

# The Great Canadian Camp-in Kit

June 6 - 7, 2020



DAVID SUZUKI  
FOUNDATION

Girl  Guides



# Welcome to the Great Canadian Camp-in!

On June 6, set up your tent, cuddle up in your sleeping bag, grab some marshmallows and join us for the **Great Canadian Camp-in.**

Girl Guides of Canada, in partnership with the David Suzuki Foundation, is inviting all families from coast to coast to coast to explore the fun and connection of camping from wherever you are. Whether you sleep outside under the stars or snug inside a blanket fort, this is your chance to get creative and enjoy the fun of camping as you transform your backyard or living room into the ultimate home campground.

We've got lots of activities planned for you, including a campfire with very special guests like Canadian scientist and environmentalist, **Dr. David Suzuki!** After you've finished your camp-in, you'll receive a virtual camping badge that you can print, post or share with others.

**This kit has everything you'll need to plan an amazing camp-in:**



- Ideas for your backyard or indoor shelter
- Your camp-in gear list
- Crafts to spruce up your campsite
- Nature games to help get you "IN" to the outdoors
- Campfire song lyrics

Tell your friends and family so we can make this the BIGGEST, best camp-in Canada has ever seen!

*Your friends at Girl Guides of Canada and David Suzuki Foundation*

P.S. We'll be watching for the most creative campers on Facebook, Instagram and Twitter, so show us your homemade tents, nature observations, faux campfires and most delicious camp recipes! **#greatcanadiancampin**



# Getting ready for the camp-in...

Guiding wisdom tells us to “be prepared” and experienced campers know a great camp experience starts with planning. In the week before the camp-in, you’ll want to make some plans and gather your supplies. You can use these three easy steps to help you get started:

**Step 1: Design your camp-in shelter**

**Step 2: Gather your gear**

**Step 3: What’s on your camp menu?**



Are you going to pitch your tent in the backyard? Build a shelter in your living room? Maybe build a blanket fort in your bedroom?

You can practice building your shelter or draw up plans on paper. If you don’t have space to set up a shelter, you can make a mini-one for your favourite stuffed friend.

## Here are some tent tips to get you thinking. You could:

Practice putting up a tent in an open space in your home or yard. Make sure to wipe down the sides before you start so you don't bring your last camp-out inside with you.

You can take your design to the next level and build an epic blanket fort!  
Get creative and use the things you have around the house.

Try building a tarp shelter! You can use a blanket, chairs, ropes and weights from around your home as a DIY tarp, pegs and trees. Check out the next page for design ideas!

***Don't forget to share your creative tent-making strategies with everyone!***

**Tag us on Instagram:**



**girlguidesofcanada  
daidsuzukiFDN**

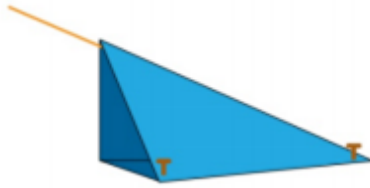
**#greatcanadiancampin**



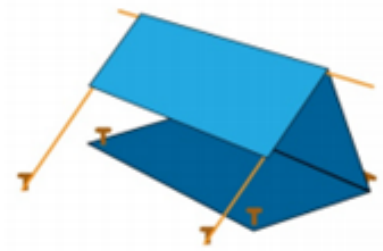
Making a tarp shelter? You could try:



**A) basic A-frame**



**B) bivy bag cornet**



**C) C-fly wedge**

## Test your tying!

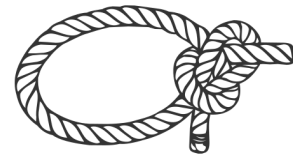
Knots are super useful ways to keep all your stuff (including your shelter) together. Practice knots you know (like a reef knot) and ones that might be new to you like the two half-hitch knot or the bowline knot.



**reef knot**



**two half-hitch knot**



**bowline knot**



Every camper should have a camping kit list. Here are some things that might be on your list:

- Bedroll (sleeping bag or blankets, pillow, mattress pad)
- Flashlight or electric candle
- Cozy clothes (try to avoid cotton or jeans)
- Stuff to stay clean (face cloth, toothbrush and paste)
- Ditty bag (mesh bag with the cup, plate and utensils you need for eating inside)
- Water bottle
- Your favourite blankets or stuffed animals - you don't want to forget those!

## 2. Gather your gear





You might also want to read ahead and collect the items you'll need to "Spruce up your campsite" (see page 7)!



### 3. What's on your camp menu?

Hot chocolate, marshmallows, s'mores? There are lots of great snacks to enjoy around the campfire.

If you're feeling hungry AND crafty, you might want to try the **Tasty Campfire** (you can create your own recipe too!):

1. Use a cracker as the base of your campfire.
2. Spread cream cheese on the top of the cracker.
3. Make the rocks: Stick grapes to the top of your cracker around the edge.
4. Make the flames: Rip cheese into pieces and stand them up in the middle of the grapes.
5. Lay your wood: Add some pretzel pieces so they stick to the cheese and are held up by the grapes.
6. Enjoy your campfire!



*We'd love to gather your tasty campfire snack ideas. Share your recipes with your fellow campers!*

Tag us on Instagram:



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#greatcanadiancampin

When planning your camp menu, check to see which ingredients you already have in your kitchen.



# Saturday, June 6 is camp-in day!

Here is your **Great Canadian Camp-in itinerary**. You can use this one or make up one that fits your own schedule.



## Day 1

- 2:00 It's time to pitch your tent
- 3:00 Spruce up your campsite
- 5:00 Play some nature games!
  - 25 Steps
  - Nature Name Game
  - Nature Bingo
- 7:00\* Grab your snack and join us for a special campfire - **Dr. David Suzuki** will read a bedtime story!

## Day 2

- Sunrise Noises in your neighborhood
- 9:00 Leave No Trace Race



Let's get camping!

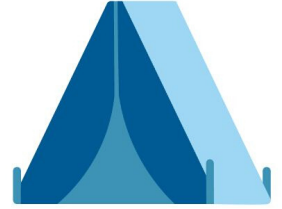
\*Because we have young campers joining us from coast to coast, our **campfire is scheduled for 7pm EDT** to accommodate all time zones. The campfire video will be posted if you would like to tune in a little later!



# Saturday, June 6

## Pitch your tent

Set up your space with your tent, tarp or blanket fort. Need ideas? Check out Step 1 (pages 3 - 4) for suggestions.



## Spruce up your campsite



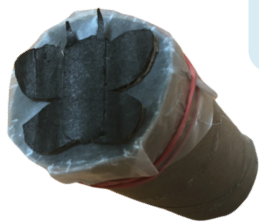
### Make a faux campfire! You could:

- Stack toilet paper rolls as logs and use coloured tissue or construction paper for the flames.
- Roll up your brownish clothes to make plush logs and colourful shirts to make flames.
- Create your own design to inspire others!

## Decorate with nearby nature

Create some art for your campsite that's inspired by your favourite flora and fauna! Read on for some ideas to get you started.

Use toilet rolls and recycled materials to make your own **forest friends**.



Or make a **toilet tube projector** with a cardboard cut-out of a favourite animal. Shine a light in the end and enjoy your shadow show.

Create your own **nature mandala**. A mandala is a round symbol that represents your community. Using found objects or with drawings of your favourite types of nature, create a pattern in circles.

(credit: Kelley Thompson)



*Show us what nature looks like in your community!*

Tag us on Instagram:



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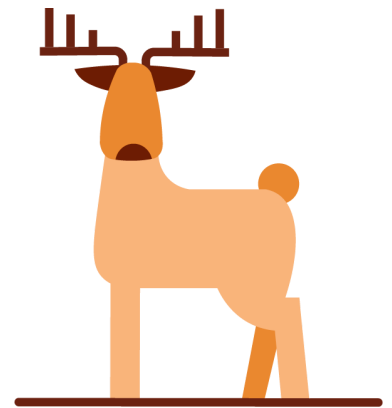
# Get "in" to the outdoors with nature games!

## Activity #1: 25 Steps

What kinds of amazing things are waiting to be discovered right outside your campsite? Let's find out! Nature is everywhere so here's the challenge: You can only explore up to 25 steps from where you begin.

Grab a smartphone, camera, or a paper and pencil. Gather up all your fellow-campers (the people in your home) and stand together. Walk from your starting point in any direction. Count to 25 steps as you do (or walk from your campsite to a window). When you get to 25, stop and snap or draw a single picture of the most interesting thing you see. What makes it interesting is up to you! Once you've taken your photo or drawn your picture, head back to the starting spot. Try the same thing in another direction. Repeat as many times as you want.

When you're done, regroup and share your photos and drawings. What did you find? Why was it interesting to you? Did anyone choose the same things?

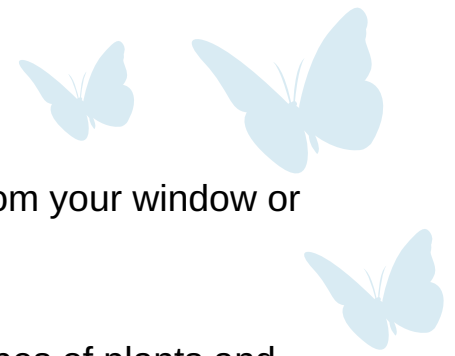


## Activity #2: Nature Name Game

Ready to explore your world with Guider Natalie? In your neighbourhood or living room, play a round of the Natural World Name Game! For each letter of your name, try to spy (or think of) an item in the natural world or in your neighbourhood to go with each one. Check out the **Name Game video** ([https://youtu.be/paJ65w\\_SFhE](https://youtu.be/paJ65w_SFhE)) to see this game in action.

Did you love Guider Natalie's video? You can find more of her videos and others from across the country on the **Girl Guides Events page**.

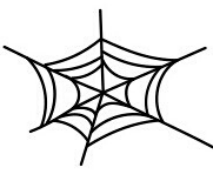

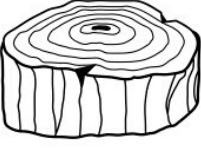


























### Activity #3: Nature Bingo

Can you make a line of nature from the things you can see from your window or around your neighbourhood?

Want an added challenge? Research some of the different types of plants and animals that are native to your province. Make a bingo card of different living things and share them with others in your province.

B	I	N	G	O
				
A spiderweb	A mushroom	Tree rings	A cloud	Tree bark
				
A flying insect	Worms	A flower	A seedling	An animal home
				
A pine cone	Pine needles	<b>BONUS</b>	A crawling insect	A feather
				
A nest	Animal tracks	A rock	A bird	A tree
				
A stick	A leaf	Long grass	Seeds	Berries





# It's time for the campfire!

Campfires are a great way you can end the day when camping. They bring everyone together to sing, play and celebrate.



Tonight's campfire is all about **community**. Communities are made up of humans, animals, trees, flowers, rocks, rivers and so much more. With special guests like **Dr. David Suzuki**, let's discover more about our communities and how we can take care of each other.

At **7pm EDT**, grab your campfire snacks, find a comfy spot by your homemade campfire, and join us for songs and stories.

<https://www.facebook.com/GirlGuidesofCanada.GuidesduCanada>

Here are the lyrics to some of our favourite campfire songs – we hope you'll sing along! You'll find more listed on the Events website closer to the date.

## Fire's burning

Fire's burning, fire's burning  
Draw nearer, draw nearer  
In the gloaming, in the gloaming  
Come sing and be merry!

Le feu brûle, le feu brûle,  
Venez plus près, venez plus près,  
Dans la lueur, dans la lueur,  
Chantons, soyons joyeuses!

## Taps

Day is done  
Gone the sun  
From the lake/sea  
From the hills  
From the sky  
All is well  
Safely rest  
Friends good night/  
Peace is nigh

C'est la nuit  
Tout se tait  
Sur les plaines,  
Les collines,  
Et les bois;  
C'est la paix  
Tout est bien  
La nuit est belle



**Goodnight!**  
**See you in the morning!**



# Sunday, June 7

Good morning campers! Get ready to start your day.



## Activity #4: Noises in your neighbourhood

If you're an early riser, you might notice that your feathery neighbours are already wide awake and ready for the day. What other nature noises do you notice around you? Let's go on a Listening Scavenger Hunt to start the day. On one hand, count the number of human-made noises you hear and on the other, count the number of natural ones.

What did you notice? If you want to see what it's like in Guider Natalie's neighbourhood, check out her **Listening Scavenger Hunt video** (<https://youtu.be/SuM05driWps>).



## Activity #5: Leave No Trace Race

It's time to wind down the Great Canadian Camp-in. When you're out in the world, either in the wilderness or your local community (and even at home), your goal should be to leave that space the way you found it. You might've heard the expression "leave only footprints, take only pictures."

There are seven principles of Leave No Trace:

1. Plan ahead and prepare (in Guiding speak, "Be Prepared!")
2. Travel and camp on durable surfaces
3. Properly dispose of waste
4. Leave what you find
5. Minimize campfire impacts
6. Respect wildlife
7. Be considerate of others



Take some time to strike down your campsite and make sure there's no sign that you've been there.





**Thank you for joining  
the Great Canadian Camp-in!**

Watch for your virtual camp-in badge next week. If you had fun camping in, there's lots more to explore!

Girl Guides of Canada invites you to explore nature all summer long with the [Nature @ Home Program](#).

**Special thanks to**  
Dr. David Suzuki  
and all our wonderful Guiding guests

If you'd like to share more camp-in stories, please email us at [\*\*programs@girlguides.ca\*\*](mailto:programs@girlguides.ca).

**Girl Guides of Canada–Guides du Canada** invites girls and young women to challenge themselves, find their voice, meet new friends, have fun and make a difference in the world. It offers opportunities to explore the arts, sciences, outdoor challenges, global awareness and so much more through enriching experiences that will stay with them for a lifetime.

The **David Suzuki Foundation** works to conserve and protect the natural environment and help create a sustainable Canada. Its mission is to protect nature's diversity and the well-being of all life, now and for the future. Our vision is that we all act every day on the understanding that we are one with nature.