

November  
2013

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Issue 2



**World Thinking Day**, February 22, is the joint birthdays of Lord and Lady Baden-Powell and all members of the World Association of Girl Guides and Girl Scouts (WAGGGS) participate in activities to honour Girl Guides and Girl Scouts in other countries. World Thinking Day (WTD) not only gives girls a chance to celebrate international friendships, but it is also a reminder that we are part of a global community.

Every year World Thinking Day has a different theme based on an issue that affects girls and young women around the world. WAGGGS' Global Action Theme (GAT) is "girls worldwide say 'together we can change our world'" which focuses on the United Nations' Millennium Development Goals (MDGs) to improve the lives of the world's poorest people. The GAT encourages girls and women to make a personal commitment to change the world around them. Each WTD theme offers a focus point for World Thinking Day activities and provides an opportunity for WAGGGS members to learn about and take action on an important issue. The theme for World Thinking Day 2014 is **"education opens doors for all girls and boys"**. The goal is to achieve universal primary education, and it is especially focused on making sure girls have access to education. Educating girls is one of the most powerful and effective ways to reduce global poverty!

Mark your calendars! It's not too early to start planning for World Thinking Day 2014! WAGGGS will produce a publication with information and activities which both girls and Guiders can enjoy and it will be available soon on the WAGGGS website. Check it out and enjoy the activities.

<http://www.worldthinkingday.org/en/home>

Also, WTD is an opportunity to collect for the **Canadian World Friendship Fund (CWFF)**.



Each member of Girl Guides of Canada is challenged to contribute \$5, "a Fiver for Friendship", to the CWFF each year. Years ago we collected pennies, but times have changed. All donations to the CWFF, big and small, are gratefully accepted, but we encourage all Guiders and Units to consider donating the \$5. **Happy World Thinking Day!**

**Girl Greatness Starts Here!**



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## Upcoming dates...



December 10	Program Rally deadline
January 17-18	Provincial Council Meeting
January 24-26	January Conference (Regina)
February 10	<i>Prairie Lily</i> deadline
February 22	World Thinking Day!
March 7-9	Lady B-P Weekend (Prince Albert)
March 14-16	Pathfinder/Ranger Conference (Beaver Creek south of Saskatoon)
March 14-15	Provincial Council Meeting
April 10	<i>Prairie Lily</i> deadline
April 13	Provincial Council Conference Call
April 25-27	DC Forum & Annual Meeting (Waldheim)
May 3	Clean-Up Saskatchewan
August 8-11	Serenity Retreat (Heritage Lake)

## Contact information

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*The Provincial Council and staff  
wish you and your family a very happy  
and safe holiday season!*



## Provincial Office Hours

September - June:  
Monday to Friday  
8:30 a.m. - 5:00 p.m.



The Provincial Office will be closed  
December 24 (noon) – January 5.

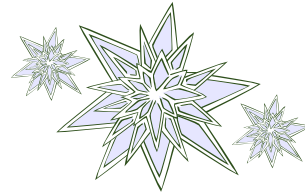


## Youth Recognition Ceremony in Regina October 27, 2013

Youth award and scholarship recipients are pictured with our Patron, The Honorable Vaughn Solomon Schofield, Lieutenant Governor of Saskatchewan (centre), our Provincial Commissioner, Charlene McLean (left), and the Honorable Laura Ross, MLA Regina Qu'Appelle Valley (right). A list of the awards and recipients is on page 21. Congratulations, girls! (The photo was taken by Gale Kelln, Pathfinders #11 in Regina.)



# A Message from the PC



then applying the term to Girl Guides. I found myself inspired. Think about it...

The girls we work with are significant. Each girl or youth member is unique and full of potential. The opportunity our organization provides is significant for each girl. We have a significant impact in the communities where we reside. Girl Guides has a significant mission. We partner in promoting leadership and personal skills that enable our girl and youth members to be confident, resourceful and courageous. We make a significant difference in the world.

Each girl is significant. The organization we belong to is significant. What we do in every encounter is significant. One word, but I found it to be powerful. Significant is defined as "probably caused by something other than mere chance". It is your contribution that is significant in our success. Your awesome investment of talent, time and continuous effort generates a significant return. The girls learn as they Guide alongside you. The influence you hold is significant. The memories you cultivate touch deep in their lives.

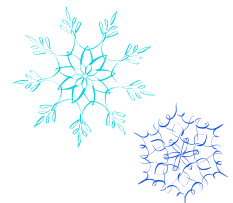
I am inspired all over again!

I will not have another opportunity to speak again in 2013. The new year is just around the corner. I trust you and your family have a safe and happy holiday season filled with the traditions you cherish most.

Onward to fun, friendship and adventure in 2014!

*Charlene*

Charlene McLean  
Provincial Commissioner  
[pc@girlguides.sk.ca](mailto:pc@girlguides.sk.ca)



Greetings Sisters in Guiding;

I understand by all accounts this has been a great fall. Farmers have the crops off. The harvest is the best one in years. Saskatchewan has one of the lowest rates of unemployment in the country. Business is booming. Life seems stable; in fact we appear to be flourishing. I hope this positive outlook applies to Girl Guides in Saskatchewan as well! Did we grow this fall? Has everyone returned to their Guiding position? Are we an organization flourishing throughout the province?

I have been keeping a close eye on our membership count. Last year, we had just over 3000 members. The goal is to increase membership while retaining our current members. The ultimate goal is to have every girl in the province know about Girl Guides and have access if they are interested. Sadly we are not there yet. But, to one girl at a time, we reach out! Thank you to everyone who registered this year online. The staffs of the Area offices are now busy entering the paper registrations. Please forward any outstanding applications so that every member can be counted.

I attended a fundraising dinner last week for an organization in the city. The theme for the event was "*Significant*". Just one word – but packed with meaning. All evening, I kept taking their message,



## BRIDGING RIVERS AREA NEWS STREAM...

### GIRL AND YOUTH AWARDS

Our Area Commissioner, Laurie Lanovaz, was pleased to be able to attend the Youth Recognition Ceremony in Regina on October 27 and see many of our youth award recipients presented with their awards. The following young women in our Area are those whose 2012-2013 awards information was submitted for recording in their iMIS records. We congratulate these girls and wish them well as they continue with their Guiding!



#### CANADA CORD

##### Evergreen DS

Rebecca Grimwood  
Kendall Horan  
Jamie Krip  
Megan Moody

##### Northern Stars DS

Nicole Harrison  
Allison Pete

##### Pasquia Lily DS

Samantha Brice  
McKenna Carswell  
Emily Eskowich  
Ashley Swirsky  
Syndel Thomas-Kozar

##### Prairie to Pine DS

Kyla Paton

##### Stardust DS

Cassidy Brychun

#### CHIEF COMMISSIONER AWARD

##### Day Lights DS

Emily Bindle, 38<sup>th</sup> Saskatoon Rangers: Gold  
Brooklyn Brychun, 38<sup>th</sup> Saskatoon Rangers: Gold

##### Pasquia Lily DS

Keri Carswell, 1<sup>st</sup> Melfort Rangers: Silver & Gold

#### COMMONWEALTH AWARD

##### Pasquia Lily DS

Keri Carswell  
Elyse Opseth

#### DUKE OF EDINBURGH AWARD

##### Stardust DS

Kayla Braid: Bronze  
Bailey Wachniak: Bronze

#### MILDRED BALDWIN SCHOLARSHIP

Aleina Haines



### GUIDING AND "WE DAY"!

BRAGG groups with 2014 trips involving global service – 1st Red Wing Trex from Prince Albert (Ghana) and members of the 1st Saskatoon Pathfinder Unit (Ecuador) took part in "WE DAY" in Saskatoon on November 6!

Other girls who are members of Girl Guides of Canada were also involved, having earned their admissions through non-Guiding individual or group service activities.



## BRAGG Planning Committee Opportunities!

This year BRAGG will host both the AGM/DC Forum and the Youth Recognition Ceremony (YRC).

We need members for Planning Committees!

- 3 - 4 women for the 2014 AGM/DC Forum Event which takes place in April 2014
- 3 - 4 women for the 2014 Youth Recognition Ceremony Event which takes place in the Fall, 2014

Email the Area office to indicate your interest!

Deadline – Friday, December 6.

## TRAINING!

BRAGG now has newly qualified Trainers:

Sara Horseman, Laurie Lanovaz, Heather Levy and Kristin Shantz!

Trainers are willing to travel within the Area – if your district or town is interested in having a training, please send the details of your request (what training, where and when) to the Area office and we will try to arrange!



## SPOTLIGHT ON GUIDERS – OUR LINK MEMBERS!

**ALEINA HAINES** is a 2<sup>nd</sup> Year Pharmacy student at the University of Saskatchewan. She is a Brownie Leader in the Morning Lights District. Aleina is also the 2013 recipient of the Mildred Baldwin Scholarship which was awarded to her at the Youth Recognition Ceremony on October 27 in Regina. She was asked to answer and comment on the following questions:

**What opportunities have you had in Guiding?** I've learned how to work well with others and how to be independent. I have learned the importance of getting involved in my community and the satisfaction of helping others. When I was in Trex, our group went on a five day backpacking trip through the Banff backcountry. How many people can say that they have seen bears, swum in a hot spring and been white-water rafting, all in one trip?

**Why have you stayed in Guiding? How did you get involved?** Guiding has always "been my thing". As a Brownie, I loved the crafts and day-camps. As a Guide and Pathfinder, I loved learning new skills. Trex allowed me to do my favourite activity – camping! I stay involved because of the girls! I like being able to pass on all my experiences, my favourite songs and games and everything I love about Guiding.

**Two Stars and a Wish for GGC?** My first star is for how supportive GGC is of its members and when it comes to their education. There are many scholarships to apply for and I appreciate that this organization is helping me to achieve my career goals. My second star is that there are no age restrictions. I honestly cannot remember a time when I was not involved in Guiding in some way. My wish would be for more national camps! I missed out on a couple and want to have the chance to meet members from across Canada.

**Words from her Fellow Guiders:** Aleina exudes positivity and that makes her an approachable leader. Some people talk about the "generation of entitlement", but Aleina is the sort of woman that can reshape stereotypes of youth in one fell swoop: she's capable, punctual, well-spoken and has a great work ethic. We should just send Aleina into every situation and the world will think better of her whole demographic!

*If you know of a Guider on whom we could shine a "Spotlight" – please contact Laurie or the Area Office!*

*If you have something you would like to see included in our Bridging Rivers Area Girl Guides section of the next Prairie Lily, please send to the Area office no later than January 31, 2014. Notices of condolence, postings of achievements, or other news of wide interest are welcomed.*



# Southern Horizons Happenings

I have my *Lily*. Oh no! Winter came back!

CONTRATULATIONS TO THESE LADIES ON  
RECEIVING THE FOLLOWING RECOGNITION:

## 20 YEAR PIN:

Kimberly Bernakevitch  
Stephanie Davis-Yau  
Brenda Gartner  
Elizabeth Harris  
Yvonne Harrison  
Sylvia Ku  
Cathleen MacPhee  
Maureen McKillican  
Maureen Pardoe  
Jacqueline Schmidt

## 45 YEAR PIN:

Elizabeth Collicott  
Phyllis Pearson

## GOLD THANKS:

Bev Drummond

## GOLD MERIT:

Linda Benson  
Michelle Gibney

## METAL OF MERIT:

Joyce Kellington

## 25 YEAR PIN:

Kimberly Bjorklund  
Laura Donavon  
Shelley Fergusson  
Amanda Leonard-Mack  
Lorna Obleman  
Tanya Weber

## 35 YEAR PIN:

Lynda Pettigrew  
Peggy Roettger

## 50 YEAR PIN:

Julie Silzer

## 60 YEAR PIN:

Audrey Forrest

## BRONZE MERIT:

Susan Amrud  
Lorraine Anderson  
Michelle Davidson  
Risa Erickson  
Kristine Kreis  
Lois Kulach  
Desire White  
Sherry Thompson

## TEAM AWARDS:

Dragon Boat Team  
Hands Across the Border Committee  
Southern Lights District Tea Committee

## 30 YEAR PIN:

Susan Boxall  
Cathryn Craik  
Alice Gaveronski  
Sandra Hamilton  
Carrie Morrison

## 40 YEAR PIN:

Marie Bonner

## 55 YEAR PIN:

Muriel Kochanski

## SILVER MERIT:

Kim Bernakevitch  
Christine Flynn  
Marnie Green  
Ashley Holfeld  
Robyn Holfeld  
Mary Ann Hueser  
Amanda Lang



## SOUTHERN HORIZONS AREA AWARD:

Marian Clark







## HAVE ANYTHING PLANNED FOR FEBRUARY?

NO? We may be able to help!

In preparation for the April 12, 2014 *Run for the Girls* event, the Running Room is offering a Run for Families program starting in February. The program (FUNDamentals) will run on Saturday mornings for 10 weeks at a cost of \$70 for adults. Details regarding youth/kids pricing is still being worked out so watch for further information in the FYIs.



**Regina Trex #1**



**Long Lake Gold Camp**



**Sparks #70 at Willow Island**



**Guides #27 & 52—U of R Science Event**



**2013 Dragon Our Cookies  
Dragon Boat Team  
Bronze Medal winners**



May the warmth of the holiday season spread joy throughout your home, family, and communities. May the peace of a quiet winter night with loved ones fill your heart with tranquility and joy.

May 2014 bring you and yours all that is good in our world.

Michelle ✧ Brenda ✧ Carol



# Guiding in Northern Saskatchewan – Northern Pines District

Submitted by Margaret Ferguson

We would like to highlight **Stanley Mission!** Guiding started in this historic community in the fall of 2010 under the leadership of Laura Beznoska.

Guiding has made such an impact on the community that the La Ronge Band helps fund the registration fee for the girls each year. Not only does Guiding impact the adults but it impacts the youth in the community. The boys have asked the leaders, "When are you going to start 'Boy Guides'?"

A highlight for the girls in the Guiding Unit is their annual trip to Prince Albert for the Evergreen District Revel and Rally each May. As you can see from the pictures, it is a great time for them. They drive 4 - 6 hours from Stanley Mission to Prince Albert, stay at the Guide Hall overnight, attend the Revel and Rally, and then drive home. For some of the girls it is the first time they have been out of their community.

The leaders sent in a report last year of some of their activities. The report gives a good idea of what the program does for the girls and for the community.

"Baking is a favourite so we include it often in our meetings. We have made gingerbread cookies (baked and decorated), no bake cookies, and mini cupcakes (baked and decorated).

Remembrance Day was memorable for us. We had our own ceremony and the girls loved the serious nature and formality of it. We all came away with a new understanding of the sacrifices still being made for us today.

We also celebrated Chinese New Year. We learned why their New Year does not coincide with ours and about some of their traditions associated with the New Year. We made no bake chow mien noodle cookies and Chinese dragon puppets.



♥For Valentine's Day we decided to work on service in the community. We baked mini cupcakes and decorated them with fruit roll up flowers. We took our baking to the Elders' Haven to share with the elderly. Language was an issue as our girls have limited Cree skills and the Elders have limited English. Some girls had never been to the Haven and gained an understanding of how isolated and lonely the Elders could be without visitors. We are working out a plan to interact more with the Elders to benefit both the girls and the Elders. This event was by far the girls' favourite activity."



Enjoying the sleepover at the Revel/Rally



Ready to leave for the Revel and Rally



Sisters in Guiding – it's a long drive home!



# Steps to be completed when closing a Unit

If a Unit is not opening this year the following process must be completed:

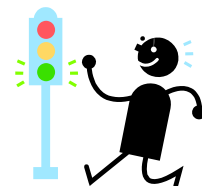


- District Commissioner (DC) advises the Area office that the Unit is closing, as soon as this decision has been made.
- DC confirms that all transactions in the Unit account are completed.
- DC will close out the Unit bank account if the Unit has its own single Unit bank account. If the Unit's funds are part of a District bank account or town bank account with other active Units, the closed Unit's portion must still be submitted to the Area.
- All the Unit's funds along with the completed National Unit/Council Form (B.1) are sent to the Area office.
- Monies will be held in trust for two years. If the Unit re-opens within the two year time frame, the Unit will receive the funds that it had at the time of closing. If the Unit does not re-open within two years, the funds are rolled over to provide start-up funds for new Units opening.
- Note: Funds cannot be held with the intent the Unit will still open. If the Unit has no leaders or girls registered by December 31, the Unit is considered closed and the above process should be followed and completed by **January 15**.

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## Safe Guide

Submitted by Linda Mushanski  
Provincial Safe Guide Adviser



Our Guiding year is well underway and so are our activities when it comes to Safe Guide Assessments. It is great to see Guiders getting out there and doing things with their Units and even some going in new directions such as having a father/daughter camp. As Safe Guide Assessors, we will work with you to ensure that your activities meet all of the Safe Guide policies. And thank you to all the Guiders who are getting their forms in on time, complete with the SG.1, SG.2, SG.3 and SG.4 included.

Sandra Allen has resigned from our Safe Guide Assessors' team to explore other avenues in Guiding. We have openings for more Safe Guide Assessors – for Guiders who are looking for something 'different' in Guiding. You will work with flexible hours out of your own home, you do not need to go to meetings, and you just need a computer. If you are interested, please contact the provincial office and include a letter of reference from your commissioner. This is an important role that benefits all levels of Guiding.

**Just a reminder that the deadlines for submissions of Safe Guide forms are as follows:**



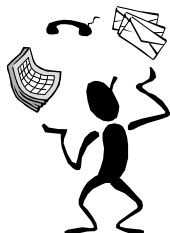
- Yellow level activity forms are due at least 14 days prior to the start of the activity.
- Red level activity forms are due 21 days prior to the activity.
- International travel, under 72 hours, now requires 30 days notification.
- Red level travel in Canada, 72 hours or more, are due 30 days prior to the activity.

Failure to meet these deadlines will result in your activity not being assessed and therefore not taking place. Let's not disappoint our Units; have the forms in on time. Assessors are flexible, details can be changed after the forms are submitted as we know things happen, and we will work with you to ensure that you have a safe activity that complies with Safe Guide guidelines.

# Saskatchewan Provincial Council

Provincial Commissioner  
Deputy Provincial Commissioner  
Provincial Treasurer  
Area Commissioners: Bridging Rivers  
Southern Horizons

Elected Members:



Charlene McLean  
Phyllis White  
Glenda Eden  
Laurie Lanovaz  
Michelle Gibney  
Megan Loessl  
Bonnie Jean Low  
Barbara Pohozoff  
Laurie Toews  
Megan Van Buskirk  
Desire White

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Provincial Safe Guide Adviser  
Can-ta-ka-ye Operating Chair  
Heritage Lake Operating Chair  
Provincial Communications Adviser  
Provincial International Adviser  
Provincial Membership Adviser  
Provincial Awards Adviser  
Provincial Link Adviser  
Provincial Trefoil Guild Adviser  
Provincial Program Adviser  
Provincial Lones Adviser  
Provincial Special Needs Adviser  
Provincial Public Relations Adviser  
Provincial Archives  
Provincial Cookie Adviser  
Provincial Training Adviser  
Provincial Arts Adviser  
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Fund Development Chair  
Human Resources Chair  
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Megan Loessl  
Mary Lynne Golphy  
Carrie Morrison

Barb Atkinson  
Alice Gaveronski  
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Ashley Geddes & Megan Van Buskirk

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## Attention all District Commissioners!

Mark your calendars and plan to attend!

### 2014 DC Forum

April 25 – 27, 2014

Shekinah Retreat Centre at Waldheim



# Districts and District Commissioners – November, 2013

## Southern Horizons Area

- Black Diamond District – (Kipling)  
Michelle Gibney [guidermichelle@sasktel.net](mailto:guidermichelle@sasktel.net)
- Estevan District – (Estevan)  
Renee Goulet [rjgoulet@sasktel.net](mailto:rjgoulet@sasktel.net) 634-9587
- Grasslands District – (Assiniboia, Gravelbourg, Coronach)  
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Cathleen MacPhee [cmmacphee@gmail.com](mailto:cmmacphee@gmail.com) 290-9080
- Long Lake District – (Lumsden, Southey, Strasbourg)  
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- North by Northwest District – (Regina – northwest)  
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- Parkland Prairie District – (Yorkton)  
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- Prairie Gold District – (Regina – north)  
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- Prairie Skies District – (Cabri, Swift Current, Maple Creek)  
Betty Harris [guiderbetty@hotmail.com](mailto:guiderbetty@hotmail.com) 773-7604
- Rainbow District – (Weyburn, Gladmar)  
Kim Klassen [kmklassen@sasktel.net](mailto:kmklassen@sasktel.net) 842-0953
- Salton District – (Moose Jaw, Davidson, Riverhurst)  
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Debbie Zumstein [zumstein@sasktel.net](mailto:zumstein@sasktel.net) 694-0972
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- SunRidge District – (Regina – east)  
Desire White [desire.white@yahoo.ca](mailto:desire.white@yahoo.ca)
- Tipitotum District – (Fort Qu'Appelle, Indian Head, Odessa/Vibank, Qu'Appelle)  
Michelle Gibney [guidermichelle@sasktel.net](mailto:guidermichelle@sasktel.net)

## Provincial office

Northern Pines District – (Stanley Mission, Pinehouse Lake)  
Margaret Ferguson [margarete@sasktel.net](mailto:margarete@sasktel.net) 763-2330  
Gina Troupe [gtroupe@sasktel.net](mailto:gtroupe@sasktel.net) 491-9353

## Bridging Rivers Area

- Aurora District – (Dundurn, Saskatoon south of river, central, west)  
Kris McLeod [krismcleod@sasktel.net](mailto:krismcleod@sasktel.net) 373-7913
- Day Lights District – (Saskatoon south of river, northeast sector)  
Angela Rioux [homesign@sasktel.net](mailto:homesign@sasktel.net) 242-9048  
Jennifer Christian [julietsask@hotmail.com](mailto:julietsask@hotmail.com)
- Evergreen District – (Birch Hills, Christopher Lake, Prince Albert, La Ronge, Wakaw)  
Christine Taylor [paspirit@sasktel.net](mailto:paspirit@sasktel.net) 922-2835  
Ali Gillespie [aligee25@gmail.com](mailto:aligee25@gmail.com)
- Lone Star District – (Saskatoon north of river, core neighbourhood)  
Carolyn Oleniuk [carolyn.k.oleniuk@shaw.ca](mailto:carolyn.k.oleniuk@shaw.ca) 373-9551  
Kathy Palmer [kathy.e.palmer@shaw.ca](mailto:kathy.e.palmer@shaw.ca)
- Morning Lights District – (Saskatoon south of river, southeast sector, including Humboldt, Quill Lake)  
Maygen Kardash [maygen@violentkin.com](mailto:maygen@violentkin.com) 652-7811  
Anita Leopard [anitalepard@hotmail.com](mailto:anitalepard@hotmail.com) 374-8346
- Northern Points District – (Dalmeny, Langham, Martensville, Warman)  
Jennifer Baxter: Martensville [jennbaxter@sasktel.net](mailto:jennbaxter@sasktel.net) 249-6232  
Debbie Remeshylo (Warman, Dalmeny, Langham) [guiderdeb@gmail.com](mailto:guiderdeb@gmail.com) 242-7269
- Northern Stars District – (Saskatoon north of river, east sector)  
Tracey Quiring [the\\_yecart@yahoo.com](mailto:the_yecart@yahoo.com)
- Pasquia Lily District – (Melfort, Nipawin, Tisdale)  
Janet McGirr [jmcgirr@outlook.com](mailto:jmcgirr@outlook.com)
- Prairie Horizons District – (Dinsmore, Kindersley, Eston)  
Susan Christiansen [s.christiansen@sasktel.net](mailto:s.christiansen@sasktel.net) 846-2287  
Cathy Newby [icalpacas@sasktel.net](mailto:icalpacas@sasktel.net)
- Prairie to Pine District – (Goodsoil, Luseland, Maidstone, North Battleford, St. Walburg, Turtleford, Unity)  
Laurie Toews [toewslb@sasktel.net](mailto:toewslb@sasktel.net) 248-3540
- Stardust District – (Saskatoon north of river, west)  
Trina Braid [tdb21@shaw.ca](mailto:tdb21@shaw.ca) 249-4776  
Linette Plant [linetteandmike@live.com](mailto:linetteandmike@live.com)

# Alberta Girls' Parliament

43rd Session

**March 26 – 30, 2014**

You won't want to miss this opportunity!



**Where:** Edmonton, Alberta at the Providence Renewal Centre

**Who:** Two girls aged 15-18 will be selected to represent Saskatchewan.

**Cost:** The cost of the event will be paid for by the Saskatchewan Provincial Council for the two successful applicants.

**Transportation:** This will be the responsibility of the chosen applicants.



**Why:** Increase public speaking and debate skills; learn about the parliamentary process; meet interesting motivational speakers chosen by the elected delegates; have fun with various participants from all over Alberta and beyond; complete your Duke of Edinburgh Residential requirement; shop at West Edmonton Mall; tour the legislative building; find out about different political careers; make lasting friendships; receive the Alberta Girls' Parliament pin and crest designed exclusively for delegates; and so much more.

**How to Apply:** Girls who are interested in applying may do so by submitting a **250-300 word application** stating why they are interested in this opportunity and how they would be willing to share the experience upon their return.

**Please return all applications to:**

Girl Guides of Canada-Guides du Canada, Saskatchewan Council  
200-1530 Broadway Ave  
Regina, SK S4P 1E2

**Deadline to apply is December 31, 2013**

## National Service Project, Operation **Earth Action**

Submitted by Megan Van Buskirk



Winter is here! Did you know that you can save energy and money by winterizing your home and car? It's easy! And the National Service Project, **Operation Earth Action**, is a challenge that can help you become even more environmentally aware!

This challenge can be completed with your Unit or individually. Find out more at [www.nsp.girlguides.ca](http://www.nsp.girlguides.ca) or contact your provincial Green Agents for more information. The crest can be ordered from the Girl Guide Store on the national GGC website.

Saskatchewan's Green Agents:

- Bridging Rivers (Saskatoon) – Megan Van Buskirk – [m.vb@live.com](mailto:m.vb@live.com)
- Southern Horizons (Regina) – Ashley Geddes – [gedash@gmail.com](mailto:gedash@gmail.com)



# New Trainer Candidates

Submitted by Brenda Wilson

Provincial Training Adviser, [training@girlguides.sk.ca](mailto:training@girlguides.sk.ca)



Nine energetic Guiders joined trainer, Carrie Morrison and Training Adviser, Brenda Wilson, October 18 - 20 at the Guide House in Regina to take the necessary training to become trainers. Modules completed over the weekend were: Understanding the Adult Learner, Needs Assessment, Facilitation Skills, Training Design, Training Delivery, Training Team and Managing Team. Even though the work load was heavy this group had a lot of fun, laughs, and sharing time, and even found some time to make a craft. The room was filled with high spirited energy the whole weekend to make this a very fun training time!



We welcome to the Saskatchewan training team as Trainer Candidates the following:

- Brenda Laliberte
- Sara Horseman
- Laurie Lanovaz
- Melissa Gartner
- Heather Levy
- Jenna Hehn
- Cathleen MacPhee
- Kristin Shantz
- Ashley Geddes



## January Conference "The Places We'll Go!" January 24 - 26, 2014 Regina Travelodge Hotel

Where can you go in Saskatchewan in the winter and feel like you've had a warm and wonderful weekend? From **January 24-26** the **Regina Travelodge Hotel and Convention Centre** is the place to be for Guiders!

**What is the January Conference?** It is the one place Guiding members can go and train under one roof with other Guiders looking for new and fun ideas to share with your Unit. It is a place to take some Mandatory training, Unit Guider training, and Enrichment training. This Conference literally has something for everyone! There are sessions on the Arts, Personal Growth, International, Technology, Camping and Outdoors Skills, plus out trips. There are many sessions to help you become a better Guider for the girls, including Branch specific sessions, as well as sessions to help DC's. For Guiders who have attended lots of trainings in the past, the Expanding Horizons session (all morning and afternoon on Saturday) will get you thinking about Guiding and where we can go!

**Pre-registration of sessions: New this year!** A brief description of all the sessions is found on the next four pages. Please decide what you would like to attend. Watch the time frames as some are all day, all afternoon or all Sunday morning. *You can only take one at a time!* Fill out the **Session Choice Form** (pg. 19) and send it to the provincial office. If there is not enough interest shown in a session, it may be cancelled, so don't wait to send in your form. Also, some sessions may fill up quickly with a maximum limit – so don't miss out! **Deadline to provincial office is December 20!**

**If you cannot attend the whole conference, you are cordially invited to attend the reception and banquet on Saturday evening (6 p.m.) Please contact the provincial office (RSVP) Cost \$30.**

On Saturday evening, Campfire will follow dinner, and then fun and activities in Area meetings.

**Dress up in costume** (optional, of course) on Saturday evening and have some fun! Or you can always wear the GGC uniform, Girl Guide blue!

For the **Silent Auction**, if you like, you can help out the Canadian World Friendship fund by donating an item. Suggestions: item of a hobby or craft, from a business, or purchased. Please contact Brenda Wilson at: [training@girlguides.sk.ca](mailto:training@girlguides.sk.ca)

Do you have an over abundance of Guiding or craft items? Bought 12 and only needed 10 but too thrifty to throw away? You can share with others at our **bargain table**; leave an item that others could take and use.

Make new friends and keep the old; some are silver and the others gold! We are all sisters in Guiding and come together to celebrate at this annual event. Come alone, or bring a friend, and catch the Guiding spirit – all are welcome!

If taking sessions with extra fee, (scuba diving, CPR or canoeing) please pay when sending the Sessions Choice Form.

Register today! More information will be sent to you. **See you there!**

**Friday SESSION 1: ALL FRIDAY EVENING**

6:00 p.m. - 10:00 p.m. (Meet at 5:30 to carpool)

**PADI Discover SCUBA DIVING experience**

Min 8 - Max 24 participants

**Carla Punshon**

This is an introduction course to breathing underwater. It is not an actual scuba certification course, but you will learn to use scuba equipment and get a quick and easy introduction to what it takes to explore the underwater world.

Prerequisites: Ability to swim 50 meters and tread water 1 minute, continuously, in any style. Be in good health.

Added cost: **\$50 plus GST = \$52.50 /person.** (Subsidized by January Conference) Please register and pay in advance.

Off site location: Start at Planet Scuba on 1172 Albert Street; finish at YMCA 2400 13<sup>th</sup> Ave. Participants will be asked to car pool – and need time to get there and back!

**SESSION 1: LIKE GROUPS SHARING SESSION (45 minutes) PICK ONE!** 7:30 p.m. - 8:15 p.m.

Please pre-register for your choice session and upon arrival, pick up your registration package and check for the room name. Go to your "Like Group" and take part in sharing time with Guiders with similar interests to you!

- **Sparks** – Ev Steciuk
- **Brownies** – Laurie Lanovaz
- **Guides** – Peggy Roettger
- **Pathfinders** – Melody Fries
- **Rangers and Ranger Guiders** – Kristin Shantz
- **Thing one & Thing two...** – Marg Stewart (For those who don't belong to a Unit or other "Like Group".)
- **Trex** – Brenda Wilson
- **Link** – Desire White and Jenna Hehn
- **Treasurers** – Glenda Eden and Phyllis White
- **District Commissioners** – PC, Charlene McLean
- **PR** – Alice Gaveronski

Think about the following topics to share in your Like sessions: What program ideas work for you? Share ideas on what works in your Unit. What do you need help with? Getting the girls involved in planning...techniques? Share activities that work for you... Pathfinder bucks, Guide bucks, how to raise World Thinking day money and more.

**SESSION 2: FRIDAY EVENING SESSION (30 minutes) PICK ONE!**

8:30 p.m. – 9:00 p.m.

• **Backpacking****Heather Neufeld**

"You're off to great places! Today is your day! Your mountain is waiting....so get on your way" by Dr. Seuss. If you want to see things you can only see by hiking there then come to this session to learn how to be prepared.

• **Drumming****Ali Peters**

To get different types of music into your Unit come to this session and learn how using materials you already have can bring out the musician in anyone! Ali also states that Drumming can also be a great stress release!

• **Hat Crafts and Swaps****Carrie Morrison**

Bring your camera to a world of hat crafts on display! Learn how hat crafts can cover specific themes. Make a hat craft and learn about swaps. We will look at name tags for events as well as how to do camp challenges.

• **Member Zone****Jenna Hehn & Desire White**

What is it? How do I access it? Can't figure out your iMIS account? Come and learn how to become a Member Zone expert! Please bring your iMIS number and a lap top if you have one.

• **Service Project for Sangam****Kay Peters & Carolyn Oleniuk**

Make friendship bracelets to help Sangam, a World Centre, and its projects like the Children's Camp and support of their community partners. The bracelets will be sold at Sangam to visitors and local Guides and Scouts to buy something that celebrates the world of WAGGGS and the international friendship we share. We will try some new designs.

• **Singing Session****Sheila Wilson**

Take part in a fun singing session. Learn several GGC and fun songs and some different techniques to sing them!

• **T- Shirts into Bags Recycling Craft****Ashley Geddes**

Learn to turn a Tim Horton t-shirt into a bag using one or two of the R's. You can grab a shirt and pattern to do later or make a bag in this session and show it off throughout conference.

• **Transform Trash to Treasure**

Minimum. 2 Maximum 20

**Alice Gaveronski**

This will build awareness on how items can be Reused, Repurposed or Reworked into something new. This is part of the GGC Operation Earth Action & fits into the Girl's Program. "One person's trash is another's treasure!"

• **Whose Line Is It Anyway?**

Register early as the maximum number is 20!

**Shelley Matsalla**

An introduction to "Improv" and how this type of acting can be used within a Unit! Come to participate in the games or be in the audience to laugh like you've never laughed before!

• **Yoga****Janice Graessli**

Learn some yoga to find a relaxing alternative to instruct girls in exercise. Bring your mat or hotel towel and comfy clothes.



**Saturday: SESSION 3: SATURDAY “ALL DAY” SESSIONS PICK ONE! 9 a.m. to 5 p.m.**

• **Expanding Horizons**

**Jo Szostak and Sheila Wilson**

Expand your horizons and join this all day session. “The places we could go...thinking in new ways and breaking out of old mindsets; the places we could go...becoming a more imaginative and innovative person.” Exciting, fun sessions will release your creativity, set your mind on fire!

• **Healthy Relationships Module** maximum is 20

**Shelley Matsalla**

Developed by PREVNet (Promoting Relationships and Eliminating Violence Network) adult leaders play a critical role socializing children and youth; they serve as role models, mentors, guides, supports and teachers. You will learn to promote healthy and positive relationships which will enhance children and youths’ social-emotional development and long term well-being. There will be a brief introduction to Saskatchewan’s Anti-Bullying Legislation.

**Or SESSION 3: SATURDAY “ALL MORNING” SESSIONS PICK ONE! 9 a.m. to 12:30 p.m.**

Are you a New Guider or a Guider switching branches of Guiding and want some ideas for your Unit? The following Branch specific sessions will have you earn the “All About your Branch Module” with games, crafts, program and more.

• **Sparks Guiders – Ev Steciuk** Minimum 3 – Max. 15

• **Guides – Peggy Roettger and Kristin Shantz**

• **Brownies – Sara Horseman and Laurie Lanovaz**

• **Pathfinders – Melody Fries and Melissa Gartner**

• **"Who ever thought I would be a Commissioner?"**

**Charlene McLean**

We will generate strategies to make the role easier providing tools to be more effective. Experienced or new to the role, this session will focus on the seven natural I-Wonders found in this role. We will map out the must ‘see and dos’ for the Commissioner. I tell you there is real treasure buried in this role and we intend to find it!

• **Bias Awareness/Equity GGC Module** Minimum 8 Maximum 20

**Jo Ann Scott-Hodgins**

This is an introduction to personal bias; how it is formed, how bias affects what we do and how we do it. Learn to recognize how we perpetuate inequity without even realizing it. Practical applications to GGC programming are stressed.

• **Making Little Books** Maximum 25

**Carrie Morrison**

Learn how to make many books that you can use in your programming. You will leave with instructions and samples of each book made! Learn how the girls can make something to put their memories of the places they will go in Guiding!

• **Heart Saver CPR & AED** Minimum 4 Maximum 10

**Carla Punshon**

Learn how to do CPR and use an AED in this Heart and Stroke Foundation certification course focusing on skills and procedures for anyone aged 1 and older. **Added cost: \$15.00 + GST = \$15.75 per Guider.** Please register and prepay.

• **Photography** (Please bring a **camera** or smartphone with you.)

**Ali Peters**

Do you have a great camera but don't know how to use it? Have tons of photos on your cell but none printed? Learn camera basics, photo taking, editing, printing, and trends like Instagram and photo booths

• **Self Defence**

A certified instructor will teach you many techniques in protecting yourself. Wear comfortable clothing and be prepared for fun! This session is subsidized by January Conference.

**SESSION 4: SATURDAY “ALL AFTERNOON” SESSION PICK ONE! 1:30 p.m. – 5 p.m.**

• **Girl Empowerment Module**

**Melody Fries**

Learn how to empower girls to build healthy, equal, and nonviolent relationships. Learn age-appropriate activities for girls aged 8 to 14 to promote and address the issue of healthy relationships. Learn where to find support and your legal responsibilities as a GGC Member, plus practical conflict resolution and negotiation skills.

• **Safe Guide Module** Minimum 2 Maximum 20

**Janice Graessli and Ev Steciuk**

Going places with the girls? Learn the "Mandatory" safe way to have fun in Girl Guides! New Guiders require this mandatory training and Guiders that took this course a long time ago can come and refresh. Please pre-register.

**OR PICK ONE for each of the following time slots**

• **Amazing Race** Minimum 8 Maximum 20

**1:00 p.m. - 3:00 p.m.**

**Heather Neufeld and Barb Atkinson**

Just like the show there will be challenges and detours aimed to give you an Amazing Race – Girl Guide style! Dress warm for this outdoors session!

**OR SESSION 4: SATURDAY AFTERNOON SESSION PICK ONE! 1:30 p.m. - 3 p.m.**

• **Brownie Crafts and Music**

**Jo Ann Scott-Hodgins**

Do you want some new craft ideas or to learn some music geared toward the Brownie program? Learn both music and crafts in this session suited for Brownie aged girls.

- **Mail Merge**

**Lorraine Fowler**

Learn how to use those Unit lists from iMIS. Save time creating labels and lists, emails and letters with individualized information in each document quickly and easily. A laptop is useful so bring one if you can!

- **Multi-branch Guiding**

**Lisa Wilde**

Do you have a need for multi-branch Guiding and not sure what the tricks are to make it work successfully? Learn how a combined Unit of Sparks, Brownies and Guide can work.

- **(Outdoor Activity Leadership) OAL – Adventure Style** Minimum 8 Maximum 20

**Carla Punshon**

Do you want to take your older girls adventure camping – backpacking, canoeing, horse packing, winter camping, cycling? This is an introduction to the Girl Guides OAL Adventure training program and how you can get ready for your girls.

- **Puppetry** Maximum 20

**Annette Lang**

“Fame! You’ll be famous as famous can be,” so join up for Puppetry. Don’t Wait Around – come have some fun with shadow, flannel board and puppets off of the wall. Green eggs & ham it up.

- **Science #1** Minimum 5 Maximum 30

**Kristin Shantz**

Learn how to get your girls interested in science by testing some amazing experiments including black light volcanoes, simple vortexes, and lava lamps. There will be more ideas than we have time for! Science will take you everywhere.

- **Social Media # 1**

**Jenna Hehn and Desire White**

Social Media is the biggest shift since the industrial revolution! In 2010, Facebook had 350 million users; today it has over 900 million users. Learn the basics of social media and how to use the multiple applications in a productive way.

- **Working with Themes** Maximum 25

**Carrie Morrison and Karen Litke**

We will brainstorm, share, learn and explore how to carry a theme through a whole camp. Come willing to share and get creative! You will leave with many ideas to use to create your own amazing camps!

**SESSION 5: SATURDAY AFTERNOON SESSION** 3:30 p.m. - 5:00 p.m. PICK ONE!

- **What is a Ceremony?**

**Annette Lang**

Campfire planning, Guide’s Own, Fine tuning your skills! Hand, Hand, Finger Thumb! Have some fun learning Guiding ceremonies.

- **Communication Games and Team Building**

**Carrie Morrison**

Learn some Team Building and Communication Skills Games! “Oh the places we could go if we worked as a team!” This is a large part of the Guides, Pathfinders and Rangers programs. Come prepared to play and share!

- **“The Places we’ll go with Cookies”**

**Marj Jackson and Alice Gaveronski**

Learn everything about GGC cookies & where they can take your Unit? “You’ll be on your way up!”

- **Global Community Development** Minimum 15

**Barb Atkinson and Heather Neufeld**

Work as a team towards one goal...making a S’more. Sound easy? Think again! Do you have the skills and supplies to ensure everyone completes the task? You will be challenged to the task.

- **Knots** Minimum 4 Maximum 20

**Jo Ann Scott-Hodgins**

This is a hands-on session to help you learn to tie knots. Participants will complete a knot booklet with examples of the most commonly used knots, as well as getting some ideas of how you can make knots a fun part of your program.

- **Leave No Trace Camping** Minimum 8 Maximum of 20

**Carla Punshon**

Many of us have taken a pine cone or rock, veered off the trail to dodge mud puddles, gotten too close to wildlife or tossed an apple core into the woods. While these actions may seem harmless at the time, the quality of our outdoor experiences and resources are at risk. In this awareness workshop, you will be introduced to the seven Principles of Leave No Trace by participating in activities adaptable for all ages. Includes crest, reference tag, pocket guide and materials.

- **Science #2** (Repeat of Science #1; See above for description) Minimum 5; Maximum 30

**Kristin Shantz**

- **Social Media #2** (Repeat of Social Media #1; See above for description)

**Jenna Hehn and Desire White**

**SATURDAY EVENING SESSION**

- **Canoe Rescue Session Sat evening** 8 p.m. - 10 p.m. (Meet at 7:30 in the foyer) Min 5; Max 12 **Carla Punshon**

Prerequisites: Ability to swim 75 meters while wearing a PFD / Lifejacket. You don’t need to know how to canoe, but you need to like to get wet! Come to learn and practice canoe rescues in the warmth of an indoor pool. 35 36.75

Added cost to be paid in advance: **\$35 +GST = \$36.75 per person** (Remainder is subsidized by January Conference.)

Location: Off site: University of Regina pool, Wascana Parkway. Participants will be asked to car pool.

**Sunday: ALL SUNDAY MORNING SESSIONS** 9 a.m. - 11:15 a.m. **PICK ONE** OR choose 2 of the shorter sessions)

- **Quebec Chocolate Challenge** Maximum 25 **Cathryn Craik**  
Are you a Chocoholic?...Take a tasty condensed version of this Challenge and receive some recipe ideas, take part in the activities and have some fun learning how to take this Challenge back to your Units.
- **WAGGGS 2014 Millennium Development Goal and World Thinking Day Theme** Max. 20 **Shelley Matsalla**  
"Education opens doors for all boys and girls" Globally, 123 million youth (aged 15 to 24) lack basic reading and writing skills. 61 percent of them are young women." Learn how to use activities to help your girls learn about this theme.
- **Willow Craft** Maximum 15 **Annette Lang and Alice Gaveronski**  
Learn how to make a beautiful crafty willow wreath. Weave us together with willow.

**SUNDAY MORNING SESSION 1** 9 a.m. – 10 a.m. **PICK ONE!**

- **Brownie Pizzazz!** Maximum 25 **Carrie Morrison**  
Carrie was fortunate to go to a Brownie specific training run by Disney in Ontario. Learn what she has to share with you.
- **Chimes & Bells** Maximum 20 **Janice Graessli**  
Come to ring out a tune and have fun at sleepovers, Thinking Day, enrolments or at year end with family.
- **Communication Styles** **Karen Litke**  
"The places we'll go...together!" How do you make sure that clashing communication styles don't get in the way? Learn about your own and other Guiders' communication styles, & how individuals with different styles can work together.
- **Dehydration #1** Minimum 5 Maximum 20 **Heather Neufeld**  
Want to know how you can have turkey dinner without an oven on your next camping trip? Learn how to dehydrate meals and snacks. There will be some hands on activities as well as samplings.
- **Duct Tape – Who knew? #1** Maximum 25 **Judy Helfrick**  
"The places we'll take you using colourful Duct Tape". Learn the technique to make almost anything out of duct tape ex: wallets, drinking glass, book marks, and more. Not just red/green but lots of variety of tape colours.
- **Girl Directed Programming for Sparks, Brownies & Guides** **Heather Levy**  
We all know WHY we want girl directed programming. Learn HOW to make this happen – how to structure opportunities for girls to learn how to plan. Discover a simple way and a practical tool to include girl decision making into your program.
- **Guiding University & Pathfinder Grad School** **Lorraine Fowler**  
Pathfinder's Grad School – the natural progression for this age group. This is both a think tank and session for those interested in pulling off this event in the spring. Learn the tricks of the trade in this "Out of the box" session.
- **Mighty Girls** Minimum 2 Maximum 20 **Kristin Shantz**  
Have you ever wanted to see your girls go places? Inspire them by learning about amazing women and girls who have demonstrated bravery, cunning, skill, and tenacity by doing things that seemed very normal and obvious to them.

**SUNDAY MORNING SESSION 2:** 10:15 a.m. - 11:15 a.m. **PICK ONE!**

- **Codes** Maximum 25 **Carrie Morrison**  
Explore the world of codes. Learn Morse code, pig pen codes and many more. Kids love codes and it is fun to use them in your programming to help remember all sorts of fun facts. You will make samples so you can do them with your Unit.
- **Dancing** **Janice Graessli**  
Step all over the world while dancing the night (morning away) – use for World Thinking Day, bridging, enrolment, etc.
- **Girl Directed Programming (3rd year Guides, Pathfinders and Rangers)** **Heather Levy**  
As Guiders we want our girls to be successful with planning, but how to make this happen? Learn how to facilitate girls as they take charge of their program and learn a practical tool to help your Unit learn steps to plan strong programs.
- **Dehydration #2 (Repeat of Dehydration #1; see above for description)** Min 5 max 20 **Heather Neufeld**
- **Duct Tape – Who knew? #2 (Repeat of Duct Tape #1; see above for description)** Max. 25 **Judy Helfrick**
- **Putting International Into Meetings** Maximum 24 **Kristin Shantz**  
"The places we'll go!" Learn some new and interesting ways to include far off places in the regular meetings.
- **Brownie High School; University for Guides** **Lorraine Fowler**  
Learn about hosting a day of high school for your Brownies or university for Guides. These are successful in Aurora District. Learn our tips and format for camps currently running and with our help, get Brownie High School off the ground.



# January Conference Registration Form

## The Places We'll Go...

January 24 – 26, 2014



Name: \_\_\_\_\_ iMIS #: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_ (cell): \_\_\_\_\_

Position(s) in Guiding: \_\_\_\_\_ Number of years as a Guider: \_\_\_\_\_

Currently working with (circle your groups): Sparks Brownies Guides Pathfinders Rangers Adults

I prefer to receive information by:

☐ E-mail: \_\_\_\_\_

☐ Mail (address): \_\_\_\_\_

☐ Fax: \_\_\_\_\_

City/Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Food/ Allergies/Diet and/or physical restrictions: \_\_\_\_\_

I would like to share a room with (if applicable): \_\_\_\_\_

☐ Smoker ☐ Non-smoker All rooms are non-smoking rooms.

***In consideration of others, please make this a Scent free event!***

### **Registration: Register early and save!**

**\* Price includes: Sat. and Sun. breakfasts, Sat. lunch, Sat. supper, coffee break drinks and evening hospitality.**

Prices are per person	Early Bird before Nov. 30	Regular Price after Nov. 30
Conference & hotel – 1/room	\$360	\$385
Conference & hotel – 2/room	\$210	\$235
Conference & hotel – 3 or 4/room (sharing beds)	\$190	\$215
Conference only – no hotel	\$120	\$145

**\*After December 24, registrants will pay the Conference only fee and be responsible for arranging their own accommodation. The hotel will not guarantee the room rates or availability after that date! Please check with the provincial office first as we may have a few spots to fill within the rooms we have booked.**

Payment enclosed: \_\_\_\_\_ (Cheque payable to Girl Guides of Canada, Sask. Council)

**Please Return Registration Form to the provincial office:** If registering by e-mail, please indicate all particulars listed in the registration form. **Also send in the Session Choice Form to pre-register for sessions!**

Girl Guides of Canada, Saskatchewan Council  
200-1530 Broadway Ave., Regina, SK S4P 1E2

**OR** e-mail [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

**OR** by phone 306-757-4102 Toll free 1-877-694-0383

**OR** fax 306-347-0995

**OR** Credit Card # \_\_\_\_\_  
(VISA, MC only) Expiry Date: \_\_\_\_\_



**REFUNDS:** This fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the provincial office for any refund.

# January Conference Choices Form



Choose the sessions you want and check the box with **one choice per time slot**. Send the form to the provincial office. Note: if there is not enough interest shown in sessions, those sessions may be cancelled.

Name: \_\_\_\_\_ Contact information: \_\_\_\_\_

## **Friday evening January 24:** Registration 6:30 – 7:30 p.m. ☐ **Discover Scuba Diving 6 - 10 p.m. \$52.50** 7:30 – 8:15 p.m. Like groups – Choose one:

- |                                   |                                      |                                     |                                       |
|-----------------------------------|--------------------------------------|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> Sparks   | <input type="checkbox"/> Pathfinders | <input type="checkbox"/> Link       | <input type="checkbox"/> PR           |
| <input type="checkbox"/> Brownies | <input type="checkbox"/> Rangers     | <input type="checkbox"/> Treasurers | <input type="checkbox"/> Things 1 & 2 |
| <input type="checkbox"/> Guides   | <input type="checkbox"/> Trex        | <input type="checkbox"/> DC's       |                                       |

## **8:30 – 9:00 Choose one:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Backpacking        | <input type="checkbox"/> Service Project – Sangam | <input type="checkbox"/> Transform Trash to Treasure |
| <input type="checkbox"/> Drumming           | <input type="checkbox"/> Singing                  | <input type="checkbox"/> Whose Line Is It Anyway?    |
| <input type="checkbox"/> Hat Crafts & Swaps | <input type="checkbox"/> T-shirts into bags       | <input type="checkbox"/> Yoga                        |
| <input type="checkbox"/> Member Zone        |   |  |

## **Saturday January 25:**

### **Morning 9 a.m. – 12:30**

### **Choose one: (Sessions last all morning)**

- |                                   |   |   |
|-----------------------------------|---|---|
| <input type="checkbox"/> DC's     | <input type="checkbox"/> Pathfinders                        | <input type="checkbox"/> Photography                  |
| <input type="checkbox"/> Sparks   | <input type="checkbox"/> Bias Awareness Module              | <input type="checkbox"/> Self Defence                 |
| <input type="checkbox"/> Brownies | <input type="checkbox"/> Making Little Booklets             | <input type="checkbox"/> Expanding Horizons 9-5 p.m.  |
| <input type="checkbox"/> Guides   | <input type="checkbox"/> Heart Saver CPR AED <b>\$15.75</b> | <input type="checkbox"/> Healthy Relationships 9-5 pm |

\*\*\*\*\*

### **Afternoon: 1:30 – 5:00 p.m. Choose one:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Expanding Horizons continues | <input type="checkbox"/> Girl Empowerment | <input type="checkbox"/> Safe Guide Module |
| <input type="checkbox"/> Healthy Relationships cont'd |   |  |

### **1:30 – 3:00 p.m.**

### **Choose one:**

- |   |   |                                       |
|---|---|---------------------------------------|
| <input type="checkbox"/> Amazing Race 1-3 p.m.  | <input type="checkbox"/> Multi Branch Programming | <input type="checkbox"/> Science 1    |
| <input type="checkbox"/> Brownie Crafts & Music | <input type="checkbox"/> OAL Advance              | <input type="checkbox"/> Social Media |
| <input type="checkbox"/> Mail Merge             | <input type="checkbox"/> Puppetry                 | <input type="checkbox"/> Themes       |

### **3:30 – 5:00 p.m.**

### **Choose one:**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> What is a Ceremony?                 | <input type="checkbox"/> Global Community Development | <input type="checkbox"/> Science 2      |
| <input type="checkbox"/> Communication Games & Team Building | <input type="checkbox"/> Knots                        | <input type="checkbox"/> Social Media 2 |
| <input type="checkbox"/> Cookies                             | <input type="checkbox"/> Leave No Trace Camping       |   |

## **Saturday evening** ☐ Canoe Rescue Session 8 – 10 p.m. **\$36.75**

## **Sunday morning January 26:**

### **9 – 11:15 a.m. (all morning)**

### **Choose one:**

- |  |                                 |  |
|--|---------------------------------|--|
| <input type="checkbox"/> Chocolate Challenge | <input type="checkbox"/> WAGGGS | <input type="checkbox"/> Willow Wreath Craft |
|--|---------------------------------|--|

### **9 – 10 a.m.**

### **Choose one:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Brownie Pizzazz      | <input type="checkbox"/> Dehydration 1                | <input type="checkbox"/> Grad School for Pathfinders |
| <input type="checkbox"/> Chimes / Bells       | <input type="checkbox"/> Duct tape 1                  | <input type="checkbox"/> Mighty Girls                |
| <input type="checkbox"/> Communication Styles | <input type="checkbox"/> Girl Directed Program. S,B,G |  |

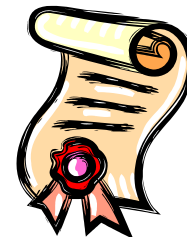
### **10:15 – 11:15 a.m.**

### **Choose one:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Codes         | <input type="checkbox"/> Duct Tape 2  | <input type="checkbox"/> Putting International into Meetings |
| <input type="checkbox"/> Dancing       | <input type="checkbox"/> Girl Directed Programming 3 <sup>rd</sup> yr. Guides, Path., Rangers | <input type="checkbox"/> H.S for Br / Univ. for Guides       |
| <input type="checkbox"/> Dehydration 2 |   |  |

# Awards

Submitted by Megan Clarke  
Provincial Awards Adviser, [meganl@sasktel.net](mailto:meganl@sasktel.net)



Hello on what is undoubtedly a chilly fall day! My name is Megan Clarke and I am the new Provincial Awards Adviser. I have twenty-four years of Guiding experience under my belt, both as a girl member and as a Spark, Brownie and Pathfinder Guider. As Provincial Awards Adviser, my role is to coordinate the application process for provincial and national awards, as well as to provide support, to answer questions regarding awards and to promote awards within the province.

Awards and recognition are very important to the retention of adult members within Guiding. A little bit of appreciation goes a long way, and awards are a great way to let your Guiders know how wonderful they are! Recognition of a job well done through the Girl Guides of Canada's awards program shows our members that they are valued within the organization. Formal awards can (and should) be granted throughout the year, and they are a fantastic platform to recognize our adult member's contribution to Guiding. Informal recognition should also be ongoing. Any member

may nominate any member at any time – it does not need to occur at year-end, and it does not need to be initiated by a commissioner. National has set a guideline that about 20% of each province's members should be recognized in any given year.

In future issues of the *Prairie Lily* I plan to shine a spotlight on some of the awards that are available, detailing the criteria and process for application, as well as who might be considered for the award. It is my hope that these "spotlights" will increase awareness of the multitude of awards that are available, as well as the numbers of these awards that are applied for.

For more information on what awards are available, application processes and deadlines, please e-mail me at [meganl@sasktel.net](mailto:meganl@sasktel.net). As some awards need a fair bit of lead time, it is good to get in touch as soon as possible. I am very excited to be taking on this position, and look forward to working with many of you over the next months and years.



## Membership

Submitted by Heather Levy  
Provincial Recruitment and Retention (Membership) Adviser  
[membership@girlguides.sk.ca](mailto:membership@girlguides.sk.ca)

### Make sure you count!

I hope your Guiding Year is off to a great start. With the "Official Count" coming up soon, this is a great time to check your Unit rosters and make sure that all the girls attending Unit meetings are registered. An accurate count helps us all.

Roster reports are used:

- To monitor growth areas in the province
- To determine where to focus efforts for recruitment and training
- To help budget for programs
- To know which advertising efforts are successful
- To understand the distribution of members across branches
- To determine targets for cookie sales
- To determine the reasons for continued use of paper registrations
- And much, much, more.

So as 2013 comes to an end – make sure you count!



# Congratulations to our youth award recipients

## Canada Cord Award

*This is the highest award a girl can earn as a Pathfinder. It is awarded in third year for completion of the challenge requirements.*

- Francesca Aviola
- Samantha Brice
- Cassidy Brychun
- McKenna Carswell
- Camille Dumont
- Emily Eskowich
- Rebecca Grimwood
- Nicole Harrison
- Allison Pete
- Ashley Swirsky
- Syndel Thomas-Kozar



## Commonwealth Award

*This award for Rangers was developed to strengthen the bonds between girls living in the Commonwealth countries. It is awarded for completion of the three compulsory challenges which include: History of Guiding, Knowledge of the Commonwealth, and Community Action.*

- Keri Carswell
- Elyse Opseth



## Duke of Edinburgh's Awards

*This is a worldwide award program developed by the Duke of Edinburgh. It fits well with the Girl Guide program. It can be worked on by any youth between ages 14 and 25. There are three levels to the award: Bronze, Silver & Gold.*

### Duke of Edinburgh's Bronze Award

- Kayla Braid
- Danielle d'Entremont
- Bailey Wachniak



### Duke of Edinburgh's Silver Award

- Vanessa Pratchler

## 2013 Mildred Baldwin Scholarship Recipient

- Aleina Haines

## 2013 Cynthia O'Connor Scholarship Recipient

- Leta Perepeluk

Page 2 of this issue of the *Prairie Lily* has a photo of the recipients at the Youth Recognition Ceremony held in Regina on October 27.

## **National Scholarships Deadline** **April 1, 2014**

The GGC national scholarship program supports registered girl and adult Members in their post-secondary education. There are more than 25 awards ranging from \$1,000 - \$2,000. Watch for information on the GGC website and apply using the updated 2014 forms that will soon be posted.

## Chief Commissioner Award

*This award is worked on in Rangers. There are three levels to this award: Bronze, Silver and Gold.*

Chief Commissioner Bronze award is presented to Rangers after completion of nine challenges from at least four different program areas.

- Natasha Apangchan
- Vanessa Pratchler
- Rebecca Shewchuk-Bryksa



Chief Commissioner Silver award is presented to Rangers after completion of nine additional challenges from at least four areas.

- Keri Carswell
- Danielle d'Entremont
- Catherine Thompson
- Jennifer Wilde



Chief Commissioner Gold award is presented to Rangers upon completion of the Bronze and Silver levels including at least one challenge from each area and the following: The Cookie Campaign Challenge and/or the Ranger Service Project. This is the highest award a girl can earn as a Ranger.

- Emily Bindle
- Brooklyn Brychun
- Keri Carswell
- Cydney Weir



# Helping girls belong

Submitted by Phyllis White  
Deputy Provincial Commissioner, [dpc@girlguides.sk.ca](mailto:dpc@girlguides.sk.ca)

## Sisters to Sisters Fund

### Where does the money come from?

- |                                |  |
|--------------------------------|--|
| ➤ National Grant               | \$ 8,755 (from a grant for Funded Units) |
| ➤ Personal donations           | \$ 1,137                                 |
| ➤ Trefoil Guilds               | \$ 1,250                                 |
| ➤ 2013 Trefoil Guild Gathering | \$ 2,761.75                              |
| Total Funds donated:           | <b><u>\$13,903.75</u></b>                |



Donations are accepted anytime!

For all personal donations an income tax charitable donation receipt is issued.

### How do you access the funding?

- **Sisters to Sisters Unit Funding** – This is a grant to help a Unit or partial Unit that is limited as a result of socio-economic factors. (We strongly recommend a Unit apply for a Community Initiative Fund Grant but if they don't qualify they can then apply to the Sisters to Sisters Unit Fund.)
- **Elizabeth Allen/Sisters to Sisters Fund** – This is a fund to assist with camp and event costs for girls and women with financial needs.
- The Application is available on the provincial website.

## Membership Financial Assistance Fund

### Where does the money come from?

- A percentage of the Saskatchewan Parks and Recreation Grant that the Saskatchewan Council receives is allocated to membership support.
- \$ .75 from every case of cookies goes to Membership Financial Assistance.



### How do you access the funding?

- Girls with financial needs who could not belong without Membership Assistance can apply.
- All members are responsible to pay the \$20.00 Area and District portion of their membership. The Membership Financial Assistance Fund will pay the Provincial and National portion of the fee.
- Each District and Area has money set aside to assist with the additional costs of membership but when their funds run short, the Membership Financial Assistance Funds will help with this.
- The Application is available on provincial and area websites.

Girl Guides of Canada-Guides du Canada, Saskatchewan Council is committed to providing all girls the opportunity to belong and participate fully in Girl Guides.

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## World Thinking Day 2013 Theme's tool

Submitted by Ashley Geddes, Provincial International Adviser  
[international@girlguides.sk.ca](mailto:international@girlguides.sk.ca)



Check out the new "Take Action Backpack" on the WAGGGS website for the 2013 themes: "Together we can save children's lives" and "Every mother's life and health is precious". This great new online tool will aid in providing meaningful and fun ways to bring the 2013 themes into your meetings.

*Did you know that the word "World" was added to "Thinking Day" in 1999, at the WAGGGS World Conference to better emphasize the international aspects of the day?*



# International

Submitted by Ashley Geddes

Provincial International Adviser, [international@girlguides.sk.ca](mailto:international@girlguides.sk.ca)

Interested in providing an international travel experience for your girls? Looking for an opportunity for girls to meet Guides and Scouts from around the world but want an alternative to the World Centres? Check out the list below for just a few of the independent opportunities available!

## XPLORE14

### What?

Join Girlguiding UK at XPLORE14! Xplore 14 promises to be a fun-filled week of adventure, exploring the outdoors and having lots of fun! Set in the beautiful Irish countryside, surrounded by the lakes & forests of the Fermanagh Lakelands and the Cavan Countryside, the XPLORE14 site at Castle Saunderson is the perfect place for an outdoor-action-packed summer camp!

Activities include: An International Day, Bushcraft, Geocaching, Archery, Disco

**When?** July 30 to August 6, 2014

**Where?** Castle Saunderson Scout Centre, Belturbet, Caven, Eire.

**Cost:** £195 (excludes travel costs)

Check out the XPLORE14 website at: [xplore14.org.uk](http://xplore14.org.uk) for more information or email Rae McGowan, Girlguiding Ulster at: [XPLORE14@GIRLGUIDINGULSTER.ORG.UK](mailto:XPLORE14@GIRLGUIDINGULSTER.ORG.UK).



## NORJAM 2014

**What:** NORJAM - International Scout and Guide Jamboree

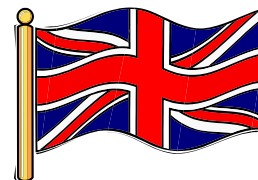
**Where:** Norfolk, UK

**When:** August 9 – 16, 2014

**Who:** Guides aged 10 to 17

**Cost:** £135 / Youth £50 / Adult (Travel to and from event excluded)

For more information, please visit the NORJAM website: <http://norjam.org.uk/>



## CALIFORNIA DREAMIN' 2 – INTERNATIONAL CAMPOREE 2015

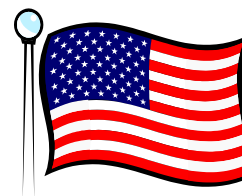
**What:** Camp out with thousands of Girl Scouts and Girl Guides from around the world at California Dreamin' 2! During your seven-day adventure, you'll have a chance to take fun trips off-site and participate in exciting workshops and so much more! Whether you're looking for your next big Girl Scout adventure, or looking for your first, this is an excellent opportunity.

**When:** July 26 – August 2, 2015

**Where:** Alameda County Fairgrounds, Pleasanton, CA

**Who:** Open to troops of girls in grades 6-12 in the summer of 2015

**Cost:** Early Bird (through April 1, 2014) - \$350 USD per person  
Regular Registration, April 2, 2014 - Jan. 1, 2015 - \$375 USD per person  
Late Registration, Jan. 2 - March 15, 2015 - \$400 USD per person



What's included in the cost?

- Campsites and group areas, including showers, port-o-pots, water, recycling and trash
- Evening entertainment and activities throughout the week, including some fabulous guests
- Opening and Closing ceremonies
- All camp off sites
- Camp T-shirt and patch
- A wide variety of onsite workshops. There will be a wide variety of choices. Where possible, these will be offered at no cost.
- Fabulous fun days

\*Cost doesn't include transportation to/from camporee, food, offsite trips, or some workshops.

For more information, please visit: <http://www.girlscoutsnorcal.org/pages/events/cadreamincamporee.html>





# Lady Baden-Powell Weekend

## March 7 – 9, 2014



This weekend is for third year Guides who are planning to complete their Lady B-P Challenge this year. We will be covering items 2, 3, 4 and 6 of the Lady Baden-Powell Challenge.

**When:** March 7 - 9, 2014 (Friday 7:30 p.m. drop-off and registration. End at 11 a.m. Sunday)

**Where:** Vincent Massey School, Prince Albert

**Who:** Third year Guides

**Cost:** \$10 / girl (includes GST)

**Registration and fee payment deadline is February 1, 2014.** Registration is limited to 50, so register early!

There is no charge for adult supervisors to attain ratio for girls attending. Each Unit sending girls is to provide their own ratio for supervision and provide their own first aider. We will have one first aider on site for the activity, but the medical administration etc will be left to the Unit first aiders.

Any Units with three or less girls attending that are unable to provide adult supervision for ratio should contact Ali Gillespie at 306-764-1630 [aligee25@gmail.com](mailto:aligee25@gmail.com) to see if other alternate supervision can be arranged.

A detailed schedule and kit list will be provided upon receipt of registration.

✂-----

<b>Lady Baden-Powell Weekend</b>	<b>March 7-9, 2014</b>	<b>Prince Albert</b>
----------------------------------	------------------------	----------------------

Name: \_\_\_\_\_ iMIS #: \_\_\_\_\_

Phone: \_\_\_\_\_ Unit: \_\_\_\_\_

Circle if: girl or adult

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

Food/ Allergies/Diet and/or physical restrictions: \_\_\_\_\_

Payment enclosed: (\$10 / girl) \_\_\_\_\_ (Cheque payable to Girl Guides of Canada, Sask. Council)

**Please return Registration Form to the provincial office:** If registering by email, please indicate all particulars listed on the Registration Form.



Girl Guides of Canada, Saskatchewan Council 200-1530 Broadway Ave., Regina, SK S4P 1E2

OR Email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

OR Phone 306-757-4102 Toll free 1-877-694-0383

OR Fax 306-347-0995

OR Credit Card # \_\_\_\_\_

(VISA, MC only) Expiry Date: \_\_\_\_\_

**Supported by a grant from  
Saskatchewan Parks and Recreation Association**

**Refunds:** The fee is refunded up to two weeks prior to the event. Within two weeks a written request must be sent to the provincial office for consideration of any refund.



# Pathfinder and Ranger Weekend

**March 14 – 16, 2014**



- Who:** All Ranger and Pathfinder age girls
- Where:** Beaver Creek Bible Camp (Salvation Army Camp)  
10 minutes South of Saskatoon on Highway #219
- When:** March 14 - 16, 2014 (Starts Friday at 7 p.m. and ends 1:30 p.m. Sunday with lunch provided)
- Why:** For an awesome weekend of fantastic winter fun!
- What:** Let's be honest... it's a weekend to get away from your moms & dads (or pesky brother/sister) and just have some good old-fashioned winter fun!
- Cost:** \$25 plus GST = **\$26.25** / girl

**Registration deadline:** February 15, 2014

More details and a kit list will be provided upon receipt of registration.

Contact person: Trina Braid at [tdb21@shaw.ca](mailto:tdb21@shaw.ca)

✂-----

<i>Pathfinder / Ranger Weekend</i>	<i>March 14 – 16, 2014</i>	<i>South of Saskatoon</i>
Name: _____	iMIS #: _____	
Phone: _____	Unit: _____	
Address: _____	Email: _____	
Food / Allergies and / or physical restrictions: _____		

Payment enclosed: (\$26.25 / girl) \_\_\_\_\_ (Cheque payable to Girl Guides of Canada, Sask. Council)

Please return Registration Form to the provincial office. If registering by email, please indicate all particulars listed on the Registration Form.

Girl Guides of Canada, Saskatchewan Council 200-1530 Broadway Ave., Regina, SK S4P 1E2

**OR** Email [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)

**OR** Credit Card # \_\_\_\_\_

**OR** Phone 306-757-4102 Toll free 1-877-694-0383

(VISA, MC only) Expiry Date: \_\_\_\_\_

**OR** Fax 306-347-0995

**Supported by a grant from  
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Recreation Association**



Saskatchewan  
Parks and Recreation  
Association  
*Recreation  
An investment for life*

**Refunds:** The fee is refunded up to two weeks prior to the event. Within two weeks a written request must be sent to the provincial office for consideration of any refund.

# Communications

Provincial Communications Adviser [communications@girlguides.sk.ca](mailto:communications@girlguides.sk.ca)



Not sure what “social media” means? Never been on Facebook or understand how a “tweet” works? Or perhaps you are an experienced user and want to know how to make the social media tools work effectively for you as a Guider. We will be offering social media sessions at the January Conference. Plan now to attend.

The new Saskatchewan Girl Guide’s website, which has been developed to give us a consistent look with all the provinces, will be “live” very soon. Watch for an announcement and check it out!

Follow us on Twitter: **@Saskgirlguides**

Add us as a friend on Facebook: **Saskatchewan GirlGuides**

Join our Facebook Guider’s group: **Saskatchewan Girl Guides**

Share your ideas with us via Pinterest: **Saskatchewan Girl Guides**



## ***Prairie Lily***

From the Editor, Marg Stewart

The provincial newsletter, the *Prairie Lily*, is published four times a year.

Deadlines for submissions of articles are: **September 10, November 10, February 10 and April 10.**

- Submissions of articles and/or photos may be sent to the provincial office at [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)
- A colour version of the *Prairie Lily* is on the provincial website at [www.girlguides.sk.ca](http://www.girlguides.sk.ca)
- If you prefer to read the *Prairie Lily* online and would like to discontinue receiving the paper copy, please inform the provincial office. The office will contact you and let you know when the current *Prairie Lily* is posted online.
- If you have any requests or suggestions for articles, please contact Marg via the provincial office.
- Many thanks to all those who have sent in submissions!

## **Girls First**



Girl Guides of Canada-Guides du Canada has announced the launch of **Girls First**, a five-year initiative that will see a comprehensive review and revision of our programming and program delivery.

**Girls First** will focus on the development and application of a girl-centred, sustainable and outcome-based program model. The expected results will include:

- A new look and feel for Girl Guide programming to ensure what we provide is current, relevant and meets the expectations of girls, while strengthening continuity from one branch to another.
- A clear framework for program outcomes to ensure that girls are achieving the Mission through ongoing programming excellence.
- Increased opportunities to showcase Girl Guides of Canada as a leader in youth programming.



Guiding will continue to focus on offering high-impact, hands-on programming that helps girls learn more about global awareness, science and technology, healthy relationships, citizenship and more, while enabling girls and young women to see the impact they can have in their own lives and in their communities. Through **Girls First**, we will have a continuous quality improvement plan to keep our programming fresh, interesting and relevant as Girl Guides of Canada moves into the future.

# Program

Submitted by Carrie Morrison, Provincial Program Adviser  
[program@girlguides.sk.ca](mailto:program@girlguides.sk.ca)

## 2014 Provincial Rally Packages

The Program committee is again offering rally packages for your Units this year. These packages will be \$1 per person and will include a crest and craft for each person registered as well as one package of information for you to run the rally. The package includes games, songs, stories, science and activities for you to put on an event.

You can choose to do this as a Unit, District or maybe a few Units together...the options are yours. As well, you can add your own activities; perhaps do the event over a few weeks at your meetings, or at a sleepover, or in an afternoon, or expand it and use it as your camp. This is a package to help you with your programming. Last year was our first year and we had over 850 people participate. How exciting!

**December 10** is the deadline to register your girls. Please keep in mind that deadlines are firm. Packages will be handed out at the January Conference. You may want to order a few extras in case you have new girls join, as there will not be extras ordered after the deadline.

**This year's themes are: Sparks Circus, Brownie Magic, Guides Mad Science**



✂

**Registration Deadline: December 10, 2013**

**2014 Spark Spree, Brownie Revel or Guide Rally**

Contact Name: \_\_\_\_\_ Unit name: \_\_\_\_\_

Phone: \_\_\_\_\_

I prefer to receive information by:

☐ E-mail: \_\_\_\_\_

☐ Mail (address): \_\_\_\_\_

☐ Fax: \_\_\_\_\_

City/Town: \_\_\_\_\_

Postal Code: \_\_\_\_\_

1. Did you participate in the 2013 provincial rallies? \_\_\_\_\_

2. If yes...Did you find the package easy to use? \_\_\_\_\_

Number of girls registered: \_\_\_\_\_ Branch of Rally: \_\_\_\_\_

Total number @ \$1 per person: \_\_\_\_\_ Payment enclosed: \_\_\_\_\_  
(Cheque payable to Girl Guides of Canada, Sask. Council)

**Please Return Registration Form to the provincial office:** If registering by e-mail, please indicate all particulars listed in the registration form.

Girl Guides of Canada, Saskatchewan Council  
200-1530 Broadway Ave., Regina, SK S4P 1E2  
OR e-mail [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)  
OR by phone 306-757-4102 Toll free 1-877-694-0383  
OR fax 306-347-0995

OR Credit Card # \_\_\_\_\_  
(VISA, MC only) Expiry Date: \_\_\_\_\_

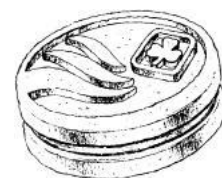


**Supported by a grant from  
Saskatchewan Parks and Recreation Association**





# Cookie Chatter



Submitted by Marj Jackson  
Provincial Cookie Adviser, [cookies@girlguides.sk.ca](mailto:cookies@girlguides.sk.ca)



**Thank you** to everyone for selling the Chocolatey Mint cookies! We sold 6,942 cases of mint cookies. We are all sold out! If you have cookies left, please get in touch with your district, area office or the provincial office, as people are looking for cookies.

We will be ordering Classic cookies in January. November and December is the time to confirm the cookie receiver and her address. Make sure they are registered with your area office. It costs \$20 to change an address after the cookies have been ordered.

Start thinking of all the places you could sell cookies. Remember to order enough!

## Cookie All Stars

Are you keeping track of the girls' sales, both individually and as a group? You don't want anyone to miss out on the great prizes. The form is on the Member Zone website.



## Cookie Fact Sheet

### About Girl Guide cookies

- Girl Guide cookies are the official fundraiser for Girl Guides across Canada. The money raised through cookie sales funds innovative and dynamic programs for girls.
- 5.4 million boxes of Girl Guide cookies are sold each year across the country.
- Chocolatey mint cookies are available from October to December and classic chocolate and vanilla sandwich cookies are available from March to June.
- Girl Guides have been selling cookies in Canada since 1927.
- Since 2010 our classic chocolate and vanilla Girl Guide cookies have 0 g trans fat per serving while our chocolatey mint cookies have 90 per cent less trans fat per serving than before.

### Helping girls

- The funds raised from cookie sales support programs that give girls the chance to discover new interests, learn valuable leadership skills and make lasting friendships.
- Selling cookies helps girls and young women learn valuable skills such as: teamwork, self-confidence, planning and goal setting, responsibility, community involvement, safety awareness, courtesy, problem solving and decision making.

### Environmentally friendly packaging

- Girl Guide cookie boxes are environmentally friendly – they are printed on 100 per cent recycled material while the box's coating is water-based (which is more eco-friendly than previous coatings).

### Our cookies are nut-free!

- Girl Guide cookies are produced in a nut-free/peanut-free bakery to ensure that more Canadians than ever can enjoy them. Look for the peanut-free logo on the box.



# Public Relations (PR)

Submitted by Alice Gaveronski  
Provincial PR Adviser [pr@girlguides.sk.ca](mailto:pr@girlguides.sk.ca)

“GUIDING IS GREAT IN SASKATCHEWAN”

## HIKE around SASKATCHEWAN 2014

Hiking events can take place anytime in 2014

Units determine their own hiking activity. Make it FUN & a Learning Program Activity. When the hike has taken place, send in the registration form to the provincial office and \$2 per participant for crests.

Remember to take photos of your hiking event and send them to:

[pr@girlguides.sk.ca](mailto:pr@girlguides.sk.ca) or [provincial@girlguides.sk.ca](mailto:provincial@girlguides.sk.ca)



Unit Participating: \_\_\_\_\_ Number of Participants: \_\_\_\_\_  
District: \_\_\_\_\_ Area: \_\_\_\_\_  
Date of Hike: \_\_\_\_\_ Location of Hike: \_\_\_\_\_

Complete mailing address for crests: \_\_\_\_\_

\_\_\_\_\_ Crests @ \$2 each = \$ \_\_\_\_\_ Amount Enclosed: \_\_\_\_\_

Girl Guides of Canada-Guides du Canada, Saskatchewan Council

200-1530 Broadway Avenue, Regina, SK S4P 1E2



Note: There is a new crest design for “Hike Around Saskatchewan 2014”

## World Thinking Day babies in Saskatchewan – great Guiding PR!



How many Saskatchewan hospitals deliver babies?

If the hospital in your community delivers babies, why not contact the hospital to see if your Area / District / Unit / Group can present the first baby girl or all baby girls born on February 22 with a World Thinking Day “Baby Basket”? The basket can include PINK baby items, certificate for free registration for her first year of Sparks, promo material, handmade baby cards by the girls, Guiding PR pamphlets, tattoos, magnet, etc. & of course Girl Guide cookies.

This idea has been very successful for Guiding in Regina. Also, Kay Peters presented the 3<sup>rd</sup> Ranger Unit's Thinking Day Basket to a baby girl this February at the Royal University Hospital in Saskatoon.

Take photos, but make sure you have a signed permission form from the parent(s).

Need more information? Contact [pr@girlguides.sk.ca](mailto:pr@girlguides.sk.ca) Think **Pink** on February 22!



## 7<sup>th</sup> Annual Girl Guides & Tim Hortons Clean-Up Saskatchewan

May 3, 2014

Start planning **now** for another annual province-wide community clean-up in helping reduce litter and keeping our neighbourhoods looking beautiful.

Your District Commissioner will have all the information shortly!



## Did you SEE or HEAR any Saskatchewan PR since our last *Prairie Lily*?

Drop an email to [pr@girlguides.sk.ca](mailto:pr@girlguides.sk.ca) with a copy of the PR that you saw or give the “who”, “what”, “where” & “when” you heard it!

What you submit will be promoted on the “PR Display” at January Conference.

# 1<sup>st</sup> Saskatoon Trex Unit in Jasper August 16 – 25, 2013

Submitted by Carla Punshon

Our trip to Jasper was one of the best experiences I've had. Sure, there were times when I thought, "What am I doing, hiking up a mountain for twenty-one kilometers just to turn around and hike back down while my back hurts and my legs hurt and my feet hurt?" But it was so worth it for the little moments in between, the beautiful views, the inside jokes, the times when we laughed so hard no sound came out and all we had to do was look at each other to start laughing again. Through the times when we hated our "forty" pound packs, the times when we were snuggled in our sleeping bags, the times when we had it easy on flat, level ground – we were all together, and we went through it together as a group of Guides. It really made me proud to tell other backpackers that we're Girl Guides and yes, we walked all the way up here. - Mira



After a year of learning and fundraising, six Trex girls and two Guiders set forth on an adventure to Jasper and area. We camped at Snaring River in the overflow as we were quite late in arriving.

Early the next morning we found ourselves in stinky wetsuits as we screamed down several crazy rapids with freezing cold water splashing in our faces. Yes, we were white water rafting! One group of us tackled the Fraser River class 3, and another group adventured on the Canyon Run with class 2 rapids. That day was thrilling; I'll never forget the experience.



The next day we began our five day backpacking portion of the trip. We drove into BC to Mount Robson Provincial Park to hike the Berg Lake Trail. We registered at the park office, enjoyed our last lunch of fresh food, and then set off. We walked almost 11 km the first day and made it to the Whitehorn campground in the evening. The mountain views were breathtaking, and we weren't even very far in yet! The next morning, we hiked another 12 km to the Robson Pass campground. The views were definitely worth the long hike up the mountain! Berg Lake was beautiful; a perfect shade of blue and ice cold as it is glacially fed. Even the day's rain and snow pellets that pounded us were forgotten! We took three days to hike back instead of two so we could have a bit more time to relax at our campsites. It warmed up, too. We had time to check out maps, play on the sides of Toboggan Falls, run happily through the spray of Emperor Falls, wash clothes, take a dip in a glacial lake, and rest our feet! Did you know that you can only see the summit of Mount Robson 26 days out of the year? We saw it three days in a row! We felt very lucky.



When we finally returned to the trail head parking lot, we all smelt like adventure and felt great pride and accomplishment. The tough times were quickly forgotten! We drove back to Jasper, checked into Whistlers campground, and had a nice, long, hot shower. We indulged in dinner at Miss Italia Ristorante where we didn't have to cook or clean! After supper, we gathered our swimsuits and headed off to the Miette Hot Springs to soothe our sore muscles. Feeling relaxed, we returned to the campground for a good night's sleep.







The next morning, we set off to the Jasper Tramway, where we travelled almost to the top of Whistlers Mountain. Two of us took the trail and hiked the rest of the way up; some went part of the way. The 360° view from the top was amazing and worth the extra walk! We then drove south on the Icefields Parkway to take a ride on a special vehicle onto the Athabasca Glacier! I kissed a glacier! For one girl that was her long term dream.

For our final day in Jasper, we visited Maligne Lake and took a small cruise to visit beautiful Spirit Island. We then hiked along the Maligne Canyon in the afternoon. It was really spectacular! Then, we returned to Jasper to fit in some shopping for souvenirs before we returned to Saskatoon the next day.

I was sad to leave Jasper behind, but I had had such a wonderful time and made so many memories that I'll never forget the experience I shared with my Trex friends. I had an amazing time, and I hope there will be more trips to come!

Thank you to everyone that helped us and supported us in our fundraising and planning. A special shout out for the "Marian Clark Camping Grant".

Merike, Rachel, Mira, Maura, Sascha, Emma, Joelle and Carla

\*\*\*\*\*



## Mark your calendars!

**Guiding Mosaic 2016** (GM 2016) will be held from Saturday, July 9 to Sunday, July 17, 2016 at Camp Woods, Sylvan Lake, Alberta. This is the 13<sup>th</sup> Girl Guides of Canada national camp to be held since 1927 and it will celebrate Guiding and the tradition of camping within our organization. A national camp is a unique and exciting opportunity that is open to members of Girl Guides of Canada and to the World Association of Girl Guides and Girl Scouts (WAGGGS) members.

Camp Woods is a 42.5 hectares camp site in scenic Alberta on freshwater Sylvan Lake. The waterfront offers excellent opportunities for swimming plus water activities such as canoeing, kayaking, and sailing. The surrounding area boasts many possibilities for offsite excursions.



## Updated GM 2016 camp credit information

The GM 2016 Camp Credit will be offered for the 2013 - 2014 and the 2014 - 2015 **Cookie All Stars** campaigns. In the end, if a girl does not attend this camp, an exchange will be offered in the form of a \$250 Future Shop Gift Card for every \$300 camp credit earned, or \$125 Future Shop gift card for every \$150 camp credit earned. If the girl has registered for GM 2016, camp refund rules will then apply.



# Can-ta-ka-ye

Submitted by Lori Court



## Who is Can-ta-ka-ye for?

- \* Open to all members of Guiding
- \* Available for private group rentals
- \* Welcomes non-members to all summer programmed camps

## What can you find at Can-ta-ka-ye?

- \* Margaret Hudec Lodge has 15 rooms which sleep four persons each, a large dining hall, a large commercial kitchen, six showers and an infirmary.
- \* Pioneer Lodge has accommodations for 16 campers, a common room and a washroom.
- \* Three cook shelters and a fully functioning wash house are available for site camping.
- \* There is a private waterfront area.
- \* There is a historical site next door at Hitchcock's Cabin.
- \* There are acres of unspoiled prairie.

## Where is Can-ta-ka-ye located?

- \* On the sunny shores of Lake Diefenbaker
- \* 9 km south-east of Birsay, SK
- \* A million miles away from everyday!



## When can you plan your adventure?

- \* Spring programmed camps are open to Guiding Units camping as a Unit.
- \* Summer programmed camps are open to Guiding members and non-members, whether as a Unit or independently.
- \* Spring/Fall clean-up weekends are open to all members and families – spend a weekend lending a hand and camp fees are waived.
- \* Independent bookings can be arranged with the provincial office.

## Why choose Can-ta-ka-ye?

- \* The camp is owned and operated by Girl Guides of Saskatchewan.
- \* Experienced campers lead the way for you to gain skills and confidence.
- \* A variety of camping experiences is offered for novice to experienced campers.
- \* It is an affordable alternative to provincial campgrounds without the crowds.

## How can you be part of Can-ta-ka-ye's future?

- \* Bring your Unit to a programmed camp or clean-up weekend.
- \* Get a group of your favourite Guiders together and volunteer to operate a programmed camp.
- \* Load up your gear and come make new friends while sharing your skills in the great outdoors with the girls.

\*\*\*\*\*

## Can-ta-ka-ye 2014



- Fees will be waived for all adults attending camps! Your assistance is anticipated, appreciated and acknowledged.
- Non-members will be charged the same fee as members as we work to increase Guiding in Saskatchewan.

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The 2013-2014 Guiding year is well underway and now is the time to think about incorporating camp into your programming. We can help with a variety of opportunities available for Unit or independent camping.

### 2014 Spring Camps – Unit camping

May 23, 24 & 25

June 6, 7 & 8

These camps are designed for camping with your Unit. Units provide ratio and a first aider.  
Sparks and Brownies are housed in the lodge, Guides camp on site.  
Girls participate in a variety of activities geared to build their confidence and skill in camping.  
All meals, snacks and mug-ups are provided.  
Cost: \$65 + GST = \$68.25 per girl

## Can-ta-ka-ye 2014 (continued)

### 2014 Summer Programmed Camps – Group or independent camping

#### July 24 – 27 Sparks & Brownies and adult companion

This camp offers the perfect opportunity for a great girls' weekend with the girls in your life. Bring your daughter, granddaughter, niece or neighbour and spend some quality time together under the prairie sky. You will participate in group activities and leave the cooking to someone else. Choose the lodge or camp on site, whichever suits you best. Accommodation in lodge is limited and will be on a first registered basis.

Cost: \$175 + GST = \$183.75 per pairing

\*Additional child \$50 + GST = \$52.50 per child

#### August 7 – 10 Guides and Pathfinders

This camp will introduce girls to archery and canoeing. Dryland and water activities will develop skills under fully trained instructors. Girls will camp on site and learn how to maintain their camp.

Cost: \$140 + GST = \$147.00 per girl

#### August 21 – 24 All branches

This camp brings everyone together. Make new friends, learn new activities and bridge the barrier to camping.

Cost: \$140 + GST = \$147.00 per girl

Further information on all camps will be available at January Conference!

## Quest – Girl Guide Games 2013



During the weekend of October 4 – 6 the 2<sup>nd</sup> Annual Quest was held at Can-ta-ka-ye with teams participating from all over the province.

The morning began with teams being welcomed by Katniss and the fine city folks. Once all districts had reported in they began their Quest to complete as many challenges as time allowed and earn a victory for their team. A variety of challenges awaited them and great skill was displayed as each team worked together to fulfill the requirements.

And in the end a victor was named!

Congratulations to District 9 – Alyssa, Molly and Laura (in photo on left)



Best flag winners were – District 2 from Long Lake

See more photos on the back cover – Thanks to Cathy Newby.

## Keeping the Spirit Alive!

Submitted by Mary Lynne Golphy, Provincial Trefoil Guild Adviser  
 306-567-2819 evenings [p.golphy@sasktel.net](mailto:p.golphy@sasktel.net)

The R & R Trefoil Guild hosted a very successful annual trefoil gathering. Friday evening started off with members choosing from "Learn to play poker", "Knitting a circular scarf" or "Painting". Our evening concluded with a reading on how "Taps" came to be and then we headed outside to light sparklers. The Regina Guild provided our evening snack.

Saturday morning we met for breakfast and then Glen Berger joined us. We had an awesome morning as he demonstrated and taught us self defence. A big thank you is extended to everyone who so willingly participated.



Our annual meeting was held after lunch and the gathering came to a close with a memorial service in memory of Guild members **Florence Emmins**, **Lillian Ross** and **Elaine Fisher** who passed away this last year.



**Mark your calendars now for the next Gathering!**

1<sup>st</sup> Saskatoon Trefoil Guild is celebrating 25 years and has invited us to Saskatoon

**October 3 – 4, 2014.**

The Gatherings are a great time for fun and fellowship, so plan now to attend.



# Outdoor Activity Leadership (OAL) Training

Submitted by Brenda Wilson and Barb Boughner (photos) and group photo by Amanda Lang



The "Up the Creek" OAL Training was held at Camp Thompson on a beautiful weekend, Sept 20 to 22. The stellar trainers were Bev Stewart and Brenda Wilson. We all had an absolutely "forever keeper memory making time; and we learned a great deal as well".

Activities included lots of outdoor cooking, tent care, bedrolls, flags, Safe Guide for camp, and many other topics to have the OAL Residential and Tent Camping achieved by all seven participants.

In photo from left back row: Brenda Wilson, Amy Froese, Bonnie Pratchler, Kirsten MacDonald, Nicole Drover  
Front row: Amanda Lang, Barb Boughner, Sandra Allen and Bev Stewart



Chicken in a coffee can – preparing and then the finished product!



Cupcakes in orange halves in a box oven



Gaining confidence with knots



Rolling a tent!

In viewing the photos, wouldn't you like to learn outdoor and camping skills and learn some yummy ways to cook outdoors?  
If so, contact [training@girlguides.sk.ca](mailto:training@girlguides.sk.ca) or let your commissioner or area office know, and an OAL training weekend could be set up in 2014.



# Quest Girl Guide Games

## October 4 – 6, 2013



Teams throw (noodle) spears through successively more difficult targets (hula hoops).



Spider web – team ropes activity. Each team has to get from one side to the other helping each other without touching the rope.



Learning Archery!



Teams negotiated an obstacle course while being tied together.



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Guides  
du Canada

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