

WWTA Wee Camp and Mom♥Me (2 nights)

Personal Kit List

EACH PERSON (Adult and Girl) requires each of the following equipment items

BEDROLL which includes:

- ☐ 1 Warm sleeping bag ☐ 1 groundsheet or plastic sheet
- ☐ 1 Insulating pad ☐ 1 stuff pack for stuffing sleeping bag
- ☐ Extra lightweight blanket ☐ 1 pillow (optional)

Bedroll MUST be in a stuff bag or rolled in plastic & tied with rope. NO GARBAGE BAGS
NO DOUBLE AIR MATTRESSES

CLOTHING: Please check the weather report - July can be chilly at night

- ☐ 3 t-shirts ☐ 2 pair of shorts
- ☐ 1 long sleeve shirt or sweatshirt ☐ 1 long pants (Not jeans)
- ☐ 3 sets of underwear ☐ 1 Sweater or fleece
- ☐ 3 pairs of socks ☐ 1 wind breaker (nylon jacket)
- ☐ 1 pair of warm socks ☐ 2 pairs of pajamas (1 warm/1 lightweight)
- ☐ Camp hat for sun ☐ Winter hat and light gloves
- ☐ Swimsuit ☐ 2 beach towels
- ☐ 1 pair of sturdy running shoes ☐ 1 pair of rain boots **A MUST**
- ☐ 1 good raincoat (with hood) and rain pants OR Reusable Rain poncho

(Raingear should be water PROOF not just resistant)

☐ Crocs/sport sandals *may come to camp for use ON-SITE as "slipper" type footwear. However*
EVERYONE MUST have close-toed RUNNING SHOES or BOOTS for activities. NO FLIP FLOPS

TOILET ARTICLES:

- ☐ Toothbrush and paste ☐ Comb, brush, elastics: **Hair must be tied up**
- ☐ Soap ☐ Face cloth
- ☐ Non-aerosol insect repellent ☐ Non-aerosol deodorant (adults)
- ☐ Sanitary supplies/Sleeping pants ☐ Sun screen & lip balm (unscented)
- ☐ Kleenex ☐ Portable personal First Aid kit

DISHES: *(Strong non breakable dishes in a mesh bag (so air can flow through to dry them)*

- ☐ Plate, bowl, plastic mug for hot drinks, juice cup, knife, fork, soup spoon, tea spoon
- ☐ Dish towel (for drying) ☐ Oven mitt for outdoor cooking

MISCELLANEOUS:

- ☐ Leak-proof water bottle ☐ Sit upon (foam/ newspaper in plastic bag)
- ☐ Flashlight and extra batteries ☐ Camera (optional)
- ☐ Pencils and note book ☐ Whistle
- ☐ Plastic bag/stuff sack for dirty clothes ☐ 1 orange garbage bag (for camper)
- ☐ 6 clothes pegs ☐ Small stuffed bed friend
- ☐ Program Book (if you have) ☐ Reading book/cards, etc. for quiet time
- ☐ Daypack/knapsack (school bag size) ☐ Camp blanket or poncho

MEDICARE CARD – please bring Medicare cards for both MOM and CAMPER. MEDICATIONS – for Camper and MOM - MUST COME to camp in a closed NAMED bag (cosmetic

bag, pencil case or ziplock) – all medication must be in original packaging or with prescription. This bag will be collected by our FIRST AIDER and stored in a lock box for safe keeping.

- ☐ **Benadryl** (topical or liquid) Girls often react to bug bites and having this on hand will alleviate the itchiness.

ELECTRONICS including MP3/iPods, phones and games; MAKE-UP; JEWELRY; and SNACKS (gum, candy, etc.) are NOT PERMITTED OR NEEDED.