

Guiding Unit Planner

(A resource for multi-branch units)



Go Sparks Go!
Brownies Can Do It!
Guides on the Go!
Pathfinders: Listen, Learn, Lead, Live!
Senior Branches: Adventure & Independence

Guiding Unit Planner

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Active Living – Sports *(see also summer sports, winter sports)*

Being Me (Have guest do physical activities with the girls; Head & Shoulders/Toe Knee Chest Nut)
Going Outside (20 minute outside active game; Nature Walk; have a bike/inline skating parade)
Being Healthy (Move to the Beat; Heartbeats; Newspaper Skate; Meet at pool/skating rink/gym; Discuss Physical activity & Health)
Going Camping (Twenty minute hike; Water safety)
Aboriginal People in Canada (snowshoe or toboggan, play an Aboriginal game like lacrosse)
Key to Active Living (pulse, breathing; outside winter, spring, summer activities, outdoor game; active at home, active at school, favourite sport)
Go For It! (pulse before & after activity; play team game; 3 pieces of safe, active playground equipment)
Key to the Living World (walk; clean park; walk in 2 seasons; season game)
Help Our Planet (walk, public transportation, ride bike; walking bus)
Key to Camping (two active games)
Happy Hiking (2 x 2 km hikes, plan, Be Prepared Kit, Foot care, trail)
Which Way (Neighbourhood walk; 8 compass points/game; directions without compass)
Learn about Leadership 1 (Guides teach a sports skill)
Staying fit & Healthy 1-6 (hygiene routine/visit; healthy lifestyle ad or younger girl activity; healthy eating brainstorm/food guide comparison; weekly active living/chose a sport & plan skills development; positive statements/great to be me/self esteem presentation; media messages; fitness activity)
Fitness Fun (Brainstorm; 3 Week Log; Warm Ups; Stretches; 3 x 90 minute activities; 3 week 15 minute Strength routine; Class; Monthly Goals)
Try New Things 3 (try out a new sport, play with the unit)
Sport (participate sport season, equipment care; rules; fair play & competition; likes; safety; media coverage of male & female athletes; women in sport history; cheer)
Living Well – Active Living define; benefits; help people become active; strength/flexibility/endurance activity; vigorous activity; ideas; plan; unit commitment; new
Living Well – I Could be a Contender define athlete; meet local; salary; drug discussion; become athlete; warm up/cool down; nutrition & athlete; debate gym class
Living Well – Beyond Baseball jeopardy; inclusive&adapted sports; ideal; international; cost of equipment; safety gear; trivia game; unit sport event
A World to Discover – What’s Up Around the World sports/games/play; right to play
Creating Your Future – We’re a Team gym night
Core 18 Enhance your life with Active Living
Cadet /Junior Leader 11 Choose & lead a short Active Living activity
Ranger Active Living Embrace active living & take the message to your Guiding community

Animals *(see also Natural World, Environment)*

Being Me (draw your favourite animal; what is your favourite pet, name as many pets as you can, draw a picture of your fantasy pet)
Going Outside (Nature Walk; make & erect a bird feeder; create an animal craft)
In My Community (Vet clinic for pet care)
Exploring & Experimenting (Make Play Dough Animals)
Going Camping (Camping animal charades)
Pet Pals (care; animal activity, health; visit shelter/vet; bring pictures of your pet & tell stories)
Key to the Living World (animal homes; animal game, five natural objects; Water animals)
Bird Watcher (feeder out of recycles; ID for an hour; provincial bird; visit park, record birds)
Saving Our Plants & Animals (skit about endangered animals; zoo visit)
Key to Camping (insect bites; food storage away from animals)
I Can Be (character descriptions, animal charades, mime)
Horsepower (water/feed/groom/ride or drive a horse or pony; feeding & care; clean stable, tack; recognize horse malaise; temperament mgmt.; safety equipment; safety rules; take lessons/ride or go to a horseshow)
Bird Watching (three bird detail ID notebook; 3 other birds; feather types; nest etiquette; bird foods; migration; build a feeder; nature hike with sketch/pictures)
Ecology (zoo safari; career etc.)
Endangered Species (rare/endangered/extinct; 2 Cdn. animals/2 world species; reasons & solutions; habitats; living space; visual/zoo/media; cartoon/extinct; interview)
Farming (help/visit farm; 2 breeds; 2 crops; marketing; machinery; farming types; song/story; women in ag.)
Water (living water things; water site visit)
Pet Lover (handle/exercise/feed/groom/care; illness; food; daily care 1 month & laws; share interest; bring pet; share story; vet)
Plants & Animals sculpture; animal groups; visit zoo for diversity; domestic/wild; field ID)
Let’s Take it Outside – Up Close & Personal with Nature log/landscape/pond study; bird watching & feeding; invasive/endangered; track; zoo; enviro. initiatives
Exploring a Theme – From Dinosaurs to Vintage Cars maintaining zoo exhibit
Exploring a Theme – Getting Food on the Table where food comes from; food resources in lakes & oceans; food quiz game; world food night ; organic food
Let’s Take it Outside – Winter Wonderland penguins/polar bear
Let’s Take it Outside – Outdoor Know How animal encounters

Art (See also Crafts)

Being A Spark: (Make a rainbow picture with crayons, draw picture of you in your Spark uniform)

In My Community (Art Outing)

Exploring & Experimenting (Make Play Dough Animals)

Brownies & Beyond (draw a picture of yourself in a Brownie, Guide, Pathfinder etc. uniform)

Key to Me (who am I; fun alone pictures)

Key to My Community (look at samples of art – likes, art in public places in community)

Key to the Living World (make mural/paint picture about water)

Terrific Trash (recycled art)

Key to Camping (outdoor clothing mural; design an outdoor outfit)

Key to the Arts (Masks, knit/weave/appliqué; WAGGGS craft; memory book)

Artist at Work (list of questions; visit; watch an artist; try 2 different kinds of art)

All About Art (interview local artist; primary/secondary colours; visit art gallery; unusual media draw, sculpture; cartoon; computer collage)

Discover your creativity 4 (visit a local gallery & create a piece of art)

Art Production (Create: fantasy inspired; alternate material; primary & secondary colours; print; product design; mural; art show; inspired by a famous artist)

Provincial Heritage (Visit an art display by an artist from your province)

My Music, Movies & More – Rembrandt & company art gallery/museum; learn about artist; 20 questions; jeopardy; sketch/paint; sculpture; Cezanne; Warhol inspired

Let's Take it Outside – Winter Wonderland snow/ice sculpture

Cadet/Junior Leader 4 lead & evaluate 2 arts related activities

Ranger Creative Arts develop an appreciation of, & an interest or skill in, 1 or more of the arts

Be Prepared

Being Healthy (Safe Play, dress for the weather)

In My Community (Be Prepared kit – whistle, band aid, name label)

Going Camping (What to do if you get separated)

Key to I Can (Staying safe – booklet, call for help, stop/drop/roll; First Aid; Turn it on Safely)

Key to Active Living (saying no)

Key to Camping (safety rules; poisonous plants; insect bites; environmental sun/cold; Be Prepared kit & game (whistle, orange garbage bag, water, snack, wipes, band-aids, paper & pencil, safety pins, tissues, phone coins, phone numbers, safety message); camping know how; dressing right; act out being lost; Hug-A-Tree)

Happy Hiking (Be Prepared kit; foot care; plan for hikes)

Winter outside (cold injury; winter camping dress; outdoor activity; meals & snacks)

Understand how to be responsible 2 (be prepared kits & marketing plan)

Camp Out 9; Basic Camper 9; Experienced Camper A1: Be prepared plan

On My Own – Prepare for the Unexpected water/boat safety; winter break; disaster plan; fire prevention; fire physics/burn victim; shut off electricity & gas; emerg. help

On My Own – Safe at Home or Out & About personal safety; cyberspace; hazard charade; situations; self defense; community safety

Let's Take it Outside – Survivor Girl plan for emergencies; first aid course; first aid kit – review; make personal first aid kit; lost in woods; route plans; 3 elements of survival; building fires; wood burns; creating shelters; water purification; weather hazards; hypothermia; emergency prevention

Body

Being Me (Have guest do physical activities with the girls; Head & Shoulders/Toe Knee Chest Nut)

Being Healthy (Healthy eating, active living routine, bone building)

Key to Active Living (body skit; Germ Busting story, cleaning, clean brushes; sleep & dreams)

Smile Girl (talk to dental professional about health; smile collage; 1 week brush & floss chart)

Key to Girl Guides (how much have you grown in Brownies)

Staying Fit & Healthy 1, 2 (personal hygiene routine; ad campaign for healthy lifestyle)

Becoming a Teen (learn about body; differences boys/girls)

High On Life (natural high list; deterring smoking & drugs; media messages; health organization help; peer pressure; speech about addiction)

Body Works (body process; medical worker interview; health organization; pulse; optical illusion; fingerprints; arches; fat insulation)

Girl Stuff – Media & Image portrayal of women; photo enhancing; taking photos; favourite tv show message; historical; self-image campaign & out; body image mag

Girl Stuff – Girls Just Want to Have Fun – likes/passions? Create sport/game; cooking night; fun with arts; party; skin care; facials/masks

Living Well – Let Go & Chill Out – Pilates & yoga; exercise/fresh air; comfort foods; cigarettes/alcohol/drugs & stress; causes of stress; stress-release; organizations

Girl Stuff – Fashion Sense from Head to Toe different styles for different people; nail care; boutiques for fashion, hair, skin, etc; tanning

Bridging

Brownies & Beyond (Visit Brownies; Learn the Brownie Song; Read the Brownie Story; Advancement Ceremony; Thinking Day; Baden Powell story; hike with older girls; joint community service project with older girls; learn a funny song & teach it to older girls; make a hat craft & trade with older girl; draw a picture of yourself in a Brownie uniform; make a healthy snack & eat it with another unit)

Key to Camping (share your favourite campfire songs & chants with Sparks)

Key to Girl Guides (visit a Guide unit; plan event with Guides; lend a hand with Guides; Thinking Day; Share Memory book with Sparks; Draw picture as a Guide; Advancement ceremony; address book for friends)

Helping Sparks (visit a spark unit; learn names; teach song/craft; read a story)

Learn About Leadership 1 (help others learn a new activity)

Learn About Guiding 3, 5 (learn about branches of guiding; do something with Pathfinders)

Learn How to Plan 1 (plan & evaluate a party for younger children)

Try New Things 5 (teach an activity to Sparks or Brownies)

World Guiding (make game/activity for younger girls; food; Plan party/activity; Plan Ceremony for World Guiding)

Conservation (create conservation game for younger girls)

Dancing (create a dance routine for younger girls)

Singing (lead songs for younger girls)

Chemistry (help with chemistry activity for Sparks/Brownies)

Finding the Path – Bridging the Gap promo skit; younger game & party; getting to know you game; outdoor game; cookie selling safety for young; Guide/Scout week

Finding the Path – Beyond Pathfinders join invite; community recruit; joint activity, active living, community service with SB; recruit for SB; what SB is about

Exploring a Theme – Puzzle Me – puzzles/games/Bridging; puzzles/games- Sparks/Brownies

Creating Your Future – Find Your Inner Leader Leading Guides; Unit Jobs; leading your group

My Music, Movies & More – The Arts from A to Z teach craft/drama/song to Sparks

Cadet/Junior Leader 6 help the girls understand the next Guiding Branch up

Cadet/Junior Leader 10 help plan & carry out an activity with another unit

Ranger Guiding Service commit yourself & your skills to help others in Guiding

Camping

Going Camping (Camping Skit or Story, animal charades, plan camp, make a snack; Campfire; Twenty minute hike; Water safety; Compass directions – N, S, E, W, right, left; What to do if you get separated; Sleepover or 2-night camp)

Key to Camping (campfire, outdoor cooking, water safety; poisonous plants; insect bites; environmental injury; Be prepared kit & game; store food safely; set up a tent; 4 fun activities/2 active games; organize food & cooking duties; fashion show & design outdoor clothing; mural; lost outdoor drama; Hug-A-Tree; campfire share)

Going Camping (camping supply store; kit list; pack; keep belongings dry)

Be Aware (set/light fire with adult; know about fire; boiling water safety length; build simple shelter)

Winter Outside (dress; cold injury/fall through ice; outdoor winter activity; winter meals & snacks)

Team Together (2 camping activities with small & large team; 2 games; skills from teamwork)

Explore the Outdoors & Nature 5 (help plan a camping trip of at least 1 night – budget, food, program, kits)

Camp-Out (participate in – 1 night: kit, duties, bedroll, safety, meals, plan, outdoor activity, evaluation)

Basic Camp (two night: meal plan, kit plan, duties, safety, wide game, ceremony, nature, be prepared, evaluation)

Experienced Camper (four night: A: Be Prepared, Camp Skills; B: supervised independent camp experience)

Let's Take it Outside – Camping Here We Come choose/book site; personal gear; menu; tent setup/pre camp party; duties; skills list; winter camp; log camp skills

Cadet/Junior Leader 8 Participate with the Unit in planning & carrying out a camp

Ranger Camping broaden your camping skills & knowledge through a variety of camping experiences

Canada

The World Around Me (Aboriginal Craft; learn a WAGGGS song & 1 from Canada; listen to a story about people moving to Canada, Cross Canada Challenge)

Key to My Community (Proud to be Canadian – game; song; Picture of the Flag; Sing O Canada)

All About Canada (paint symbols on t-shirt; coins & symbols; provincial emblem collage; other possible symbols)

Aboriginal People in Canada (learn about regional Aboriginals; learn song/game; Copy aboriginal symbol & explain history; use Aboriginal invention & game)

Modern Canadian Inventions (four things – who, when invented; choose 1 – importance, visual)

Canada Sings (Canadian folk song – learn & teach)

Super Crafts (Aboriginal craft)

Heritage (Family Tree/Name meaning; Historical toy/food/song; National Park/Endangered Species; Historical research; Early Canadian Story/Community Legend; Famous Canadian research & project; Visit a Museum/Celebrate Heritage; Predict how Canada will change)

A World to Discover – Canada at your Doorstep travel plan; travel in Canada; budget; packing/weather; foot care; attractions; health; notarized letter; schedules; maps; Provincial websites; meet other Pathfinders; current destination events; journals & scrapbooks

Creating your Future – Be a Model Citizen explore citizenship; rights & responsibilities; gov't system; symbols; flags & procedures; anthem; oath; citizenship ceremony; invite new Canadian to join; know citizen in community; elected officials; ideal community

Ranger Canadiana promote an understanding & appreciation of Canada through research & increased awareness

Canadian Guiding

Brownies & Beyond (Thinking Day)

Key to Girl Guides (Thinking day; World centres; WAGGGS game; CWFF; Guide uniform, ceremony)

Learn about Guiding 2 (research, develop a game, make a presentation on Canadian Guiding)

Canadian Guiding (10 history facts; find out about other province Guiding; Lones, CUFS, Link, Trefoil etc; adult roles in Guiding; memories of Guiding; Resource files; Plan Ceremony or Event celebrating Canadian Guiding)

A World to Discover – Canada at your Doorstep travel plan; travel in Canada; budget; packing/weather; foot care; attractions; health; notarized letter; schedules; maps; Provincial websites; meet other Pathfinders; current destination events; journals & scrapbooks

Finding the Path – Broaden Your Horizons Guiding in Canada; all girl; WAGGGS initiatives; WAGGGS trivia; World Centre; CWFF; World Centre Songs; Guiding/Scouting & P&L in other

Core 13 Brainstorm membership promotion in Guides Canada, share ideas

Cadet/Junior Leader 6 help girls understand their immediate Guiding family

Careers

Being Me (Act out a career position you might like when you grow up)

Key to My Community (jobs in the community – six; dress up like you would like to when you grow up)

Key to STEM (people in science, invite to meeting, listen to story about scientist)

Discover what's important to you 4 (Career night)

Career Awareness (skill list; 2 career; 3 ads; interview skit; job shadow; career interview; think on your feet; improve skills)

Interest Badges related to career areas

Creating Your Future – Your Dream Career I wanted to be; future life; past opportunities; non-traditional jobs; compare future; like doing/good at – career options

Exploring a Theme – Computer Whiz careers; daily life

Ranger Future investigate your opportunities & discover your potential

Ceremony - Ceremonies at camp, during meetings

Being A Spark: (Enrolment, Opening/Closing Songs)

Going Camping (Campfire)

Brownies & Beyond (Advancement Ceremony; Thinking Day)

Key to Brownies (Enrolment ceremony; Grand Howl; Brownie Ring; Brownie Circle & Song)

Key to My Community (flag ceremony; ceremony from other faith/culture)

Key to Girl Guides (Advancement ceremony – plan, invitations & refreshments; Thinking Day)

Learn about Guiding: Enrolment

Campfire Leader (participate; show respect; learn 2 international; 2 historical songs; use skits, drama; plan & lead 15 minute campfire; good leadership; teach new)

Finding the Path – Choosing Your own Direction Promise & Law; ceremonies; choose activities; inclusion new; plan activity; plan Canada Cord; Faith/Spirituality

Let's Take it Outside – Outdoor Know How plan campfire; campfires for all

Core 11 Help plan & carry out a ceremony

Cadet/Junior Leader 2 help the unit to plan & participate in an enrolment or advancement ceremony; an opening ceremony & closing ceremony; a theme meeting

Cadet/ Junior Leader 13 plan & lead a sing-along or campfire

Citizenship

In My Community (Adopt a Sr. , sing songs; Get involved in a community project)

Brownies & Beyond (joint community service project with older girls)

Key to Me (Respecting others – manners; Helping others – act out situations)

My Hero (think about what makes someone a hero, who is your real life hero, read a story & share about a hero)

Key to My Community (neighbourhood events, service project; *see also Canada*)

Community Counts (help a neighbour; visit Sr. 's centre; community service; choose another service, do it)

Be involved in your community 1, 3, 4, 6 (local community issue; supporting your community service project; green connection service project; community involve)

Community Service Badges

Understand How to be Responsible 1 (design rules for situations/brainstorm citizenship & participate in event)

Discover your community 3, 6 (invite a leader of the community; any activity to discover community)

Outdoors in the city (community service event; learn about community etc.)

Creating your Future – Be a Model Citizen explore citizenship; rights & responsibilities; gov't system; symbols; flags & procedures; anthem; oath; citizenship ceremony; invite new Canadian to join; know citizen in community; elected officials; ideal community

Core 23 Case study – develop an action plan on citizenship issue

Cadet/Junior Leader 14 Help plan & carry out a service project with the Unit

Ranger Service commit yourself & your skills to help others over a period of time

Collecting & Special Things

Being Me (About me: bring a special item, tell what it means to you; Memory Book)

Key to Me (who am I booklet, my favourite things, treasure box)

Memories (time capsule, autograph book)

Special Thoughts (two week journal, share picture of an event, poem/picture of something special)

Cool Collecting (collect some things you enjoy in an album or box, share with your unit)

Family Heritage (share a special family treasure – tell its story)

Key to the Arts (memory book, craft by hand square etc.)

My Hobby (tell about hobby; bring in pictures/examples & share; try a new hobby & share)

Collecting (question hobby; 15 items; learn; display; clubs; help by collecting; clean up park; ask family about)

My Music, Movies & More – Join the Scrapbooking Craze learn about scrapbooking; supplies; memory page; take class; organize photos; use technique creatively

Communications & Media

Discussions about likes, traditions etc.

Key to Me (Being a Friend - friendship cards; Respecting others - manners)

Key to My Community (Advertising – 3 things; 2 messages; make an ad about Brownies)

Key to STEM (Keeping in touch – 3 methods, Internet privacy)

Communication is where it's @ (near/far communication; ASL for “make new friends”, create language; describe animal, ask to draw, write backwards; finger on back)

SSSS (use sound work/play; ID 6 sounds; Brownie phone)

Tell It (2 minute speech; retell story/joke to unit; debate/discuss an issue)

Build Skills in Communications 1-6 (communication game & feedback/skit about miscommunication; non-verbal; message comprehension; active/passive responses; communicate using arts; communication activity)

Business Communication (ads; letter; take message; flyer; write news story; newsletter; signal; visual)

Creating Your Future – I Have to Give a Speech Chamber of Commerce event; public speaking organizations & with unit; presentation; debates; speech from book

My Music, Movies & More – Movie Mania movie reviews; rating system; running a theatre; business; animation; write script; silent movie; premier old; short film

My Music, Movies & More – Be a Star being a star mean?; awards show – pick & plan; design an outfit; celebrity magazines; biography of celebrity

My Music, Movies & More – Camera Crazy photography basics; SLR cameras; photo shoot; review; record unit; create album

Core 16 Practice techniques for improving your communication skills

Computers

In My Community (you go girl in technology challenge)

Key to STEM (internet privacy)

Information Technology (talk about improvements/fun; internet use – four ways; 3 websites; safety rules)

All About Art (Computer photo collage)

Computer Skills (online safety; 3 uses, daily life; computer in business/computer career; parts of computer; 2 word processing works; 2 other works; use a software program; favourite websites/games)

Exploring a Theme – Computer Whiz learn about; new software; desktop publishing; graphics; presentation; games; special needs; service project; careers; daily life

Exploring a Theme – Web Surfin' internet safety; search engines; e-mail; chats; internet planned trips; scavenger hunt; website; interview others re: internet use

On My Own – Safe at Home or Out & About - safe in cyberspace

Creating Your Future – We're a Team web obstacle course

Core 21 How are modern technology, computers, science & math used in everyday life

Conservation (See also Water)

In My Community (Water, Clean Water)

Key to the Living World (nature walk; plant life; water conservation; conservation area; earth day; RRR)

Help our Planet (walk, bike, drive less; walking bus; 3 alternative sources of energy)

Taking Part (plant a tree/flowers; clean a park)

Saving Water (water & water conservation; help out with it; create a booklet about local water conservation)

Learn about our Environment 2 (learn about environmental leader, create infomercial on conservation)

Conservation (protect resource; visit & do conservation project; conserve water; 3 projects; protect environment; game for younger girls; community service projects)

Ecology (land use changes; relationship visual; bottle system; wide game; relationship activity; pests; zoo; career)
Recycling

Exploring a Theme – Our Environment eco-friendly goal; environmental art work; ecological footprint; Earth day; enhance green space; signs of people in environment; habitat changes; outdoor recreation impact; healthy waterways

Cookies

In My Community (spark cookie selling; be a safe cookie seller)

Key to I Can (Girl Guide cookies – plan how profit spent; ads; unit goals; practice selling cookies using skits)

Cookies, Yum (Safe Cookie Seller; cost, record keeping, change)

Learn how to plan 2 (Develop a Cookie Marketing Campaign including safety)

Finding the Path – Choosing Your own Direction selling cookies; community service; inclusion new; plan activity; plan Canada Cord; Faith/Spirituality

Cooking & Baking

Key to I Can (Turn it on safely –use appliances with supervision; Prepare party food)

Be a Chef (plan a meal, cook it, clean up; shopping list; food handling; names of utensils; cooking appliance use)

Kitchen Creations (3 day menu; shopping list, prepare 2 course meal; cooked breakfast; vegetarian meal; healthy fast food restaurant; special diet meal; international dish; accident prevention & hygiene)

Tasty Treats (bake 2; 3 recipe, healthy; no cook dessert; holiday; international; frozen; bake off; presentation)

On My Own – Now You're Cooking! Disasters & favourites; quick dinner prep; 3 course meal; presentation; gadgets; fresh fruit/veggies; safe food; review; show/chef

Crafts

Being Me: (Make a friendship bracelet or friendship sticks)

The World Around Me (WAGGGS Crafts; Aboriginal Crafts; Make a puppet)

Brownies & Beyond (make a hat craft & trade with older girl)

Key to Me (Who am I; My favourite things – treasure box; Fun alone)

Key to I Can (tool girl – fix & make, sewing magic- make a craft, make wrapping, wrap)

Wood Works (safety rules, use 2 tools, build mobile/chime/birdhouse/bird feeder/kite/treasure box)

Number Magic (use math to make craft/sew clothes or make model)

Terrific Trash (recycled craft)

Bird Watcher (make a bird feeder)

Key to the Arts (knitted/woven/appliquéd square; memory book; WAGGGS craft; Masks – make & play)

Super Crafts (knit/sew/quilt/sculpt; aboriginal craft; recycled craft; paper craft; wood/box/carton toy; kite; calligraphy)

Puppet Play (paper bag/sock puppet; marionette; WAGGGS holiday play; stage/scenery for play)

Learn about Leadership 1 (Guides lead a craft)

Creative Craft (two woven; wood carving; 3-D; jewelry; toy; historical research; doll clothes; craft for display)

A World to Discover – Around the World At Home crafts from 2 countries

Girl Stuff – Focus on Friendships friendship crafts

My Music, Movies & More – The Arts from A to Z learn a craft; teach craft to Sparks;

Cadet/Junior Leader 4 lead & evaluate 2 arts-related activities; **5** lead & evaluate a visual aid

Cultural Awareness/Diversity

The World Around Me (Diversity meeting; Birthdays around the World; listen to a story about a child in a WAGGGS country; make up a story about a girl in a WAGGGS country; learn a song from a WAGGGS country & 1 from Canada; Make a puppet; listen to a story about people moving to Canada, Snack from WAGGGS country, Cross Canada Challenge)

Key to My Community (Diverse celebrations; diverse snacks)

Aboriginal People in Canada (regional Aboriginals; learn song/game; Copy aboriginal symbol & explain history; use Aboriginal invention; Play an aboriginal game)

Family Heritage (interview older relative; locate origins on map; family treasure; share traditional family food)

Your Day (birthday celebration; other girls birthdays; other country birthday; I'm special poster/presentation)

Special Days (symbol of a celebration from other culture; interview; share celebration; invent new celebration)

Key to Active Living (Fabulous food – try a new food from different country)

Discover your community 1 (learn about cultural group in community, invite a guest/group sharing of culture)

Cultural Awareness (learn about someone from a different culture; special things about that culture; similarities; play a game; create a memento of the culture; special message; immigration experience; thank you for exchange)

A World to Discover – Around the World At Home international dances; crafts from 2 countries; official languages of UN; music; cultural exchange; traditional dress; international evening; other faiths/places of worship; false assumptions of Canada

Cadet/Junior Leader 6 help the girls understand the same age group in another WAGGGS country

Ranger Cultural Diversity develop an understanding of different cultural values & relate them to yours

Dancing

Being Healthy (move to the beat)

Key to the Arts (WAGGGS song & dance)

Share your talent for Dance (warm up/cool down; ballet/jazz/folk dance; new dance & teach; wear costume)

Build Skills in Communication 5 (communicate emotions through dance)

Dancing (international; historical; classical; popular; create your own; create a dance routine for younger girls; dance party; express mood through dance)

Music Fan 2 (dance to a song you like)

A World to Discover – Around the World at Home international dance

My Music, Movies & More – The Arts from A to Z learn a dance style;

Cadet/Junior Leader 4 lead & evaluate 2 arts-related activities

Design/Aesthetics

My Space (draw a picture of your room now, & how you would like it; 3 organization ideas)

Key to Camping (design outdoor outfit using unusual colours/shapes; make a mural)

Design your own Space (room pictures; shoebox dream room; 2 plans & budget; decoration; organize clutter; wall finish; fabric decorating; create a TV show)

Fashion (historical; clothing purge; design & wear; machine sewing; fashion show; likes; budget; international)

Performing Arts 5 (design costumes & props)

Picture This (three camera types; photos; edit; illustrate a book; videotape a skit; career; scrapbook; experiment)

Becoming a Teen (experiment with appearance)

Recycling (decorate a T-shirt or bag to show why recycling is important)

Girl Stuff – Fashion Sense from Head to Toe styles for different people; favourite outfit, why? & fashion show; trends; runway fashion/design outfit; design underwear; nail care; boutiques for fashion, hair, skin, etc; tanning; Pathfinder style book; go to mall

My Music, Movies & More – The Arts from A to Z facelift for bedroom; decorate a cardboard box as a room

My Music, Movies & More – Be a Star being a star mean?; awards show – pick & plan; design an outfit; celebrity magazines; biography of celebrity

Ranger Creative Arts

Drama

Going Outside (act out 3 rainy day activities, sunny day activities, snow activities; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

Going Camping (Camping Skit or Story, animal charades)

Key to Me (Respecting others – manners skit; Helping others – situations)

Key to I Can (safety, first aid skits; cookie selling skits)

Listen to this (good audience; skit about audience skills; attend a play & show good manners)

Key to Active Living (body skit; play restaurant owners; saying no skit)

Key to STEM (skit about scientist)

Exploring Space (act out a space story)

Key to the Living World (act out weather report)

Saving our Plants & Animals (endangered species skit)

Key to Camping (act out what you would do if you were lost, discuss different situations)

Key to the Arts (skit/play/rap/puppet show of Brownie story; charades, mask play)

I Can Be (character description; animal act out; mime)

Puppet Play (paper bag/sock puppet; marionette; WAGGGS holiday play; stage/scenery for play)

Build Skills in Communication 5 (communicate emotions through drama/mime)

Discover your Creativity 3, 5 (act out a dramatic presentation/play a game of theatre sports; play charades)

Understand how to be responsible 4 (skit on responsible choices)

Performing Arts (skit/show 2 emotions; take part; watch live show; 2 creative acts; design costumes & props; perform song; make puppet & show; act out a character)

Picture This (videotape a skit)

Interpreting (skit/order a meal in different language; skit about visiting another language)

My Music, Movies & More – The Arts from A to Z dramatic skit; improv games; see a play; write a play teach craft/drama/song to Sparks; write TV commercial

Cadet/Junior Leader 4 Lead & evaluate 2 arts-related activities

Environment (See also Conservation, Water)

Going Outside (20 minute outside active game; Nature Walk; Picnic; Earth Day Project; 3 rainy day activities, sunny day activities, snow activities; make & erect a bird feeder; create an animal; create an edible aquarium; have a bike/inline skating parade; Hug-A-Tree program; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

In My Community (Water, Clean Water)

Key to the Living World (nature walk; plant life; water all around; celebrate earth day – pollution, game, cleanup; reduce, recycle, reuse – sort, compost, take recycling out, reuse something; weather; seasons – game)

Terrific Trash (recycle craft; 2 things to recycle & reuse at home)

Help our Planet (walk, bike, drive less; walking bus; 3 alternative sources of energy)

Saving Our Plants & Animals (skit about endangered animals; zoo visit)

Water, Water everywhere (track drinking, cooking water, do water experiment)

Taking Part (plant a tree/flowers; clean a park)

Saving Water (water & water conservation; help out with it; create a booklet about local water conservation)

Be involved in your community 4 (Green connection environmental service project)

Learn about our Environment 1-6 (seasonal hike; environmental organization & infomercial; water; observation games/natural environment; world family collage/natural disaster; environmental activity)

Ecology (land use changes; relationship visual; bottle system; wide game; relationship activity; pests; zoo; career)

Endangered Species (rare/endangered/extinct; 2 Canadian plants/two Canadian animals/two world species; reasons & solutions; habitats; living space; visual/zoo/media; cartoon/extinct; interview)

A World to Discover – What's Up Around the World clean water/international boundaries; NGO's; WAGGGS Rights; UN days; changing environment;

Exploring a Theme – Our Environment eco-friendly goal; environmental art work; ecological footprint; Earth day; enhance green space; signs of people in environment; habitat changes; outdoor recreation impact; healthy waterways

Core 8 Discuss a local issue concerning wildlife or a natural resource.

Events – planning, participating

Being A Spark (Plan a special event for the unit using the money they make selling cookies)

Key to Brownies (Enrolment Ceremony, 2 stars & a wish)

Key to I Can (party planner – invite, menu, activities, food, make it happen)

Key to Girl Guides (Advancement Ceremony – plan, invitations & refreshments)

Learn how to plan 1 (Guides plan party for younger girls)

Discover your Community 3 (participate in a community event)

Event Planning (committee; invite; menu/plan; hold event & evaluate; create list; lead game; host; make video)

World Guiding (Plan party/activity; Plan Ceremony celebrating World Guiding)

Dancing (plan & do a dance party)

Fashion 5(fashion show)

Music Fan (music awards party; musical evening)

Creating Your Future – Event Planning select event/set date; list jobs & equipment; budget; timeline; publicize your event; set responsibilities; evaluation

My Music, Movies & More – Be a Star what does being a star mean?; awards show pick & plan awards show; design outfit; celebrity magazines; biography of celebrity

Core 11 (ceremony); **Cadet/Junior Leader – any; Ranger Guiding Service**

Exploring & Neighbourhood

Going Outside (20 minute outside active game; Nature Walk; Picnic; Earth Day Project)

In My Community (Be Prepared Kit, Neighbourhood Walk, Cookie Selling, How to play safe in the yard; Block Parent/Neighbourhood Watch; Street-Proofing; trips to police station; trip to fire station; trip to Sr. home, sing songs, adopt a Sr. ; community project)

Key to My Community (neighbourhood talk & walk, events; jobs; art; celebrations)

Key to the Living World (neighbourhood clean up, RRR)

Which Way (8 compass points, play game; ID directions without compass; neighbourhood walk, make map)

Discover your community 2, 4 (create a community map/discover organization; building accessibility chart)

Exploring (plan & do 2 outings; pack backpack; lost strategy game; map; compass; story; equipment etc.)

Outdoors in the city (visit nearby town/city; parks/trails; kit list/menu; wildlife; careers; guided walk; community service event; outdoor activity)

Heritage (Historical research; Early Canadian Story/Community Legend; Visit Museum/Celebrate Heritage etc.)

Collecting (clean up park)

Let's Take it Outside – Finding Your Way street map; trail map; topographical map; compass use; orienteering; GPS; geocaching/letterboxing; map the stars

Faith, Spirituality & Peace

Being Healthy (Learn a song about being thankful for food)

Key to My Community (celebrations of diverse cultures/faiths; share a snack & story from faith/culture)

Discover what's important to you 3 (Reflections)

Faith Awareness (regularly worship or celebrate spirituality; service project; Guides' Own with unit; Explain Promise to a New Guide; Art or Craft to explain beliefs to unit; Different Faiths; Worship in a different place; learn more about your Religion or Spirituality)

Peace (Collage; Poster; Song; Prayer or Poem; Symbols; Promote Peace; Learn about World Leader/Interview someone who helps heal from violence; Peace Rally/Remembrance Day Ceremony)

Religion in Life Badges

Finding the Path – Choosing Your own Direction inclusion new; plan activity; plan Canada Cord; Faith/Spirituality

A World to Discover – Around the World At Home other faiths/places of worship

A World to Discover – What's Up Around the World define peace; kind of world in future

Family

In My Community (talk with family about safe play in yard, at home, on the street)

Key to Me (Who am I booklet)

Girlfriends through time (draw picture of mom/grandma fashion, ask what mom/grandma did as a girl etc.)

Family Heritage (interview older relative; locate origins on map; share family treasure; share a family food)

Heritage (Family Tree/Name meaning etc.)

Collecting (ask family about collection)

Becoming a Teen (interview family about teen experience)

Girl Stuff – Relationships & Values & Choices making good decisions – boys; family relationships; relationship with parents

Feeling Good - Esteem

Being Me (About me; Memory Book; Favourite Things)

Key to Me (Who am I; feel proud; Favourite things; Respecting Others; Being a Friend; Fun Alone; Helping others)

Special Thoughts (two week journal, draw picture & share, poem/picture about something special)

Your Day (Birthday celebration; I'm special presentation)

Key to the Arts (Memory book, also my hobby badge)

Be Involved in your Community 2 (declaration of young people's rights)

Discover what's important to you 6 (share what is important to you)

Discover your Creativity 6 (do any activity of your choice to discover your creativity)

Stay Fit & Healthy 5 (positive statements/self esteem/media messages)

Feeling Good (De-Stress Kit; Journal; Activity list; Article; Meditation; Spa night; Stress Mgmt.; Career)

Girl Stuff – Girls Just Want to Have Fun – likes/passions? Create sport/game; cooking night; fun with arts; party; skin care; facials/masks

Fire Building

Be Aware (set up/light campfire with adult; oxygen/heat/fuel; boil drinking water safety; build shelter)

Camp-Out; Basic Camper; Experienced Camper

Outdoor Cooking (cook on fire, fire starter, woodpile)

Outdoor Adventures (cook on hike; safe place for fire/fire rules)

Exploring a Theme – Everything Comes from STEM fire as a chemical process

Let's Take it Outside – Survivor Girl building fires; wood burns

Fire Safety

In My Community (Outing to the fire station)

Key to I Can (Call for help, emergency phone number, stop/drop/roll; safety booklet)

Key to Camping (campfire, outdoor cooking safety)

Camp-Out; Basic Camper; Experienced Camper

Fire Safety (three elements of fire, causes, different type, smoke danger; describe how to put out fire with & without extinguishers; describe what to do to prevent, when fire starts, if clothing catches on fire, contact fire department; home escape plan, test smoke detector; becoming a firefighter; sound alarm; panic prevention; help)

Outdoor Cooking 8 (fire safety, accident prevention)

On My Own – Prepare for the Unexpected water safety; safe boating; winter breakdown; disaster planning; fire prevention; invite firefighter; why fire works/burn victim; shut off gas/electricity at home; help in emergency

First Aid

Being Healthy (Safe Play – call for help; Band Aids)

Key to I Can (Staying safe – call for help, EMS, 911; First Aid – what to do, booklet, guest, clean/bandage a scrape)

Key to Camping (Be Prepared kit, sunstroke/sunburn/frostbite/hypothermia; insect bites, poisonous plants)

Learn about Safety 1, 2 (falls, 911, personal precautions, bleeds, burns, bruises, frostbite, stabilizing limbs; kits)

First Aid (check, getting help, limitations, ABC's, stabilize, infection, First Aid kit, rescue breathing, nosebleed)

On My Own – First Aid take course, EMS out & about, what to do at scene; invite medic to demonstrate; first responder skits; kits; home 1st aid kit

Let's Take it Outside – Survivor Girl first aid course; first aid kit – review; make personal first aid kit; wood burns; water purification; weather hazards; hypothermia; emergency prevention

Core 5: Standard First Aid

Future

Being Me (Act out a career that you might like to have when you grow up)

Brownies & Beyond (Visit Brownies)

Memories (time capsule, autograph book)

Key to Girl Guides (Visit Guides; bridging; pick out Guide uniform; draw a picture of yourself in Guides)

Learn how to plan 3 (life goal plan)

Understand how to be responsible 5 (demonstrate responsibility for a pet/plant/child for a month – puppet care)

Discover your community 5 (time capsule for Pathfinder advancement)

Career Awareness (skill list; 2 career; 3 ads; interview skit; job shadow; career interview; think on your feet; improve skills)

High On Life (natural high list; deterring smoking & drugs; visit police for breathalyzer & drunk driving info; media messages; health organization help; peer pressure; speech about addiction)

On My Own – Be an Expert Babysitter benefits of course; developmental stages; tips; toys; diversity; special needs; careers in child care; selling yourself; resume

Core 12 How can Guiding help prepare you for your place in today's society & your future?

Core 19 Develop your own resume

Cadet/Junior Leader 3 set up & maintain a personal resource file of program activities

Ranger Future investigate your opportunities & discover your potential

Getting Along - Friends

Being A Spark: (Friends, Crystal's New Friend Story; Bring A Friend to Sparks, Getting to Know You Game)

Key to Brownies (Getting to know you: welcoming song, game & find out what friends like to do)

Key to Me (My favourite things survey; respecting others – manners; Being a friend – cards, likes, bring a friend)

Key to Girl Guides (address book for e-mail/phone numbers & stay in touch; memory book)

Learn about leadership 2 (scenarios, games on group dynamics)

Build Skills in Communication 4 (brainstorm problems of living together, solving)

Discover what's important to you 5 (secret friend party)

Girl Stuff – Focus on Friendships qualities, good & bad of friend; PJ party; listen & learn, share yourself; befriending; best friends; friendship crafts; inclusion

Creating Your Future – We're a Team ice breakers; gadget teamwork; volunteer as a team; gym night; web obstacle course; straight rod team activity

Cadet/Junior Leader 12 Plan & carry out a friendship-themed activity based on the Promise

Growing Up

Brownies & Beyond (Visit Brownies)

Key to Girl Guides (Visit Guides; bridging; pick out Guide uniform; draw a picture of yourself in Guides, advancement; how much have you grown in Brownies)

Understand How to be Responsible 6 (any activity to demonstrate how to be responsible)

Becoming a Teen (learn about body; differences boys/girls; interview family; presentation; list of positive/negative; boy & girl friends; emotional independence; experiment with appearance)

Girl Stuff – Hot Topics for Youth why girls become pregnant; STD's; help those with HIV/AIDS; anti discrimination policy & laws for HIV/AIDS/ awareness campaign; World AIDS day; youth forum; healthy relationships

Girl Stuff – Relationships & Values & Choices making good decisions – boys; family relationships; bullying; peer pressure; choosing friends; values/decision making; tv values; relationship with parents

Guiding History

Brownies & Beyond (Thinking Day; Baden Powell story)

Key to Brownies (Brownie Story, Toadstool Story)

Key to Girl Guides (Thinking Day, World Centres, CWFF, Guide-Scout Week)

Learn about Guiding 1 (B-P story, origins)

World Guiding (learn about B-P)

Exploring a Theme – From Dinosaurs to Vintage Cars mini Guiding exhibits

Cadet/Junior Leader 15 Commonwealth award 1 – history of Guiding

Healthy Eating

Being Healthy (Healthy snack relay; Healthy breakfast; Bone Building Challenge, Fruits & Vegetables, discuss Eating & Health)

Brownies & Beyond (make a healthy snack & eat it with another unit)

Key to Active Living (Fabulous food – plan/eat meal with unit; make menus, try a new food from different country)

Food Power (define & eliminate junk food, visit store, food handling; try new fruit/veg., donate healthy food)

Stay Fit & Healthy 3 (Brainstorm food choices/plan food lists; Canada's Food Guide)

Healthy Eating (Food Guide/eating comparison; serving collage; ad; read labels; pantry label scavenger hunt; body needs of food groups; nutrient games; healthy eating community programs)

Kitchen Creations (3 day menu; shopping list, prepare 2 course meal; cooked breakfast; vegetarian meal; healthy fast food restaurant; special diet meal; international dish; accident prevention & hygiene)

Living Well – We Are What We Eat exploring new foods; nutrition facts label; balance food & activity; fresh/frozen/canned/dried food; create a nutritious party menu; Food Guide Game

Hiking

Going Outside (Nature Walk)

Going Camping (Twenty minute hike/What to do if you get separated)

In My Community (Neighbourhood Walk)

Brownies & Beyond (hike with older girls)

Key to the Living World (nature walk, walk in 2 different seasons)

Happy Hiking (2 x 2km hikes; plan where to go & kit; Be prepared kit; foot care; lay trail)

Learn about our Environment 1 (seasonal nature hike)

Hiking (4 hikes; safety plan; record 3 hikes; backpack; 2 hike menus; minimum impact; compass; courtesy; 1 km hike)

Outdoor Adventures (hike & meal; first aid kit; outdoor knowledge; courtesy; 800 m trail & signs etc.)

See also Outdoor Activity

Let's Take it Outside – Out on the Trails! Fitness level/being fit for adventure; foot care; equipment/skills for canoeing/kayaking; gear & budget; equipment & budget; practice trip; what's in a pack; emergency response plan; go on adventure; store & maintain gear

History & Folklore

My Hero (think about what makes a hero; who is your real life hero; read a story about a hero & share it)

Girlfriends through time (mom & grandma fashion & customs, read a story about another time & share it)

Key to the Arts (square craft; Canadian folk song, learn & teach; WAGGGS song)

Folklore (Visit a Museum/Listen to a Storyteller; Create a craft & a visual presentation about a folktale or hero; Tell a Canadian Legend; Learn 2 Canadian Folksongs& teach; Make up a Story in a Group; Tell a story about you; tell scary stories)

Heritage (Family Tree/Name meaning; Historical toy/food/song; National Park/Endangered Species; Historical research; Early Canadian Story/Community Legend; Famous Canadian research & project; Visit a Museum/Celebrate Heritage; Predict how Canada will change)

Campfire Leader (learn 2 historical songs etc.)

Dancing (historical & classical dance)

Fashion 1 (historical)

Provincial Heritage (Read a poem or story; Learn your provincial song; Visit an art display; Provincial & Community name; Early history presentation; Historical Craft/skill; Visits; Provincial Symbols & Flag)

Heritage Home Skills (preserves; smoke food/make cheese or bread; create or mend; spin/make soap/dye; bee; historical art; historical toy; visit museum/antiques/historical landmark)

Exploring a Theme – From Dinosaurs to Vintage Cars virtual tour of museum; museum visit; create a model schoolhouse; living museum; maintaining zoo exhibit; museum-related job; volunteer at museum; mini-Guiding exhibits

Home Skills *(see also Cooking & Baking)*

Going Outside (make & erect a bird feeder)

Key to I Can (around the house – chores, help friend with chore, keep room tidy; name appliances, check for safety, use appliances; repair toys or clothing with help, make item; make a gift using sewing, make wrapping paper, wrap)

Wood Works (safety rules, use 2 tools, build mobile/chime/birdhouse/bird feeder/kite/treasure box)

Key to the Living World (plant life; water; RRR)

Terrific Trash (recycle craft; reuse & recycle 2 things at home)

Key to the Arts (knit/weave/appliqué a square)

Lend a Hand at Home (help with spring cleaning/renovation; help fix something at home)

No More Mess (organize room; recycle outgrown clothing)

Try New Things 2 (home repairs, repair clothing, tool use)

Discover your creativity 2 (fabric, yarn or thread to create something)

Fashion (machine sewing etc.)

Needlework Skills (sew button & hem; mend; pattern sew; knit & purl; crochet; needlepoint; embroider; machine)

Heritage Home Skills (preserves; smoke food/make cheese or bread; create or mend; spin/make soap/dye; bee; historical art; historical toy; visit

museum/antiques/historical landmark)

Life Skills (appliance care & use; 3 hand tools, 1 power tool; 2 week chores; garbage disposal/recycling; garment care; laundry 1 week; cheque/deposit/withdrawal slips; life skill activity)

Recycling (recycling stations, 1 moth; compost; deposit recyclables/visit recycling; game; art; local places to implement; new ways to reduce, reuse, recycle/less packaging; recycling decoration)

On My Own – Skills for Around the Home plan dinner; set table; grocery shop; laundry; repair clothes; household task; cleaning; natural cleaning products; handywoman; yard work & service

Ranger Independent Living discover some of the necessities of daily living

International & Languages (see also WAGGGS)

The World Around Me (Diversity meeting; Birthdays around the World; WAGGGS Crafts; Aboriginal Crafts; listen to a story about a child in a WAGGGS country; make up a story about a girl in a WAGGGS country; learn a song from a WAGGGS country & 1 from Canada; Make a puppet; listen to a story about people moving to Canada, Snack from WAGGGS country, Cross Canada Challenge)

Pen Pals (choose a country with brownies, find out what they're called & uniform; make a doll from that country)

Key to My Community (celebrations; snacks)

Special Days (celebrations; interview & share snack from other country)

Communication (learn "make new friends" in ASL; make up a secret language)

Key to the Arts (Craft from WAGGGS country; song & dance from WAGGGS country)

Key to Girl Guides (Thinking Day; WAGGGS Game; four world centres; CWFF)

Learn about our Environment 5 (World family display, disasters, NGO research)

Interpreting (identify countries for 3 languages; five phrases; Alphabet, count 1-10 & ASL (12 words); skit/order a meal; translate lyrics; write poem; play game to help learn language; skit about visiting another language)

Campfire Leader (learn 2 songs from other countries)

World Guiding (learn about B-P; similarities of 5 WAGGGS countries; make game/activity for younger girls; food; learn about WAGGGS country; World Centre; Plan party/activity; Plan Ceremony celebrating World Guiding)

Traveling (Organization; Find information for trip plan; Traveler's Cheques; Schedule reading, luggage; Passport; Currency conversion; Packing; Go on a trip & share the experience)

Dancing 1 (do an international dance)

Fashion 8(show an international fashion)

Kitchen Creations (make an international dish)

Tasty Treats (make an international baked item)

A World to Discover – Around the World At Home international dances; crafts from 2 countries; official languages of UN; music; cultural exchange; traditional dress; international evening; other faiths/places of worship; false assumptions of Canada

A World to Discover – What's Up Around the World international youth day; sports/games/play; right to play; clean water/international boundaries; NGO's; Rights of the Child; WAGGGS Rights & responsibilities; UN days; changing environment; define peace; kind of world in future

A World to Discover – Going Global passport; phrases; currency exchange; problem solving travel; precautions to avoid sickness; time zones/jet lag/24 hour clock; customs allowable items; dealing with lost passport; different customs; what's going on in world when traveling

Exploring a Theme – Getting Food on the Table where food comes from; food resources in lakes & oceans; food quiz game; world food night ; compare with other countries; organic food

Core 15 Discuss the current year's travel opportunities; investigate independent group travel

Cadet/Junior Leader 6 help the girls to understand the same age group in another WAGGGS country

Ranger Global Awareness understand global issues & identify ways they could be addressed

Inventing

Exploring & Experimenting (Make Goofy Inventions)

Modern Canadian Inventions (four things, who, when invented; choose 1 & make model, discuss importance)

Special Days (invent a new celebration, plan & celebrate it)

Discover your creativity 1 (tool, toy or product)

Design your own Badge (unique subject; within Promise & Law; extensive enough; unit activity; safety; program)

Inventing (brainstorm 10/ combine 2; 20 modern inventions; ask five different careers about problems, brainstorm solutions; improve or replace item; new product show; create sketch/3-D/prototype; ad; research 2 inventors)

Exploring A Theme – Puzzle Me puzzles/games- bridging & Sparks/Brownies; raise \$ to donate; card tricks; riddles; memory map; logic puzzles

Ranger Science & Technology explore science &/or technology & how they are used in today's world

Knots

Key to Brownies (Tie the Brownie tie (reef knot))

Understand the Promise, Law, Motto 5 (reef knot)

Explore the Outdoors & Nature 4 (knots, gadgets & set up a tent)

Sailing (figure 8, bowline etc.)

Creating Your Future – We're a Team gadget teamwork

Let's Take it Outside – Knots, Knives & Outdoor Lore outdoor fabric; rain at camp; knots; Swiss Army Knife; make gadgets; weather lore; weather career

Law & Police

Going Outside (Hug-A-Tree program)

In My Community (Street Proofing, Block Parent/Neighbourhood Watch; Outing to Police Station)

Key to Camping (Hug-A-Tree or demonstrate survival skills)

Key to Active Living (saying no)

Law Awareness (requirements for career; contact police; local laws knowledge; situations; curfew/Block Parent/Neighbourhood watch; tour of station/visit to unit; video slumber party with justice theme; mock trial)

High On Life (natural high list; deterring smoking & drugs; visit police for breathalyzer & drunk driving info; media messages; health organization help; peer pressure; speech about addiction)

Exploring a Theme – Secret Agent 007 fingerprints; police station tour; forensic science jobs; outdoor searching; mystery party; write a code; design a maze

Core 6 Know your Provincial Protocol for Disclosure of Child Abuse

Leadership

Tell it (two minute speech; retell story; debate/discuss an issue important to you)

Learn about Leadership 1-6 (help others learn new activity; group dynamic game; outdoor activity; leadership quality discussion; responsibility assessment; leadership activity)

Child Care (babysitter booklet; safety cards; age characteristics; toy check; activity box; read five children's books; observe a child; make a flyer for your business)

Creating Your Future – Find Your Inner Leader styles & skills; working group; humor; 6 thinking hats; Robert's rules; Leading Guides; Unit Jobs; leading your group

Creating Your Future – Lending a Hand non profits; service project to support foundation; kids helping kids; charity event; food bank volunteer; service project

On My Own – Be an Expert Babysitter benefits of course; developmental stages; tips; toys; diversity; special needs; careers in child care; selling yourself; resume

Core 17 What leadership skills are required for a group to function as a team?

Cadet/Junior Leader 9 Prepare & lead a game relating to a program challenge; whole program

Ranger Leadership to develop & improve self-confidence & leadership skills

Literacy & Writing

Being A Spark (Crystal's New Friend Story, Crystal's Dream Story)

The World Around Me (listen to a story about a child in a WAGGGS country; make up a story about a girl in a WAGGGS country; listen to story about moving to Canada, The New Girl Story)

Being Healthy (listen to a story about being healthy)

In My Community (outing to the library)

Exploring & Experimenting (Listen to a Space story)

Going Camping (Camping Skit or Story, Crystal Goes Camping)

Brownies & Beyond (Read the Brownie Story, the Night Walk)

Key to Brownies (Brownie Story, Toadstool Story)

Key to Me (read & tell a story about friends helping each other)

My Hero (read & share a story about a hero)

Special Thoughts (keep a 2 week journal, write a poem about something special)

Girlfriends through time (read & share a story about another time, explain how things are different now)

Exploring Space (Read a story about Roberta Bondar or another female astronaut)

Hurrah for Reading (read six different books/magazines/short stories; favourite book review; poster for favourite book; draw a new cover of the book)

Write on (Write a poem; short story about Brownies; ad for a Brownie event; e-mail/write a penpal)

Picture This (illustrate a book)

Reporting (jobs & process; write announcement; account; censorship; photojournal; interview; cartoon; newsletter)

Reading (read Canadian; poetry; fantasy/fairytale; series; different genre; different author; book club; library card)

Writing (1000 word story; interview/essay; letter; verse/poem; different ending; story starters; writer; group story)

Postal (address; costs; special services; wrap parcel; post office location, hours & post box)

Business Communication (ads; letter; take message; flyer; write news story; newsletter; signal; visual)

Science (write or read science fiction story)

Many other story telling opportunities in interest badges

My Music, Movies & More – The Arts from A to Z dramatic skit; improve games; see play; write play; write a TV commercial; share songs & music you enjoy

Cadet/Junior Leader 15 Commonwealth 9 – creative writing

Money & Business

Money Talk (choose item – cost, budget; make a plan to obtain money; open bank account & save for something)

Learn how to plan 4, 5 (manage money/household expenses; business plan)

Fashion 7 (budget)

Life Skills (cheque/deposit/withdrawal slips; life skill activity)

On My Own – Moneywise bank/credit union; bank accts; debit & credit cards; budget; costs inhouse; holiday budget; unit treasurer; charity bazaar; budget \$50

Core 20 investigate financial services

Music & Singing

Being A Spark (Spark Opening & Closing Songs)

Being Me (Head & Shoulders)

The World Around Me (learn a song from a WAGGGS country & 1 from Canada)

Being Healthy (Twinkle, twinkle, little Spark)

In My Community (sing Spark songs at a Seniors home)

Exploring & Experimenting (Make Musical Instruments, sing count song mark each number)

Going Camping (Campfire)

Brownies & Beyond (Learn the Brownie Song, learn a funny song & teach it to older girls)

Key to Brownies (Brownie Opening & Closing Songs, Circle Song, Welcoming Song)

Key to My Community (learn a song about Canada, sing O Canada)

SSSS (make a musical instrument from everyday materials, learn a campfire song & sing it with instrument)

Key to the Living World (water song)

Key to Camping (share favourite campfire songs & chants with Sparks)

Key to the Arts (Canadian folk song; WAGGGS song)

Share your Talent for Music (learn Canadian folk song; play/sing 2 types of music; make up your own song; make musical instrument out of recycles)

Campfire Leader (learn 2 songs from other countries; learn 2 historical songs; use skits, plan & lead 15 minute campfire; teach a new song etc.)

Provincial Heritage (Learn your provincial song etc.)

Outdoor Adventures (learn a grace or hiking song, teach it if you wish)

Music Fan (music awards party; dance; career info; make instrument; recent history; different types of music; intensive listening; musical evening)

Performing Arts 6 (perform a song)

Singing (round; 3 songs; karaoke; singalong; teen idol; lead songs for younger; careers; perform as a group)

A World to Discover – Around the World At Home music from other countries

Exploring a Theme – Everything Comes from STEM music recording

My Music, Movies & More – Get Musical Karaoke; bands/choirs/orchestras; different types; awards – Juno review; Canadian Artist; concert for Seniors; Write a song

My Music, Movies & More – The Arts from A to Z teach craft/drama/song to Sparks; share songs & music you enjoy

Cadet/Junior Leader 13 Plan & lead a sing-along or campfire

Natural World

Going Outside (20 minute outside active game; Nature Walk; Picnic; Earth Day Project; 3 rainy day activities, sunny day activities, snow activities; make & erect a bird feeder; create an animal; create an edible aquarium; have a bike/inline skating parade; Hug-A-Tree program; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

In My Community (Neighbourhood Walk)

Exploring & Experimenting (Find North star & 1 constellation)

Key to STEM (ID four constellations, North Star)

Key to the Living World (nature walk, animal game; plant seeds, plant root; draw seed sprout picture; conserve water, explore desert, water picture, song, water area, plants & animals; pollution, environment game, clean up; Sort garbage; compost, recycling, reuse; weather symbols, report, map; season chart, game, walk, evergreen)

Explore the Outdoors & Nature 1 (Participate in an outdoor activity & find 5 things in nature that interest you)

Learn about our Environment 1, 4 (Nature study each season; explore nature, observation game)

Bird Watching (three bird detail ID notebook; 3 other birds; feather types; nest etiquette; bird foods; migration; build a feeder; nature hike with sketch/pictures)

Ecology (land use changes; relationship visual; bottle system; wide game; relationship activity; pests; zoo; career)

Naturalist (natural environments; living thing ID; food & ecology; walk; Kim's game; definitions; creep; tracking)

Water (source & purification; improve supply; quality; living water things; water site visit; Guides' Own etc.)

Astronomy (define; solar system; direction; star map/movement; ancient tale; find five; moon observe; telescope)

Let's Take it Outside – Up Close & Personal with Nature observe fallen log; life in small land/waterscape; pond study; use of plants; harmful plants; tree & flower study; bird watching ;bird feeding station; invasive species; endangered species; track observation; visit zoo; local initiative

Cadet/Junior Leader 7 help the girls enjoy & learn from an outdoor activity

Ranger Outdoors

Organizing/Planning

Being A Spark (plan a unit activity with the money you make selling cookies)

Being Me: 2 Stars & a Wish

Going Camping (plan camp – act it out – what food, what animals will Sparks see, what will Sparks do?)

Key to Brownies (Two Stars & a Wish)

Key to Me (Who am I –things to try; Fun alone – plan an activity)

My Space (three room organizing ideas)

Key to I Can (around the house: tidy room; Party Planner – invite, menu, food, activities, make it happen)

No More Mess (organize room; recycle outgrown clothing)

Learn about leadership 5 (task chart)

Learn how to plan 1-6 (party for younger children; cookie campaign; life goal chart; budget; business plan; planning activity)

Learn about safety 5 (Be Prepared Plan)

Understand how to be responsible 3 (goal planning)

Try New Things 1 (action plan for a new activity)

Design your own Space 5 (organize clutter)

Fashion 2(clothing purge)

Collecting (help by collecting)

Girl Stuff – Organize This time mgmt.; effects of disorganization; help get organized; professional; tools/devices; task tracking; design organization product

My Music, Movies & More – The Arts from A to Z bedroom; decorate cardboard box as room

Core 10 Investigate 1 method of program planning & use to plan & evaluate a challenge

Cadet/Junior Leader 1 participate in long & short term planning sessions with the unit; whole program

Outdoor Activity

Going Outside (20 minute outside active game; Nature Walk; Picnic; Earth Day Project; 3 rainy day activities, sunny day activities, snow activities; make & erect a bird feeder; create an animal; create an edible aquarium; have a bike/inline skating parade; Hug-A-Tree program; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

Being Healthy (Safe Play, dressing for the weather, outdoor meeting)

In My Community (Neighbourhood Walk)

Going Camping (Twenty minute hike; Water safety; Compass directions – N, S, E, W, right, left;)

Key to Active Living (winter, spring, summer outdoor activities, outside sport to try)

Key to the Living World (nature walk, water area; clean up; take recycling out, season walk)

Winter outside (dress for winter camping; frostbite/skin on metal/fall through ice/hypothermia; winter outdoor activity with snacks/meal)

Taking Part (plant a tree/flowers; help clean up a park/green space)

Learn about leadership 3 (Guides design outdoor activity)

Explore the Outdoors & Nature 1-6 (participate in outdoor activity & find five things; cookout & weather; compass, map & trail signs; knots, gadgets & tents; camping trip: budget/food/program/kit; outdoor activity)

Learn about our Environment 1, 4 (seasonal hike/nature study; explore nature & play an observation game)

Exploring (plan & do 2 outings; pack backpack; lost strategy game; map; compass; story; minimal impact; equipment)

Outdoor Adventures (hike & meal; first aid kit; cooking; game; song; outdoor knowledge; courtesy; trail & signs)

Exploring a Theme – Creating a Garden plan community garden; photos/fundraise for garden, visit store; discuss project; finalize design; 2 on-site work days; prepare site; plant small plants; duty chart; evaluation

Let's Take it Outside – Knots, Knives & Outdoor Lore outdoor fabric; rain at camp; knots; Swiss Army Knife; make gadgets; weather lore; weather career

Let's Take it Outside – Outdoor Know How day trip away from civilization; animal encounter; leave no trace; weather forecasting; canoeing/kayaking skills

Core 9 Participate in an outdoor service activity

Cadet/Junior Leader 7 help the girls enjoy & learn from an outdoor activity

Ranger Outdoors develop your knowledge & appreciation of the natural environment through outdoor activity

Outdoor Cooking & Eating

Going Outside (Picnic; create an edible aquarium)

In My Community (snack on neighbourhood walk)

Going Camping (make a camping snack)

Cookout (plan location, menu; list of ingredients/utensils; prepare & serve meal)

Winter outside (winter meals/snacks to keep warm)

Explore the Outdoors & Nature 2 (hold a cookout, learn about weather)

Outdoor Adventures (hike & meal; cooking; courtesy etc.)

Outdoor Cooking (breakfast/lunch/dinner; firestarter/alternate cooker; oven; woodpile; stove & fuel; store food/know about water treatment; wash up/dispose of garden; accident prevention & safety)

Let's Take it Outside – Outdoor Know How day trip away from civilization; cooking ideas; energy food; plan campfire; campfires for all; animal encounter; leave no trace; water safety; weather forecasting; canoeing/kayaking skills

Personal Exploration

Being Me (About Me show & tell; Spark Memory Book; favourite colour/favourite season/favourite animal; What do you want to be when you grow up; physical activity; women's history; 2 stars & a wish)

Key to Me (Who am I – things to try; I feel proud - discussion; My favourite things – discussion & treasures; Respecting others – manners; Being a Friend – discussion, likes, cards; Fun alone – plan activity, draw picture)

Special Interest badges for all Keys

Discover what's important to you 2, 3 (Journal; Reflections)

Try New Things 6 (demonstrate something new you have tried)

Living Well – Be Glad You're YOU how see yourself; see physical self; uniqueness; personal statement in art; 2 minute sound off video; how you wear your clothes

Girl Stuff – Girls Just Want to Have Fun – likes/passions? Create sport/game; cooking night; fun with arts; party; skin care; facials/masks

Core 3 Set a personal challenge & carry it out

Plants

Going Outside (Nature Walk; Earth Day Project; 3 rainy day activities, sunny day activities, snow activities; Hug-A-Tree program; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

Being Healthy (Explore fruits & vegetables, seeds)

Key to the Living World (nature walk, plant seeds, plant root; draw seed sprout picture; explore desert, plants & animals; compost; season chart with plants, evergreens)

Grow your Garden (ID 3 tools, use; make terrarium out of recycles, plant; grow a plant from a bulb)

Key to Camping (poisonous plants)

Explore the Outdoors & Nature 1 (go on an outing & discover 5 things in nature that interest you)

Endangered Species (rare/endangered/extinct; 2 Canadian plants etc.)

Farming (help/visit farm; 2 breeds; 2 crops; marketing; machinery; farming types; song/story; women in ag.)

Forestry (major groups; 3 forest types; goods; mgmt. & conservation; enemies; visual; Canada forest travel; career)

Gardening (Garden five species for a season; soil; protection/tools; show; career; design; plant show; decoration)

Wildflower (two habitats; 3 edible; 3 harmful; provincial floral emblem; endangered; garden; flower arrangements; public garden & poem)

Plants & Animals (list plant products/try new plant/use seeds; propagate a plant; plant nourishment; sculpture; visit zoo for diversity; domestic/wild; field ID)

Exploring a Theme – Creating a Garden plan community garden; photos/fundraise for garden, visit store; discuss project; finalize design; 2 on-site work days; prepare site; plant small plants; duty chart; evaluation

Exploring a Theme – Getting Food on the Table where food comes from; food resources in lakes & oceans; food quiz game; world food night ; compare with other countries; organic food

Let's Take it Outside – Up Close & Personal with Nature observe fallen log; life in small land/waterscape; pond study; use of plants; harmful plants; tree & flower study; bird watching ;bird feeding station; invasive species; endangered species; track observation; visit zoo; local initiative

Promise/Law/Motto/Unit Structure

Being A Spark: (the Spark Promise, Sign; meeting Opening & Closing Songs; Enrolment; Enrolment Ceremony & Celebration; Pictures of Sparks in uniforms)

Key to Brownies (Learn Promise, Law, Motto, Sign; Enrolment ceremony; Grand Howl; Brownie Ring; Story, Toadstool Story; Brownie tie; Brownie Circle & Song)

Understand the Promise, Law, Motto 1-6 (learn, understand demonstrate meaning of Promise & Law; participate in patrol leader election; Motto skit & day strategy; Sign & Handshake; Knots; enrolment ceremony after 3 meetings)

Learn About Guiding 4 (Patrol code of participation)

Finding the Path – Choosing Your own Direction Promise & Law; ceremonies; choose activities; community service; inclusion new; plan activity; plan Canada Cord;

Creating Your Future – Find Your Inner Leader leadership styles & skills; working in a group; humor; 6 thinking hats; Robert's rules; Unit Jobs; leading your group

Core 1 relate how our Promise & Law & purpose statement fulfill the Essence of the Fundamental Principles

Core 2 attend a given number of meetings as established by the unit

Core 4 make or reaffirm the Guide Promise, adding your purpose statement

Safety (See also Fire Safety, First Aid, Sports)

Going Outside (Hug-A-Tree program)

Being Healthy (Safe Play, Band Aids)

In My Community (Street proofing, Be Prepared Kit)

Going Camping (Water safety; What to do if you get separated)

Key to I Can (Staying safe; First Aid; Turn it on Safely- appliance naming, safety, use)

Key to Camping (campfire/outdoor cooking/water safety; Be Prepared kit)

Learn about Safety 1-6 (Basic First Aid, EMS; First Aid Kit, colouring book; safety campaign; safety posters/fire safety audit; Be Prepared Outing Plan; Safety Activity)

Boat Safety (lifejacket/PFD; care; boat needs under 5.5 m; float plan; weather forecast/weather signs; describe reaching assist; rescue breathing;

EMS; HELP; alcohol/drugs & boating; swim 75m with PFD; board boat; test stability; entering water from boat; get into boat from water; demonstrate reaching assist)

Canoe Safety (Boat Safety badge; paddle & clothing; parts of canoe & care; position & trim; demonstrate balance, capsize & signal, empty & right, launch, forward & reverse stroke/check/forward & reverse sweep, draw, pry or push away, bow & stern stroke differences, stern J stroke)

Fire Safety (three elements of fire, causes, different type, smoke danger; describe how to put out fire with & without extinguishers; describe what to do to prevent, when fire starts, if clothing catches on fire, contact fire department; home escape plan, test smoke detector; becoming a firefighter; sound alarm; panic prevention; help)

First Aid (check, getting help, limitations, ABC's, stabilize, infection, First Aid kit, rescue breathing, nosebleed)

Streetwise (make map, read map, design colouring book, puppet show, brainstorm safety tips, game, take self defense, collage of different media messages)

On My Own – Prepare for the Unexpected water safety; safe boating; winter breakdown; disaster planning; fire prevention; invite firefighter; why fire works/burn victim; shut off gas/electricity at home; help in emergency

Let's Take it Outside – Out on the Trails! Fitness level/being fit for adventure; foot care; equipment/skills for canoeing/kayaking; gear & budget; equipment & budget; practice trip; what's in a pack; emergency response plan; go on adventure; store & maintain gear

Let's Take it Outside – Outdoor Know How day trip away from civilization; cooking ideas; energy food; plan campfire; campfires for all; animal encounter; leave no trace; water safety; weather forecasting; canoeing/kayaking skills

Science, Technology, Engineering, Math

Exploring & Experimenting (Make Play Dough Animals; Goofy Inventions; Musical Instruments; Listen to a Space story; Find North star & 1 constellation; Build a Paper Airplane; Build a machine propelled by the air from a balloon, sing a counting song & mark each number)

Modern Canadian Inventions (four things – who, when invented; choose significant invention, make model)

Key to STEM (people; 2 experiments, repeat experiments; sweep & vacuum hard floor – which better; beat & vacuum area rug – which better; vacuum carpet – any other way; build with blocks; space story/game/legend)

Number Magic (math importance, five everyday ways; historical arithmetic; game; count girls with characteristics)

Exploring Space (ISS & Canadarm; Space destination; Planetarium/observatory; astronaut story; space game/skit)

Making Things Go (batteries/cars/planes/electricity; before electricity; build something with light & battery)

Water, Water Everywhere (do a water experiment)

Try New Things 4 (think about how technology affects your life & create experiments relating to STEM)

Aeronautics (4 types; ID parts; air traffic/airplane; visit airport/museum; 3 paper airplanes; glider; kite & party)

Astronomy (define; solar system; direction; star map/movement; ancient tale; find five; moon observe; telescope)

Body Works (body process; medical worker interview; health organization; pulse; optical illusion; fingerprints; arches; fat insulation)

Chemistry (polymer; chemical reaction; invisible ink; chromatography; pH; magic; activity with Sparks/Brownies; activity of your choice)

Computer Skills (online safety; 3 uses, daily life; computer in business/computer career; parts of computer; 2 word processing works; 2 other works; use a software program; favourite websites/games)

Engineering (define/types; ID work; tools/assemble/disassemble/repair; engineering topic activity; constructions; circle check of car/dashboard ID; draw/program plan room/garden; build structure for cup hanging)

Physics (water drops; energy; friction; kaleidoscope; light combination; prism; convex lens; physics activity)

Plants & Animals (list plant products/try new plant/use seeds; propagate a plant; plant nourishment; sculpture; animal groups; visit zoo; domestic/wild; field ID)

Science (three areas/careers; technology; five daily; chemistry; physics; hands on museum/science fair; science/art; write or read science fiction story)

Weather (map & prediction; station/meteorologist; cloud type & presentation; game; instrument; fog; weather front; cloud/lightning)

Exploring a Theme – Secret Agent 007 fingerprints; police station tour; forensic science jobs; outdoor searching; mystery party; write a code; design a maze

Exploring a Theme – It's About Time timekeeping devices; different calendars; archeological sites; geology; time capsule; history & clothing; stages of life; timeline

Exploring a Theme – Galactic Adventures celestial objects; about space; Bondar; model spacecraft; stargazing/telescope; constellation map & myths; movie/tv

Exploring a Theme – Everything Comes from STEM jellybean puzzle; fire as a chemical process; math puzzles; science in life; how science has changed how we live; technology & rocket; scientific method test water proof vs. water resistant; music recording

Core 21 How are modern technology, computers, science & math used in everyday life?

Ranger Science & Technology explore science &/or technology & how they are used in today's world

Street Safety

Being Healthy (safe play, safety discussion)

In My Community (Street Proofing, Be Prepared Kit)

Key to I Can (staying safe indoors & outdoors; make booklet; 911)

Streetwise (make map, read map, design colouring book, puppet show, brainstorm safety tips, game, take self defense, collage of different media messages)

On My Own – Safe At Home or Out & About personal safety; safe in cyberspace; hazard charades; personal safety sits; self defense; community safety

Core 7 Know what to do if 1 of your peers is talking about suicide

Summer Sports *(See also Active Living)*

Going Outside (20 minute outside active game; 3 rainy day activities, sunny day activities; have a bike/inline skating parade)

Being Healthy (meeting at swimming pool, dressing for the weather)

Going Camping (Water Safety)

Swim, Skate (plan a swimming party, learn a new skill in swimming)

Wheels (safety equipment, helmet, working wheels, store & maintain, road signs, start/stop/move/signal/check)

Swimming (water safety; throwing assist/reaching assist; rescue breathing; dive; 150m swim; stride entry; 2 minute tread water; PFD exercises including HELP, Huddle, roll & tread)

Sailing (Boat Safety badge; PFD; parts of a sailboat; terms; clothing; safety; figure 8, bowline; safely board; prepare for sailing & put away; sail with instructor; weather)

Boat Safety (lifejacket/PFD; care; boat needs under 5.5 m; float plan; weather forecast/weather signs; describe reaching assist; rescue breathing; EMS; HELP; alcohol/drugs & boating; swim 75m with PFD; board boat; test stability; entering water from boat; get into boat from water; demonstrate reaching assist)

Canoe Safety (Boat Safety badge; paddle & clothing; parts of canoe & care; position & trim; demonstrate balance, capsize & signal, empty & right, launch, forward & reverse stroke/check/forward & reverse sweep, draw, pry or push away, bow & stern stroke differences, stern J stroke)

Cycling (helmet; riding safety demonstration; road/weather hazards; traffic rules; maintenance; bike trip; community event; careers in cycling)

Let's Take it Outside – Out on the Trails! Fitness level/being fit for adventure; foot care; equipment/skills for canoeing/kayaking; gear & budget; equipment & budget; practice trip; what's in a pack; emergency response plan; go on adventure; store & maintain gear

Values *(see also Faith, Spirituality & Peace)*

Key to Brownies (Do Your Best & Lend A Hand)

Discover what's important to you 1 (value brainstorm)

Understand How to be Responsible 4 (visual presentation on making responsible choices)

High On Life (natural high list; deterring smoking & drugs; visit police for breathalyzer & drunk driving info; media messages; health organization help; peer pressure; speech about addiction)

Girl Stuff – Relationships & Values & Choices making good decisions – boys; family relationships; bullying; peer pressure; choosing friends; values/decision making; tv values; relationship with parents

Water

In My Community (Water, Clean Water)

Going Camping (Water Safety)

Key to the Living World (Water all around – conserve, deserts, picture, song, area, water body description)

Water, Water Everywhere (track drinking & cooking water – 1 day; water experiment)

Saving Water (water & water conservation projects; help out; booklet about local water conservation)

Learn about Safety 3 (safety campaign)

Learn about Our Environment 3 (water use, water conservation, visit a water body, celebrate water day)

Water (pollution; source & purification; improve supply; quality; leisure activity; living water things; water site visit; Guides' Own)

On My Own – Prepare for the Unexpected water safety; safe boating; help in emergency

A World to Discover – What's Up Around the World clean water/international boundaries;

Weather

Going Outside (three rainy day activities, sunny day activities, snow activities; think about trees & act how they would feel in the rain, in the wind, losing leaves, in the winter, with squirrels running up & down, with new buds in spring)

Being Healthy (dressing for the weather)

Key to the Living World (watch weather report; act out; maps; season – chart, evergreens, game, walk in 2)

Weather Tracker (track weather for the day; weather chart for the day; weather watcher tool – 1 week)

Exploring the Outdoors & Nature 2 (hold a cookout & learn about weather – dressing for it, how to stay dry & warm, condensation, weather patterns, rain gauge, windsock, dramatic weather event)

Sailing (weather)

Weather (map & prediction; station/meteorologist; cloud type & presentation; game; instrument; fog; weather front; cloud/lightning)

Let's Take it Outside – Survivor Girl weather hazards; hypothermia; emergency prevention

Let's Take it Outside – Knots, Knives & Outdoor Lore weather lore; weather career

Let's Take it Outside – Outdoor Know How weather forecasting

Winter Sports (See also Active Living)

Going Outside (20 minute outside active game; Nature Walk, snow activities)

Being Healthy (meeting at skating rink)

Aboriginal People in Canada (snowshoe or toboggan)

Winter is Great (snow fort/figure; skiing/skating/sledding/snowshoeing; use/maintain/care/store/wear equipment)

Skating (care; forward/backward/corner/stopping/30 minute skate; game; safety on ponds; inline safety gear; 1 foot glide/crossover/obstacle course; hockey, attend women's game; muscle groups & exercise with instructor)

Skiing or Snowboarding (care; carry; skills; safety rules; dress; turn/stop/climb/fall; lifts, bindings; Olympics)

Snowshoeing (care; safety, kit needs; don/walk/run/hills; plan & go on outing; resource files; history; game; dress)

Let's Take it Outside – Winter Wonderland snow sports; indoor sports in winter; living winter in the past; wool & heat retention clothing; snow/ice sculpture; darkness in various time zones; tin can/ ice lantern; explore sickness in winter; help Sr. with snow removal; penguins/polar bear

Women's Issues

Being Me (What do you want to be when you grow up; women's history challenge)

Exploring Space (read story about female astronaut)

Sport (media coverage of male & female athletes; women in sport history etc.)

Farming (women in agriculture etc.)

Creating Your Future – Follow that Woman accomplishments; girls/women today; Person's case; local female leader; women's history camp theme; role models

Core 22 Investigate women's issues

Ranger Women's Concerns be aware of the evolving role of women in today's society

WAGGGS

The World Around Me (WAGGGS Crafts; listen to a story about a child in a WAGGGS country; make up a story about a girl in a WAGGGS country; learn a song from a WAGGGS country & 1 from Canada; Snack from WAGGGS country)

Pen Pals (learn about a country with Brownies –what they are called, uniform; make a doll)

Key to the Arts (WAGGGS Craft; song & dance)

Key to Girl Guides (Thinking Day; CWFF; WAGGGS Game; four world centres; Guide-Scout week)

Learn about WAGGGS #1-6 (Promise/Food/Culture/Party or Game/Song of a WAGGGS country; World Centres; CWFF/Thinking Day; World Flag picture/game; Promise, Law, Uniform game for five WAGGGS countries; WAGGGS or international activity)

Be involved in your community #5 (going global international service project)

World Guiding (learn about B-P; similarities of 5 WAGGGS countries; make game/activity for younger girls; food; learn about WAGGGS country; World Centre; Plan party/activity; Plan Ceremony celebrating World Guiding)

Finding the Path – Broaden Your Horizons Guiding in Canada; all girl; WAGGGS initiatives; WAGGGS trivia; World Centre; CWFF; World Centre Songs; Guiding/Scouting & P&L in other

A World to Discover – Girl Guides International WAGGGS – why?; CWFF learn & help; twinning presentation; national & group trip to world centre; previous international camp; attend international event

Core 14 Consider the benefits of membership in WAGGGS