply list
- Minimum of 4 weeks prior to camp, complete Safe Guide Forms (SG.1, SG.2) and send to National: qc-sg-gs@guidescanada.ca

2-4 weeks prior to camp

- Distribute Safe Guide forms, kit list and directions to camp to caregivers
- Hold a caregiver information meeting
- Collect Safe Guide forms and camp fees. (Ensure caregivers have paid fees via Unified Banking.)
- Create an emergency contact list for home contact person
- Create a menu and a shopping list based on numbers attending noting any dietary concerns
- Send all Health forms to first aider
- Create patrols

1 week prior to camp

- Forward emergency contact list to home contact person
- Assemble camping equipment
- Shop for groceries
- Check for any fire bans in area and weather forecast for campsite area
- Check to see that site water is potable and tested

Go Camping!

Have fun!!

End of camp

- Evaluate camp with participants
- Do a complete equipment check and final check of campsite
- Thank camp staff, girls, and caregivers

Post camp

- Review evaluations
- Submit any incident reports
- Ensure all expenses are paid out and complete actual expense record
- Archive forms as outlined in Safe Guide





Indoor Camp Planning Checklist

Ш	Girls want to go camping!
	Location identified
	Date and time booked with facility (if necessary)
	Follow Safe Guide and submit appropriate forms to National qc-sg-gs@guidescanada.ca
	Send home and obtain caregiver Permission forms (SG.1, SG.2)
	Complete an ERP for the location and review with supervisors
	Obtain PRCs for non-member supervisors and volunteers
	Receive completed permission forms and if required signed waivers from all participants
	Provide girls with a kit list that includes appropriate bedding, clothing appropriate to the season and activities and toiletries
	Arrangements made to get girls to location or to meet at location
	Food planning and purchasing arranged
	Daily schedule is established
	Program plans are developed and Activity Facilitators are engaged (if necessary)
	Location is familiar to at least one supervisor, or Responsible Guider plans time to
	become familiar upon arrival
	A first aid kit is readily available
	Map to location and contact information
	On austical
	On arrival
	Facility is scanned for hazards by Responsible Guider and other supervisors
	Do an attendance check and implement the buddy system
	Review boundaries
	'Walk through' facility to familiarize participants
	Participants have been briefed on location guidelines and basic use of equipment
	Review emergency response procedures for lost participants, fire, intruder and first aid
	Keep track of 'who goes where'
	Have fun!





Sample Camp Budget Template

Camp Date:		
Camp Location:		
Number of girls		
Number of camp staff		
Total number of participants:		
	Budget	Actual
Expenses:		
Facility rental	\$	\$
Equipment rental	\$	\$
Food costs (\$10-15/day/person)	\$	\$
Program supplies	\$	\$
Crests and badges	\$	\$
Craft supplies	\$	\$
Stove/fuel	\$	\$
Transportation	\$	\$
First aid supplies	\$	\$
Miscellaneous*	\$	\$
	\$	\$
Total Expenses:	\$	\$
Income:		
Camp fee	\$	\$
Unit subsidy	\$	\$
Other*	\$	\$
Total Income:	\$	\$
Total Income vs. Expenses: Net profit (loss)	\$	\$

^{*}List any miscellaneous expenses and sources of income so you will have them to refer to in the future.



Safe Guide Forms

At the beginning of each Guiding year download forms to ensure you have the latest version.

ID	Description		
A.5	Initial Girl Registration Form see Application, Registration and Record		
H.1	Personal Health Form see Health Management Forms		
H.2	Personal Health Form For Adults see Health Management Forms		
INS.01	Incident Report Form see Insurance		
IR.1	Image Release see Application, Registration and Record		

Activity Forms

ID	Description				
SG.1	Activity Plan				
SG.2	SG.2 Caregiver Permission for Non-Regular Unit Activities				
SG.3	Activity Notification or Authorization				
SG.4	Emergency Response Plan				
SG.5	Release of Liability, Waiver of Claims, Assumption of Risk and Indemnity Agreement				
SG.6	Adventure Activity Trip Plan				
SG.7	TPSP Interview Checklist				
SG.8	Travel Preauthorization				

Health Management Forms

ID	Description			
H.1	Personal Health Form and Permission To Pick Up Girl Members			
H.2	Personal Health Form for Adults			
Н.3	Medication Plan and Administration Record			
H.4	First Aid Treatment Record			
H.5	Wellness Statement			
Н.6	First Aid Examination Checklist for Wilderness Out-trips			
H.7	Medications Consent form			

International Travel Forms (English)

ID	Description				
IT.1	International Group Trip Planning Timeline				
IT.3	International Group Trip Authorization Form				
IT.4	International Group Trip - Guider Application				
IT.5	Caregiver Permission for International Travel				
IT.6	Release, Waiver and Assumption of Risk for International Group Travel				
IT.7	Guarantee of Financial Responsibility for International Group Trips				
IT.9	Proposed List of Participants				
IT.10	Final Participant Information				

Water Activities

ID	Description				
WA.1	Water Activity Plan				
WA.2	Swim and Boating Test Verification for Individuals				
WA.3	Swim and Boating Test Verification for Groups				



Campsites

Start to think about camp(s) early in the Guiding year. Sites are sometimes booked well in advance so it is never too early to book. Your first step is to determine what facility or campsite will work best for the camp that the girls have in mind.

Minimal impact camping is GGC's underlying approach to camping. This approach encourages each person to leave no trace of her outdoor or camping experience. This covers everything from the planning stages to the outdoor experience itself. The concept of minimal impact applies to any outdoor activity or camping environment.

Campsite Selection and Amenities

Deciding whether to go to an indoor camping facility or a tenting campsite will depend on the experience, interest and ages of the girls. For example, first time campers may be more comfortable with an indoor setting, saving the tent experience for when they have more experience. Sometimes your site or facility will be selected specifically based on your activities, the time of year or the resources you require or that the site provides. In any case, ensure the site has the amenities you need.

The following is a brief list of things to ask out about when you are booking a site:

- Washroom facilities and supplies provided for them
- Location of telephones or designated means of communication provided by the site and the possibility for cell phone coverage
- Availability of emergency medical services (EMS)
- Access to drinking water
- Kitchen and cooking facilities and cooking equipment
- Refrigeration and food storage
- Garbage and recycling requirements
- Options for open fires
- Location of fire extinguishers
- General equipment available for running programs
- Check in and out procedures
- Layout of the facility
- Directions on how to get to the facility
- Information on the surrounding area.





Sample Indoor Camping - Personal Gear List

This list is intended for a two-night camp. Add items or quantities for longer camps.

Clothing	Toiletries		
☐ Camp shirt ☐ Shorts ☐ T-shirts ☐ Pants/sweat pants ☐ 3 to 4 pairs of socks ☐ 3 pairs of underwear ☐ Pyjamas (2) ☐ Hooded sweater ☐ Shoes or hiking boots ☐ Warm sweater ☐ Jacket	 □ Towel □ Face cloth □ Biodegradable soap □ Toothbrush □ Toothpaste □ Deodorant □ Brush/comb □ Hair ties 		
☐ Raincoat	Other		
 □ Rubber boots □ Swim suit and cap □ Sun hat with brim □ Plastic bag labeled "wet or dirty laundry" For cold weather add: □ Indoor shoes □ Snowsuit □ Scarf □ Warm hat that covers ears □ Mitts or gloves - 2 pairs □ Warm boots 	 □ Flashlight □ Water bottle □ Camp dishes in a mesh bag (plate, bowl, cup, knife, fork, spoon) □ Notebook and pencil □ Sit-upon □ Sunscreen □ Insect repellant □ Camp blanket □ Book □ Sunglasses 		
Equipment			
 □ Warm sleeping bag in a waterproof bag (a labeled nylon sack, duffle bag or tote) □ Pillow □ Fitted sheet (depending on facility) □ Ground sheet (depending on facility) 			



Sample Indoor Camp Itinerary

Day	Time	Activity		
Friday	6:00 pm	Arrive and set up camp (put gear in sleeping area)		
	6:30	Bag lunch dinner or eat before you arrive		
	7:00	Camp opening, rules, task charts, fire safety		
	7:30	Games		
	8:00	Campfire		
	8:30	Snack and get ready for bed		
	9:00	Lights out		
Saturday	7:00 am	Rise and shine!		
	7:15	Prepare and eat breakfast		
	8:00	Clean up, tasks and tidy sleeping area		
	8:55	Learn about how to use a compass and play compass games		
	9:30	Go outside and learn how to tell directions without a compass. Draw a map of the campsite.		
	10:30	Snack time		
	10:45	Learn about birds		
	12:00 pm	Prepare and eat lunch		
	1:00 Clean up and quiet time			
	1:30	Go on walk to identify birds		
	2:45	Snack		
	3:30	Make bird feeders		
	4:30	Start work on camp memory book		
	5:00	Prepare for dinner, cook and eat		
	6:00	ean up and tasks		
	6:30 Free time to explore site, add to camp memory books, do crafts and work on skit			
	7:00 Review trail signs – follow to the campfire pit			
7:30 Campfire		Campfire		
	8:00	Hot drinks, roast marshmallows over the fire		
	8:45	Prepare for bed		
	9:15	Lights out		
Sunday	7:30 am	Rise and shine!		
	7:40	Pack up personal gear		
	8:00	Prepare and eat hot breakfast		
	9:15	Clean up and tasks		
	9:45	Add to camp memory book		
	10:00	Activity (finish badge work)		
	11:30	Prepare and eat lunch		
	12:15	Final clean up		
	12:45	Closing, hand out crests, reflections/evaluation, thanks		
	1:00	Depart camp		



Involving the Girls

Engaging girls in the process of planning and leading a camp gives them ownership and accomplishment. It also helps them choose to participate when other activities come into conflict with a camp event (e.g. whether to do the soccer tournament or go to camp). Girls are involved in the planning and the decision- making in:

- the type and theme of the camp
- itinerary and chore responsibilities
- program, special events and free time activities
- menu planning

The level of participation, planning and decision-making will depend on the age of the girl and their previous camp experience. For example: Sparks may help choose between a few menu or theme options. Embers may have more input and add a few ideas of their own. Guides with mentoring and previous camping experience are able to set more direction to the overall camp program and activities. Older girls can usually make most of the plans and often develop small committees for various stages of planning, shopping and the event itself.

The five W's planning process is an example that you may use depending on the age of your girls. The five W's are what, when, where, who and why. They can help to generate or focus your planning session. Start with open-ended questions, such as:

- What would you like to do? go camping
- When would you like to go? the weekend after Thanksgiving
- Where would you like to go? to a Girl Guide camp
- Who could help with that? Guiders and caregivers
- Why do you want to do it? to go camping, to be outside, to develop and enhance friendships, and to work on camping badges and interest badges/challenges

Write down all ideas. Use a flip chart or white board if available – this will help the girls know they've been heard and help them visualize and create more ideas. All ideas are possibilities; all are to be considered. Once the idea sharing is complete identify some limitations and then help the girls recognize which ideas may not be possible. In most cases the girls will understand which activities are possible and what they are able to accomplish.





Program Planning/Themes

The program should be carefully planned, but also full of fun, adventure, surprise and challenge.

The program depends on:

- Age of girls
- Experience
- Type of camp
- Length of camp
- Time of year
- Interests of girls

- Events or attractions in the area
- Badges or program items
- Activities available at the camp (for example, orienteering course, archery range)
- Cost and available funds

Ideas for Choosing and Developing a Camp Theme

Start with a brainstorming session with girls for ideas. Once you have found a theme that is interesting to everyone, here are some ways you can develop your theme into your camp program:

- Give special names to patrols or groups and leaders.
- Challenge patrols to create a special song or cheer.
- Design colourful task charts that include drawings or pictures relating to theme; change the names of tasks to relate to theme.
- Create theme-based challenges.
- Select crafts, dances, games that support the theme.
- Program activities related to the theme. Use the theme in the design of a program chart that you post at the camp.
- Design a theme-based menu. For example, change ordinary foods to fun names.
- Decorate walls with posters, pictures, maps or for a tent camp create banners or flags for each tent.
- Include the theme in the camp opening to set the atmosphere and to wrap up the camp.
- Hold a final party and campfire where everyone comes dressed up, tables are set with decorations, and have an awards presentation.
- Design a camp crest or camp hat or shirt.
- Write a camp newspaper.

Theme Ideas

- International, World Centres
- Nature/Environment
- Seasons
- Pioneer/Heritage
- Sports/Olympics
- Zoo/Jungle/Circus/Animal
- Medieval/Pirate/Western
- Professions
- Time Period
- Newspaper/Magazine

- Future/ Space
- Survivor/Amazing Race/Fear Factor
- Magic/Fantasy/Fairy tale
- Under the Sea
- CSI/Spy
- I Can Camp!
- Movies/Television shows
- Superstar/Hollywood
- Rock Band/Music
- Books/Comics



Sample Indoor Camping - Patrol Chore List

Chore/Task	Actions	Patrol
Breakfast	Review menu	Forget-me-nots
	Prepare food	
Breakfast clean up	Wipe tables	Roses
	Wash pots and dishes	
	Sweep floor	
Lunch	Review menu	Daisies
	Prepare food	
Supper	Review menu	Robins
	Prepare food	
Supper clean up	Wipe tables	Forget-me-nots
	Clean cooking dishes	
Washrooms	Wash and disinfect toilets	Daisies
	Clean sinks	
	Sweep and mop floor	
	Add supplies as needed	
Garbage/recycling	Collect all garbage and	Bluebirds
	recyclables for proper disposal	
Campfire	Gather wood	Roses
	Prepare water	
	Plan campfire	
	Extinguish fire	





Program Ideas – Bring the Outdoors Inside!

For those times when getting outside is not possible, these activities can help you bring the outdoors inside.

Make a nature treasure box

Girls can make nature boxes to display the treasures they find in the outdoors. Here's how:

- Cut large windows in each side of a milk carton.
- Leave them open or cover them with clear plastic.
- Have the girls suggest themes.
- Create a different theme for each month: leaves, stones, feathers, dried ferns, seeds, etc.

Plant some seeds

It's fun to see how different seeds grow. Try citrus fruit seeds, beans, flower or grass seeds in an eggshell, carrot tops and sweet potatoes are easy to grow too. Have the girls tend to their plant and report on how it's growing.

Nature charade

Give each pair of girls a slip of paper with the name of something from nature on it. (Depending on the age group you could also include a picture). Nature items could include a mosquito, crow, robin, skunk, cricket, snail, raccoon, maple tree, lobster or moose. In turn, the girls mime their item for the others to guess.

What can you do with a leaf?

Use leaves to make:

- crayon rubbings
- splatter-paint prints
- ink prints
- mobiles of leaves pressed with a warm iron between waxed paper
- plaster of Paris leaf casts
- tiles made from leaves imprinted into a square slab of salt dough, which is then baked, painted and varnished
- bookmarks or place mats, made by gluing leaves onto cardboard and covering with self-adhesive laminate

Nature art

Go on a short walk and collect seeds, dry plant material and whatever else the girls think might make an interesting collage when glued on construction paper. Have the girls create a collage with their findings.

Environmental awareness

Teach the girls when it is acceptable and not acceptable to pick a wildflower and how to collect leaves and twigs or small branches without damaging the environment. Explain that it is acceptable to pick a plant that is not endangered and that is growing abundantly, provided there is a reason for doing so. If there are very few plants of a certain type, leave them growing, so they can reproduce and be enjoyed by others.



Program Ideas – It's Wet Out There!

Rainy day fun and time fillers

Rainy days can get anyone down at times, especially campers. But, there are many ways to bring a little "sunshine" into a damp situation. Likewise, quiet times at camp can cause boredom in some girls; there are ways to help them entertain themselves, without disturbing those who prefer to rest.

Rainy day fun

For days when you really need to be inside, here are some indoor ideas:

- Have a rainy day box to be used at no other time. Include: costumes, craft materials, puzzles, table games, etc.
- Have a rainy day feast with something unusual: "popcorn hailstones," "thunder cookies" (they crack when broken), pizza, ice cream sundaes with each girl creating her own from whatever possible toppings there are, and naming her creation.
- Make murals or collages.
- Have an indoor track meet, with medals and ribbons for events, such as throwing the caber (a straw) and figure skating (making up your own dance to music).
- Create a camp newspaper. Mail it to your Commissioner or Camp Adviser.
- Furnish a miniature doll's house with furniture from nature.
- Make paper bag puppets and have a show.
- Learn new songs. Try some old ones, such as "School Days," and put some actions to them.

Time fillers

We all know that some girls love a little free time and can amuse themselves well. Others are looking for some sort of activity. Try some of the following when there are a few girls who have "nothing to do." These games can be played in a competitive way, eliminating players until you have a winner; but it is often more fun to let the girls help each other, and keep everyone playing. They are great for quiet time at camp or rest time during an excursion.

Agile, bold, cuddly cat

Each player repeats the sentence "I have an agile, bold, cuddly cat" and adds a new adjective in alphabetical order to describe this cat. If you have a bilingual or multilingual group, let the girls use adjectives in other languages.





Caregiver Information Meeting

As part of your camp planning complete the forms required by Safe Guide giving caregivers details of the activities at camp. Before an overnight camp, have a caregiver information meeting. This can be done in the last 15 minutes of a Unit meeting. This meeting gives you the opportunity to explain some of the details about your camp, your activities, required clothing and equipment, how to pack and prepare the girls, end of camp assistance, and to collect forms and fees. It also provides caregivers the chance to ask questions and clarify details. To engage older girls in the camp preparation, have girls present the agenda, activities, etc. to their caregivers.

Behaviour

GGC has a Code of Conduct that is based on the Promise and Law. (The Code of Conduct is in an appendix of Safe Guide). Review with everyone the Code of Conduct as the basis for behaviour expectations. Ensure that any non-Member volunteers attending the camp know their responsibility in following the Code of Conduct. The girls could create and present their own set of camp behaviour expectations to the caregivers.

Itinerary Overview

Review the itinerary and activities and describe the sleeping arrangements. Explain that girls will be given responsibility for tasks at the camp and give examples of the tasks.

Personal Gear and Equipment Lists

Distribute the gear lists and review them. Use this opportunity to ensure that caregivers understand the importance of appropriate clothing and bedding.

Arrival/pick-up times/carpooling

Be clear about expected arrival and pick-up times and discuss with the caregivers alternate plans in case they cannot pick up their child. Caregivers should be provided with maps and directions to the camp. Have them coordinate carpooling. Mark the gate to the location with signs or balloons.

End of Camp Assistance

Prepare for the end of camp by including in this meeting a discussion of the clean-up requirements and ask for volunteers to assist. For Spark and Ember camps caregivers may be asked to come in early to help with camp end tasks.

For tent camps, gear such as tents, tarps, and cooking equipment may need to be taken home by the girls to be cleaned and dried. You will need to review equipment care and packing.



Indoor Camping - Food and Nutrition

Developing a Menu Plan

Plan the menu in advance with the girls. Sparks and Embers can choose food that will be prepared by the camp staff (with the assistance of the girls), whereas Guide age girls and older can choose the food they are able to prepare and cook under supervision. Review the Health forms before planning, as it is essential to consider any allergies or dietary restrictions. Take into consideration campers' likes and dislikes, religious dietary restrictions and the cultural makeup of the group. (See the Special Dietary section below for additional information on allergies).

- When menu planning, follow Canada's Food Guide website. A good rule of thumb is a snack should have two food groups and a meal should have all four.
- Experienced Pathfinders can plan and shop for and cook their own food.
- Remember to consider the weather; for example, the need for hot foods, hot drinks and higher caloric intake in cold weather and lighter meals and extra fluids in hot weather.
- Try to plan meals that are not complicated and do not require a lot of prep time as cooking at camp should be fun and easy.
- Plan for flexibility in menus so that you can take into account the unexpected such as program taking longer than expected or weather changes.
- Plan for flexibility in cooking methods; for example, foil dinner on the campfire may have been planned, but due to a rainstorm, the meal can be cooked in a skillet on a camp stove.
- At camp, post the menu with the chore chart so that the girls know what meals they are responsible for and can plan accordingly.

Hydration

Food and water are important in providing the energy for an active life in the outdoors.

Ensure water is available at all meals and breaks. Encourage girls to carry a water bottle if they are going to be outside and active. If it is hot, water is better for quenching thirst than juice. In cold weather, taking in fluids is still important.





Sample Camp Menu Planning Template

Below is an example that can be used as a guide to help plan meals. Pathfinders and Rangers who are able to do their own meal planning may also want to use it. Some groups have brunch on Sunday instead of breakfast and lunch.

Meal	Menu Items	Equipment	Lead Person/ Cook or Patrol
Friday dinner			
Friday mug-up			
Saturday breakfast			
Saturday am snack			
Saturday lunch			
Saturday pm snack			
Saturday dinner			
Saturday mug-up			
Sunday breakfast			
Sunday lunch			

Food Quantities and Cooking Tools

Use your menu as the basis for your grocery and equipment list. In addition to groceries, think of the tools that you will need to cook or serve that meal. For example, if you are having fried eggs, you will need a frying pan, an egg flipper, perhaps oil or butter, spices or ketchup.

Be sure to include additional supplies such as tin foil, spare containers, dish cloths and towels, scrub pads, dish soap, bleach, hand sanitizer, matches, napkins, paper towel, etc.

Plan your quantities carefully to ensure adequate nutrition with few leftovers. Food contributions from caregivers can help ease the budget. Some groups ask for muffins, cookies, casseroles, etc. from caregivers. Be sure to discuss allergies and dietary issues with caregivers in advance if food is being contributed from home.

Make sure you have the condiments you need for each meal. For example, include ketchup, mustard and relish if you are having hamburgers as well as salt and pepper for general flavouring. It is wise to plan meals so that you use the same condiments for more than one meal. This helps keep costs down. For example, the ketchup for hot dogs can also be served with macaroni and cheese.

When you develop your grocery list you will need to compile and total items that carry over from meal to meal.

Here are some examples:

- Milk will be needed for breakfast cereal, for drinking with lunch one day and to make macaroni and cheese. You would need to calculate total quantities:
- 150 ml (1/2 of a cup) per person for breakfast cereal x 15 people = 2.25 liters
- 250 ml (one cup) per person for lunch x 15 = 3.75 liters
- 125 ml for macaroni and cheese = 125 ml (per box)
- For your grocery list you will put the total amount of 6.125 liters.

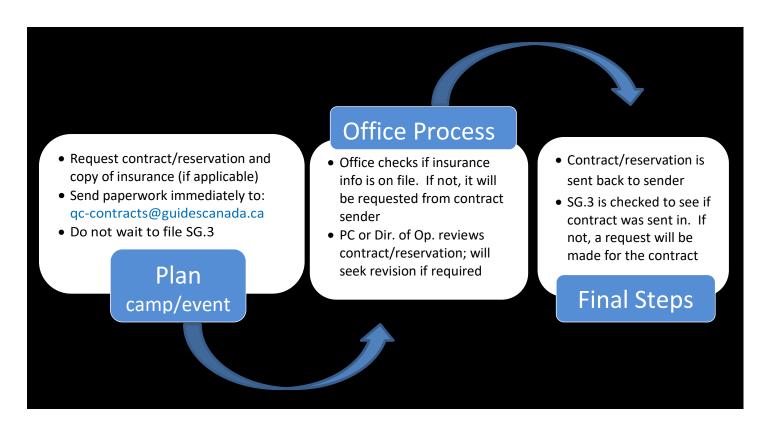
For sandwiches for lunch and French toast for breakfast, you will need to calculate the number of slices of bread for sandwiches (15 people x 2 slices = 30) and for French toast (15 people x 1.5 slices = 22.5 slices, assuming not everyone has two pieces). You will need 53 slices of bread. Check how many slices are in a loaf to determine how many loaves you will need.



Important Information for Contracts, Agreements, Reservations and Insurance

As a reminder, all contracts (for meeting space, sleepover locations, camp locations, etc.) **must** be signed by the PC or her designate (Director of Operations) - no exceptions. The agreement should include a summary of terms and conditions. Send them as early as possible to qc-contracts@guidescanada.ca.

GGC also requires **proof of liability insurance** in order to sign contracts. For facilities or service providers not regularly used by GGC, please request a copy of their general liability insurance (certificate or summary of policy) at the time the contract or rental agreement is negotiated. (The Director Operations will then keep a copy for future reference.)



CAMPS

Base de Plein Air Jean Jeune - Maison Gisèle-Auprix-St-Germain

150 Rue Grant, Longueuil, QC J4H 3H6

(450) 679-5017

https://jean-jeune.qc.ca/

Base de Plein Air St. Lazare

2800, chemin Lotbinière, Saint-Lazare, QC J7T 3H9

(450) 424-8000, ext. 287

https://lesforestiers.ville.saint-lazare.qc.ca/

Camp des Débrouillards. Arundel QC

76 Chem. de Barkmere, Arundel, QC JOT 1A0

+1 (877) 749-2267

Camp Pioneer

2538 Mnt de la Station, Sainte-Justine-de-Newton, QC JOP 1T0

(450) 764-3560

https://camppioneer.webs.com/

Cap St. Jacques Nature Parc

215 Cap-Saint-Jacques Road, Montreal, QC H9K 1C8

(438) 864-0759

pleinair@montreal.ca

Camp Wa-Thik-Ane (GGC)

240 Lac Bouchette Rd, Morin Heights, QC JOR 1H0 qc-propertybookings@girlguides.ca

L'Ile Bizard - St. Geneviève

2115 chemin du Bord-du-Lac, Montreal, QC H9C 1P3

(514) 280-6778

pleinair@montreal.ca

Notre Dame de Fatima

2463 boul. Perrot, Notre Dame de Ile Perrot, QC J7W 2K7

(514) 453-7600

https://www.pleinairfatima.ca/hebergement-de-groupes/info@pleinairfatima.ca

Parc de Domaine Vert

10423 Mnt Ste Marianne, Mirabel, QC J7J 2B1

(450) 435-6510

https://www.domainevert.com/services

Parc-nature du Bois-de-Liesse G.U.E.P.E.

3555, rue Douglas-B.-Floreani, Montréal (Québec) H4S 1Y6 (514) 280-6778

pleinair@montreal.ca

INVITE GUESTS

Trefoil Guild

Ellen Gauthier

<u>Quebec Native Women Inc</u>. (possible resource for Guest speaker) https://faq-qnw.org/a-propos/

Your local Yoga / fitness instructor/Police/firefighter etc.

OUTINGS

Arbraska Zip Lining (Several locations)

1 (877) 886-5500 Arbraska Website

<u>Biodome Montreal</u> (no sleepovers) https://espacepourlavie.ca/biodome

<u>Centaur Theatre</u> https://centaurtheatre.com/

Ecomuseum Zoo (no sleepovers) (514) 457-9449

Electrium 2001 Rue Michael-Faraday, Sainte-Julie, QC J3E 1Y2 (450) 652-8977 Website

John Abbott Pool

21275 Lakeshore Rd, Sainte-Anne-de-Bellevue, QC H9X 3V9 John Abbott Pool Website

Montreal Science Centre https://www.centredessciencesdemontreal.com/