

"This cardigan was designed by Mrs. Kirsten Engelstad of the Norwegian Y. W. C. A. - Guides, after the pattern of the "Setesdalskofte" which is part of an old Norwegian costume. Knitted in light brown and blue - the colors of the Guide uniform - the cardigan is much used by Guides and Guiders, both for winter sports as well as for summer camps."

Marie Graf
Chief Commissioner
Norges K. F. U. K. Speidere

The proceeds from the sale of these directions, a joint project of the Norwegian Guides and the North Atlantic Girl Scouts, will be contributed to the World Association of Girl Guides and Girl Scouts.

Directions may be purchased from:

NORTH ATLANTIC GIRL SCOUTS
APO 403, New York

or

Heidelberg Shopping Center
Czernyring
Heidelberg, Germany

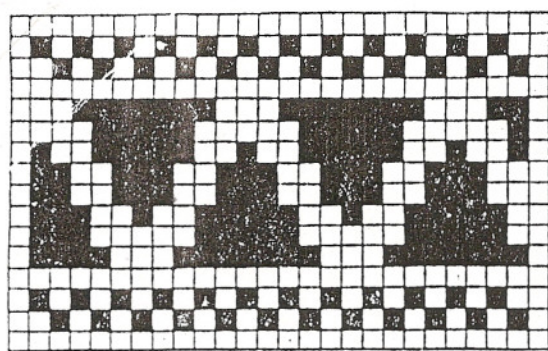
Price: with Guide buttons \$ 2.00
without buttons \$ 1.00

Translation done by Margaret S. Bode

Norges K. F. U. K. Speidere and the North Atlantic Girl Scouts

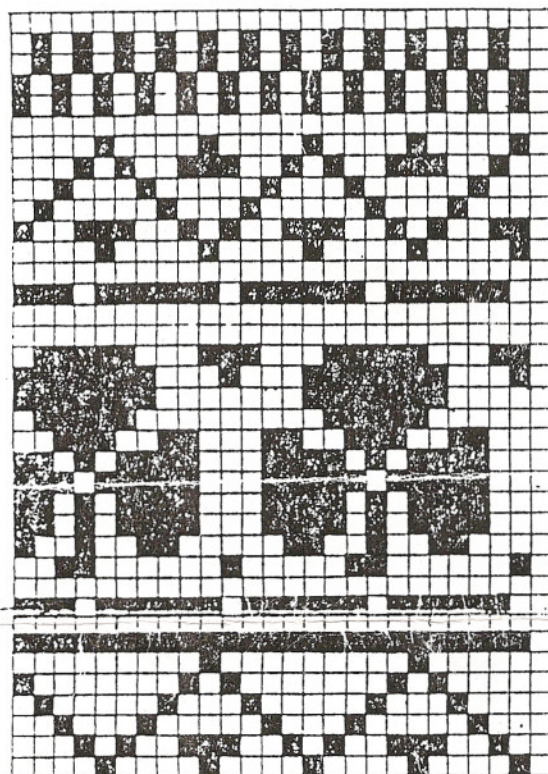


SPEIDERE GENSER - GUIDE SWEATER



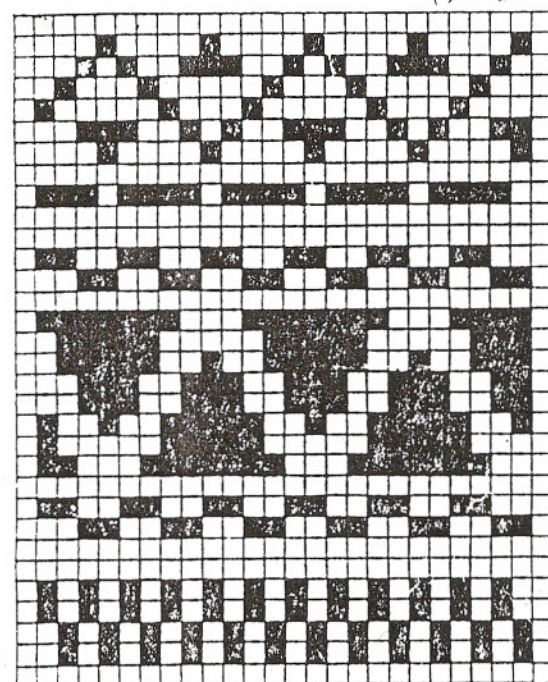
Border III

16 26



Border II

37



Border I

37 57

40g 10.7 gms 321g
SIZES: Directions are for size 36. Changes for sizes 38 and 40 are in parenthesis.

MATERIALS: Four-ply knitting worsted, 600 grams of one color and 200 grams of contrasting color (suggest green and white), or as 100 grams is approximately 3½ ozs, 21 ozs and 7 ozs. Straight needles size 2½ European or 4 American, two circular needles size 3 European or 5 American, 40 cm and 70 cm, or 16 and 28 inches long. 8 Buttons less than one inch wide.

GAUGE: 6 stitches equal one inch, 7 rows equal one inch.

THE JUMPER: Using straight needles cast on 170 (185—200) stitches of main color. Work K-1 P-1 for 7 stitches then P-2 K-2 across to last 7 stitches and K-1 P-1 to end of row. Continue working in ribbing but keep 7 border stitches the same. On 6th row work first buttonhole (K-1 P-1 bind off 4 stitches K-1) on right hand side. On 7th row cast on the 4 stitches over the cast off stitches, this completes the first buttonhole. Suggest these be worked every three inches up to neckline.

Continue ribbing until border is 3 inches, change to round needle and stockinette stitch. Increase to 210 (235—250) stitches, continuing borders to the end of the sweater. Knit Border No. I. Then knit 3 rows plain, then work first 7 border stitches, knit 3 stitches plain, knit next in contrasting color, do this across the row to border. This is called "lice". Repeat these 4 rows until you have completed 10 (11—12) lice then divide for sleeve openings.

Place ~~56(63—67)~~ stitches on holders for the two fronts. On the remaining 98 stitches (109—116) work 5 lice and 3 rows plain then work Border No. II. After working the back, work the two fronts the same remembering the buttonholes and borders. Either bind off or weave together the shoulder stitches. Starting at the left front shoulder weave 32 (38—41) stitches with 33 (38—41) stitches on left back shoulder, then do the same on the right shoulder. Place the remaining stitches, 80 (83—86), on the small round needle and work Border No. III for the collar. On the first row after finishing strip bind off the 7 border stitches on each side. Knit back, this will form the fold for the collar facing. Continue knitting for 16 rows then bind off loosely.

THE SLEEVES: Using straight needles cast on 44 (44—48) stitches and work ribbing, K-2 P-2 for 3 inches. Change to smaller round needle and stockinette stitch. Increase to 88 (90—96) stitches and work Border No. I.

Increase 6 stitches and knit "lice" as in jumper, 94 (96—102)

Increase 2 stitches each 8th row 8 times 110 (112—118)

Increase 2 stitches each 6th row 6 times 122 (124—130)

You now have a total of 25 lice, continue knitting until desired length for sleeve. Cast off.

FINISHING: Tie all threads, steam, sew collar lining down, set in sleeves and sew on buttons.

Our *Canadian Guider* magazine has printed knitting patterns with Trefoils several times in past years. But many people like to knit and so we are repeating it. June Whynot of Milton, Queens Co., N.S., reminds everyone of these patterns and suggests they can be adapted for sweaters, socks or whatever you like.

WHY NOT TRY THIS PATTERN?

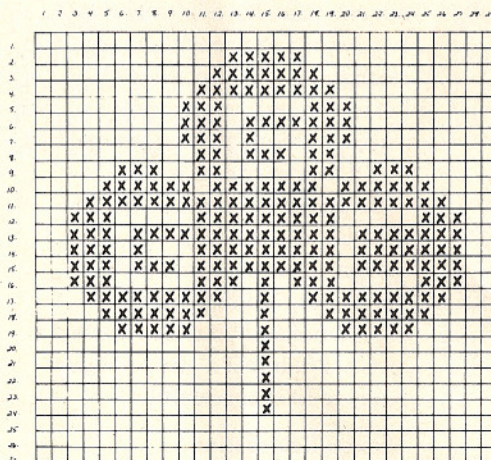
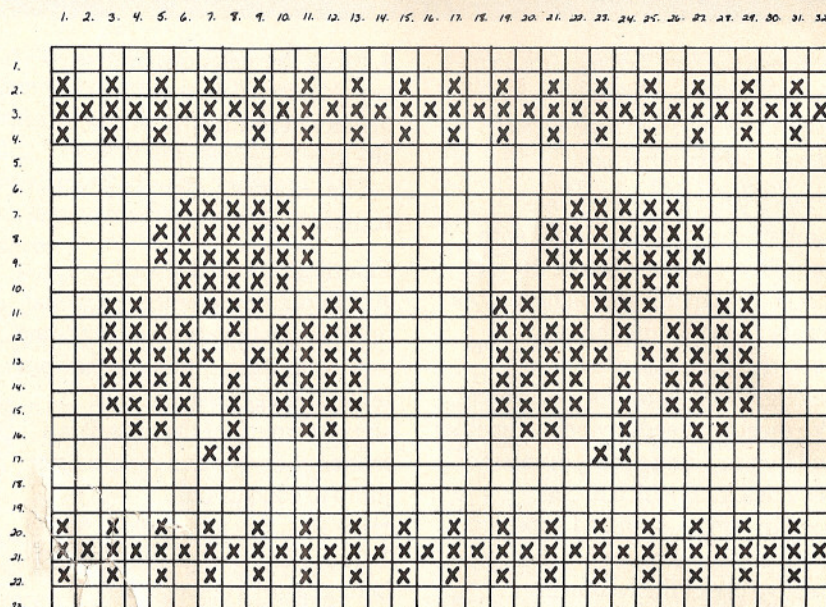
Knit yourself a Guide sweater or jacket by following along with our Trefoil design.

This pattern can be adapted for almost any garment. We like it used as a bottom edge, a few rows above the ribbing, on a plain, bulky jacket. Find a knitting pattern that you like and substitute this Trefoil design. Each Trefoil, spaced out, takes 16 stitches, and with the top and bottom edgings, is 21 rows deep.

We suggest blue background and yellow Trefoil for Guides, blue and green for Pathfinders, but Rangers might like white with red, and Cadets yellow and white.

PATTERN FOR TREFOIL CREST

- Colour of Trefoil crest: yellow for Guides, green for Pathfinders, white for Cadets, red for Rangers, etc., or your choice.
- Background colour and colour of letters, royal or navy blue, or your choice.



ANN TENNA

Dear Ann Tenna,

We are two friends. This September I am going to College. My friend is going to work. We are going to be very busy, and will not have time to attend Unit meetings. However, we want to maintain a contact with Guiding. How can we do this?

Mary and Sue.

Dear Mary and Sue,

We know this can be a very busy time in your life, and we have a branch in Guiding that is designed for young women just like you. It is called "Link" (formerly called "Trefoil") and is for young adults between the ages of 18 and 30.

P.O.R., section 308, says:

'Young adults between the ages of 18 and 30, who wish to maintain contact with Guiding, although unable to devote time to regular meetings, may register individually or in groups with their Provincial office, as members of Trefoil (Link). There

is no official uniform. Members are eligible to apply for International Events.'

Ann Tenna.

Do you have any questions for Ann Tenna? Write to Ann Tenna, Canadian Guider, Girl Guides of Canada, 50 Merton Street, Toronto, Ontario M4S 1A3.

We want to hear from you!