



Old Quebec City & Old Montreal

Quebec, Canada

SAVE THE DATE!

Aug 12 - 19, 2019

Please note: these dates are subject to change.

WHO CAN GO?

14 girls, 12-13 years old on the first day of the trip + 2 Guiders

You must meet the Eligibility Requirements as listed on the [Eligibility tab of the NST webpage](#).

WHAT YOU'LL EXPERIENCE

DAY 1:

Au revoir to your hometown! Catch a ride to your local airport and fly to Montreal where you'll meet your fellow trip participants in person. Hop on a bus to transfer you to a local GGC camp. Have a fun evening preparing and bonding over what an amazing experience you're about to embark on.

DAY 2:

Spend your day camping and learning about Guiding in the province.

DAY 3:

Today you'll take the bus back into Montreal and have a tour of the Old City to learn about Montreal's 350-year, French-influenced history. Stroll through Ville-Marie, site of Montreal's original European settlement, and into the Old Port of Montreal Harbor. End up amidst the festive bustle of the waterfront where you can brush up on your French with the locals, listen to buskers perform, or have your caricature drawn!

DAY 4:

With your expert local guide, discover the cultural and historical highlights of Montréal. Ascend Mont Royal for a breathtaking view of this outstanding city. You will go through amazing neighbourhoods, such as the Quartier Latin, the Fashion District, and the vibrant Ste-Catherine Street.

DAY 5:

Spend some time exploring the Biodome, an intriguing environmental museum. Visit the Olympic Park and the gravity defying Olympic Tower. Hop on your bus to transfer over to Quebec City.

DAY 6:

Bienvenue à Québec! Begin your day at the Plains of Abraham, the site of a battle that shaped Canada's destiny. Explore Québec's charming Old City, the 17th-century heart of this French-influenced province. As you stroll down rue Petit-Champlain, the oldest street in North America, note that Québec is the only walled city north of Mexico. Some highlights of today are the Château Frontenac, Musée du Fort, Observatoire de la Capitale, and an exciting visit to a sugar shack!





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DAY 7:

Take a drive along the Beapre Coast and pass through the picturesque terrain to the Montmorency Falls. Don't forget to take some time in a chocolate factory, an économusée, and the Boulangerie Chez Marie. Spend your last evening reminiscing and reflecting about what you experienced on your trip. Have a celebration dinner and enjoy your last night in Quebec.

DAY 8:

Your adventure is coming to an end and it's time to head home. Your family and fellow Girl Guides will be so happy to hear all about your journey!

Please note: this itinerary is subject to change.

ACTIVITY LEVEL

Relaxed

For more information on activity levels, visit the [FAQ tab on the NST web page](#).

COSTS

The total value of this program is approximately \$3,516 per person.

Girls, great news – GGC National office covers 50% of the total cost of the trip!

Guiders, your trip is fully funded through the Jean Youngson Memorial Bequest to the Canadian World Friendship Fund. Visit the [Costs & Fundraising tab on the NST webpage](#) for more information about what's included, fundraising, and other potential funding.

READY, SET, APPLY!

Before beginning your application, please review the [Application Instructions](#) and check out the [Top Tips](#) for support. These two documents will help better prepare you to fill out your application.

Once you're ready, visit the Nationally Sponsored Trips webpage to apply!

Applications (including your letter of recommendation) must be completed and submitted online by **5:00pm ET on Wednesday, September 12, 2018.**

QUESTIONS?

Email us: nationaltravel@girlguides.ca

