

## WWWTA Wee Camp and Mom♥Me (2 nights)

### Personal Kit List

**EACH PERSON (Adult and Girl) requires each of the following equipment items**

**BEDROLL** which includes:

- 1 Warm sleeping bag
- 1 Insulating pad
- Extra lightweight blanket
- 1 groundsheet or plastic sheet
- 1 stuff pack for stuffing sleeping bag
- 1 pillow (optional)

**Bedroll MUST be in a stuff bag or rolled in plastic & tied with rope. NO GARBAGE BAGS**  
NO DOUBLE AIR MATTRESSES

**CLOTHING: Please check the weather report - July can be chilly at night**

- 3 t-shirts
- 1 long sleeve shirt or sweatshirt
- 3 sets of underwear
- 3 pairs of socks
- 1 pair of warm socks
- Camp hat for sun
- Swimsuit
- 1 pair of sturdy running shoes
- 1 good raincoat (with hood) and rain pants OR Reusable Rain poncho
- 2 pair of shorts
- 1 long pants (Not jeans)
- 1 Sweater or fleece
- 1 wind breaker (nylon jacket)
- 2 pairs of pajamas (1 warm/1 lightweight)
- Winter hat and light gloves
- 2 beach towels
- 1 pair of rain boots **A MUST**

*(Raingear should be water PROOF not just resistant)*

- Crocs/sport sandals *may come to camp for use ON-SITE as "slipper" type footwear. However **EVERYONE MUST** have close-toed RUNNING SHOES or BOOTS for activities. NO FLIP FLOPS*

**TOILET ARTICLES:**

- Toothbrush and paste
- Soap
- Non-aerosol insect repellent
- Face cloth
- Kleenex
- Comb, brush, elastics: **Hair must be tied up**
- Sanitary supplies/Sleeping pants
- Non-aerosol deodorant (adults)
- Sun screen & lip balm (unscented)
- Portable personal First Aid kit

**DISHES:** *(Strong non breakable dishes in a mesh bag (so air can flow through to dry them)*

- Plate, bowl, plastic mug for hot drinks, juice cup, knife, fork, soup spoon, tea spoon
- Dish towel (for drying)
- Oven mitt for outdoor cooking

**MISCELLANEOUS:**

- Leak-proof water bottle
- Flashlight and extra batteries
- Pencils and note book
- Whistle
- 6 clothes pegs
- Program Book (if you have)
- Camp blanket or poncho
- Sit upon (foam/ newspaper in plastic bag)
- Camera (optional)
- Plastic bag/stuff sack for dirty clothes
- 1 orange garbage bag (for camper)
- Small stuffed bed friend
- Reading book/cards, etc. for quiet time
- Daypack/knapsack (school bag size)

**MEDICATIONS – for Camper and MOM - MUST COME to camp in a closed NAMED bag (cosmetic bag, pencil case or ziplock) – all medication must be in original packaging or with prescription. This bag will be collected by our FIRST AIDER and stored in a lock box for safe keeping.**

- Benadryl** (topical or liquid) Girls often react to bug bites and having this on hand will alleviate the itchiness.

**ELECTRONICS including MP3/iPods, cell phones and tablets; MAKE-UP; JEWELRY; and SNACKS (gum, candy, etc.) are NOT PERMITTED OR NEEDED.**